

THE FAVORITE IN A MILLION HOMES

Seal Brand Coffee

Packed in cans 1 and 2 pound only.

Page of Interesting News for Women

THE CHILD'S BEDROOM.

A mother who has had great success in bringing up her little girl on self-help principles says that she has always found that playing at being grown-up encourages her children to be successful and independent.

To help them she gives her little girls in their bedrooms miniature furniture. The chest of drawers is not too high for the child to reach to the topmost one, and the little one is taught to put her clothes away neatly in them and to play over the process.

The washstand is low enough to be practical, instead of uninteresting and shamefully high, lavatory accidents and causing nervous children not to use it, for fear of spilling the water, and the hanging wardrobe has hooks that are the shortest of six-year-old possessors can reach. Miniature furniture of this kind gives the child a sense of responsibility in the most delightful manner possible.

It is essential that a child's bedroom should be light and airy as possible, and if a white enameled suite of furniture be given to the little girl of pleasurable tastes she will take a pleasure in keeping it clean and doing her best to dust her own little belongings and thus to save others trouble and to lay the foundation for future level-headed wives.

Correspondence

Edited by Cynthia Grey

Corns and Calluses.

Dear Miss Grey:—1. What will cure corns and calluses? 2. Is it proper for a girl to ask a boy to call her up on the phone? 3. Tell me a pretty way for a girl of 17 to wear her hair. 4. How should I wear little curls hanging from my ears? 5. Is it too late to make thin dresses? 6. Well-fitting shoes and a corn cure recommended by a reliable doctor. 7. Under some circumstances. 8. The middle part with hair rolled at the sides and curls or puffs at the crown. 9. Aids and coils or puffs at the crown. 10. Of black velvet, is worn for evening. 4. Yes. 5. No, for evening. 6. Wear it at home until late in the fall.

Boys' Clubs.

Dear Miss Grey:—Please give suitable names for a boy club. PRESIDENT. A. It depends somewhat on the purposes of the club, but for amusement, "The Lively Lads," "Entre Nous," a French word meaning "between ourselves," is appropriate.

How To Dress.

Dear Miss Grey:—1. Is it proper for a girl of 17 to wear a black velvet dress? 2. If so, what color should the slip be? 3. Is it proper to wear hose to match each dress when patent slippers are worn? 4. Is a black hat of fine straw trimmed in violet all right for a girl to wear if the shape is becoming? 5. Is it right for a girl to shake hands with a boy who has not seen for a long time? Should she offer her hand first?

BROWN EYES.

A. 1. If you already have the dress, wear it, but don't buy it if you have not already done so. 2. Yes, and also green and blue check. 3. Yes, and also plain black. 4. Yes, and also plain black. 5. Yes, and also plain black. 6. Yes, and also plain black. 7. Yes, and also plain black. 8. Yes, and also plain black. 9. Yes, and also plain black. 10. Yes, and also plain black.

CUCUMBER FACE CREAM.

The following is a recipe that is most satisfactory for a dry skin, and indeed, for any toilet that needs the cream. The ordinary cold cream is generally used. The only ingredient required is a double cucumber. Fill the outside skin with cold water, and put three ounces of sweet almond oil in the inner saucer. Boil over the fire until the oil is about 50 degrees. Next, wipe two large cucumbers perfectly clean, cut them into thin slices, and peel and put them into the oil. When the water in the outer skin is almost boiling set the cucumber at the back of the stove, where it will simmer gently. Cover it closely and let it remain for four or five hours, then strain and add one ounce of pure lard and two

26 CARS OF LEMONADE

The Summer has only begun but already the merits of Dalton's Lemonade have sold more than enough to give a glass to every man, woman and child in Canada. Up to date, enough has been sold to make 10,437,000 glasses (over ten millions)—and over 860,000 bottles. Loaded on cars the quantity would make a train of 26 carloads.

DALTON'S LEMONADE

A Pure Food Product Contains NO OTHER Acid

The Quality is the Reason

Beware of the Imitator

INSIST ON DALTON'S

THE SEVENTH NOON

BY FREDERICK ORR BARTLETT,
Author of "The Web of the Golden Spider."

"It would be easier to hold the devil," interpreted Marie, "asked the girl, 'I was afraid you had met with an accident.'"

"I?" he cried. "I was asleep—sleeping like a drunken bull."

"All yesterday and last night?" she asked in astonishment.

"Yes," he admitted, as though it were no occasion.

"Ah, that is good," she replied. "You needed the rest."

"Needed rest, and you in this danger?" he exclaimed contemptuously. "It was unparadise of me."

"Not that I say that! You could have done nothing had you been here."

"If only I got my hands on him again!" he cried below his breath.

"Mon Dieu!" looked Marie. "If I, too—"

"Hush!" interrupted the girl. "It is quite useless for any of us to attempt more until his money gives out. He can't back and found a few dollars in my purse."

She had fought this madman, she and the rheumatic old woman, while he had slept. The blood went hot to his cheeks and he was enough to make a man feel even.

The wounded girl rested her hand on the back of the chair. At the light in Donaldson's eyes, Marie straightened herself aggressively.

"Are you badly hurt?" she asked quietly.

"Only a bump," she laughed, and remembering how he had stood by the ladder, "Marie insisted upon this," she added, lightly touching the cloth about her forehead.

"A bump?" shouted Marie. "It is a bump that she was not at all hurt!"

But a hand upon the old servant's arm checked her indignation.

"Two women cannot remain here any longer alone," said Marie authoritatively. "Either you must allow me to take you to the shelter of some friend, or—"

"There is no one," she interrupted, quickly. "No one to whom I would go for this reason. They would not understand."

