



Safety First!

"Safety First" to the housewife means safeguarding the family's home-baked food. Always use Royal Baking Powder which insures delicious and healthful food. Royal Baking Powder is made from Cream of tartar—derived from grapes.

Contains No Alum

Week's War News

Ottawa, Ont., May 12—No Maritime Province names on casualty list issued today.

Queensland, May 12—A Lusitania life-boat bearing the bodies of three women and two boys, which has been adrift since last Friday, is reported ashore today near Baltimore on the south Irish coast.

Ottawa, Ont., May 12—German treachery emphasized anew by the sinking of the Lusitania has brought forth a strong demand from various parts of the country for the internment of all Germans, regardless of whether they are naturalized or not.

Pekin, May 12—Dr. Hickey, the Japanese Ambassador, notified the Chinese foreign office this afternoon that the Japanese Government was satisfied with China's reply to its ultimatum.

London, May 12—Lord Charles Beresford and W. N. Johnson Hicks presented petitions in the House today bearing 500,000 signatures asking the Government to intern all male alien enemies. Premier Asquith said the Government was carefully considering the practicability of segregation and internment of alien enemies on a more comprehensive scale.

Geneva, via Paris, May 12—A despatch from Cracow to the Journal De Geneve says that the losses of the Austrians and the Germans since the first of May amount to 165,000 officers and men. The losses of the Russians in prisoners are placed at 50,000. The despatch says the Russians are holding firmly the principal strategic positions, and that both sides are receiving heavy reinforcements.

London, May 13—The British battleship Goliath has been torpedoed in the Dardanelles. It is feared that 500 lives have been lost. Announcement of the loss of the Goliath was made in the House of Commons this afternoon by Winston Churchill, First Lord of the Admiralty. While no definite information apparently has been received as to the number of lives lost, Mr. Churchill said he feared it would reach 500.

London, May 13—An official statement made public at Cape Town, and received by the Ruter Telegram Company, says that Windhoek, capital of German Southwest Africa, was captured yesterday without resistance by the Union of South Africa forces under General Botha. The population of the town consists of 3,000 Europeans and 12,000 natives. Gen. Botha's troops took a considerable quantity of rolling stock. Martial law has been proclaimed throughout the conquered territory.

OFFICERS OF THE SECOND CONTINGENT ARE ANNOUNCED

Officers of the second Canadian Contingent were chosen by the Militia Council as follows:

Officer Commanding—Major General S. B. Steele.
General Staff Officers, first and second grade still to be named.
Third grade—Major J. L. R. Parsons, Winnipeg.

Assistant Adjutant and Paymaster General—Lieut.-Col. P. E. Thacker, Halifax.

D. A. A. and Q. M. G.—Major Homer Dixon, Toronto.

D. A. Q. M. G.—Major Correll, Winnipeg.

A. D. S.—Lieut. Colonel Fotheringham, Toronto.

D. A. D. M. S.—Major Jacques, Ottawa.

A. D. V. S.—Major H. D. Smith, Winnipeg.

D. A. D. O. S.—Major K. C. Folger, London.

Field Cashiers—Major Alexander and Captain Todd, Montreal.

Assistant Provost Marshal—Major Jarvis, C. M. G., Winnipeg.

Interpreter—Captain E. E. Cinq-Mars, Quebec.

A. D. C.'s—Captain Montague, Winnipeg. Captain Cochrane, Toronto, and Lieutenant Steele, Winnipeg.

Remounts—Lieut.-Col. A. D. McRae, Toronto; Captain Hogarth, M. L. A., Port Arthur, and Captain C. D. H. McAlpine, Winnipeg.

Maritime Province Casualty List

Maritime Province Boys Who Have Been Killed or Wounded in Battle

Private Gus Rees, Amherst, N. S., wounded.

Private Thomas Kelley, Halifax, N. S., wounded.

Gunner G. A. McDougall Moncton, N. B., killed.

Sapper George Woodford Connell, Digby, N. S., wounded.

Lance Corporal Harold Percy McIntyre, Woodstock, N. B., wounded.

Pte. J. J. Donohue, St. John, N. B., wounded.

Acting Sgt. Noah Filbridge Steeves, Gungahville, Albert Co., N. B., wounded.

Driver James Thomas Vey, Glace Bay, N. S., wounded.

Pte. Walter D. Forrest, Loggieville, N. B., wounded.

Pte. George Blais, Truro, N. S., wounded.

Quartermaster Sgt. Adams, Hampton, N. B., died of wounds.

Pte. L. Bunnerr, Sussex, N. B., wounded.

Pte. Irwin Long, Walton's Lake, King's Co., N. B., wounded.

COLICKY CHILDREN

Colicky children can be promptly cured by Baby's Own Tablets because these Tablets act directly on the stomach and bowels and cleanse them of all impurities. Concerning them Mrs. Jas. C. Slater, Summerville, N. S., writes: "I have used Baby's Own Tablets and am glad to say I have found them an excellent medicine for colic and loss of sleep." The Tablets are sold by medicine dealers or by mail at 25 cents a box from "The Dr. Williams' Medicine Co., Brockville, Ont."



A scene from Sir Walter Scott's greatest story "A Woman Triumphant" an adaptation from "The Heart of Midlothian" in four reels, showing at the Happy Hour Thursday night.

A committee of the Canadian Manufacturers' Association is endeavoring to raise money to advertise Made-in-Canada goods. In theory the proposal is excellent but in practice it is really wise. Most Canadian manufacturers take a pride in their products, put their names on them and turn out something that is equal to anything of the kind produced in the world. On the other hand there are some Canadian manufacturers who unfortunately think their own interests are best served by making the cheapest and most inferior article they can force upon the buying public. They think a slightly better immediate profit is better than building up a reputation for high-grade goods. These experiences and the exposures in connection with inferior qualities supplied to fill war orders show that there are some Canadian manufacturers who ought to be behind the prison bars as the