"Then," he said, "I must secure a house for you."

"Am I not able to care for the patient?" demanded Marie. "A nurse is needed to care for you both. I am going downstairs now to summon one."

She protested feebly, and Marie vigorously, but he was insistent.

"I ought to call your family physician," said Mr. Donaldson, you must not do that."

She was firm upon this point, so he went below to do what she might. At the telephone he found the explanation of his inability to get the house in the first place. The receiver was hanging loose. It was another accusation. Doubtless in her weakened condition she had dropped it from her hand, and turned away, too dazed to replace it. The hot shame of it dried his tongue, so that he could scarcely make himself understood. In spite of this he accomplished many things in a very few minutes. The operator gave him the number of a nearby reliable nurse, and sending her in by sent off the nurse to reach an house within an hour. He then telephoned the nearest market and ordered everything he could think of, and to the nurse arrived.

When children are playing out of doors they are often annoyed by flies. A little Japanese campaign put on their hair will keep the flies from settling.

Babies should be nursed as little as possible during the hot summer months. Also a clean rug is cooler and healthier than the mother's lap.

When sleep comes slow, in coming these hot nights try placing a conical of cold water near your bed. Or dip a sheet in cold water, wring it so dry it will not drip, hang it over the end

SEVERAL WARM WEATHER WRINKLES

In the early morning open wide every door and window for two hours, then have each window open not more than six inches. Leave the windows in every window all over the house, high and low, east and west, and draw down the shades close to the eading her in by sent off the nurse to reach an house within an hour. He then telephoned the nearest market and ordered everything he could think of, and to the nurse arrived.

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ADVERTISER PATTERNS

BEAUTY PATTERN COMPANY.

8988—A Charming Frock For Mother's Girl—Girls' Dress With Pleasant Yoke.

Field gingham, in blue and brown, was combined with plain brown gingham for contrast. The design makes an ideal summer frock, with its round neck and short sleeves. The fullness of the waist is gathered under the shirred belt. The pattern is suitable for any dress fabrics now in vogue, is cut in five sizes, 6, 8, 10, 12 and 14 years. It requires 3 1/2 yards of 44-inch material for the 10-year size.

A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

PATTERN DEPARTMENT OF THE ADVERTISER.

Please send above-mentioned pattern, as per directions given below, to:

Name.....
Street Address.....
Town.....
Province.....
Measurement—Bust..... Waist.....
Age (if child or misses' pattern).....

CAUTION.—Be careful to include above illustration and send size of pattern wanted. When the pattern is sent, you need only mark 25, 34, or whatever it may be. When in waist measure, 22, 24, 26, 28, or 30. If it is a misses' size, give waist and length measure. When misses' or child's item, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from the date of order. The price of each pattern is 10 cents in cash or in postage stamps.

New Design DRESS GOODS

New Fall Dress Goods Are Here

A splendid aggregation of the latest patterns and colors especially designed for correct Autumn wear

- Here you will find a superb collection of French Serges, Etamines, Ottomans, Alma Satins, Taffetas, Cheviots, Broadcloths, Scotch Tweeds and Fancy Mixtures.
- You can't go wrong here as to style or quality or price. We've chosen too carefully and from too reliable sources to permit of any possibility of mistake or dissatisfaction.
- Choose now while everything is in your favor from the standpoint of variety, quality and price.
- 42-INCH WOOL VOILE, with silk stripe, in sky, pink, mauve, champagne, reseda and Paddy green. Special value..... **50c**
 - 42-INCH ALL-WOOL SERGE, in full range of colors. Per yard..... **50c**
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 - YARD-WIDE BLACK CHIFFON TAFFETA SILK, very fine weave, good weight, nice bright finish, suitable for dresses. Sale price, per yard..... **75c**
 - PALETTE SILK, a very fine, pure silk, with nice satin surface, soft and clinging, will not cut or split; 34 inches wide; in black only. Per yard..... **89c**

GRAY & PARKER

150 DUNDAS STREET. PHONE 1182

of the bed, so the air will blow upon it, rather than cool your room considerably. If you find it necessary to sleep during the day because of night employment a dish of sweetened water placed near your bed will keep the pestiferous fly from bothering you.

During the hot season particularly, one should drink a great quantity of water—at least one quart a day. The beneficial effect of taking a glass of cold water on arising and before retiring, as well as between meals during the day, will become speedily and happily manifested in a clear complexion, brighter, new physical and mental activity and life. Pronounced cases of constipation will be overcome by eating fruit, such as apples, figs, peaches and prunes, and by drinking plenty of water.

TO PREVENT FROWNING.

A good way to cure oneself of the habit of frowning is to observe the different expressions due to frowns in the faces of the people we meet. The scowl, given by two deep lines between the eyes; the worried look, resulting from a forehead furrowed by the expression induced by squinting and causing the lines to radiate from the corner of the eyes; all these and many more are the result of frowns. For a while the beauty specialist has been the help of hot applications, cold creams and much manipulation, but these do little good. The secret is to relax the face, and then, when no amount of persuasion on your part, or no amount of money on his, can induce the face to relax, place a watch on the frowning habit, and replace the lines as soon as they appear.

COWAN'S PERFECTION COCOA

Is rich in food value and easy to digest. It is just Cocoa, pure Cocoa, ground from the choicest Cocoa beans.

Nurses and Doctors recommend its use in sickness or in health.

Do You use Cowan's Cocoa?

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THEY can afford to beach their canoe and "spoon" on the shore—because they're clothed in "Monarch Knit."

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They Will Agree with you—and help you to keep your stomach and other organs in the proper condition on which your good health must depend

Sold Everywhere. In boxes 25c.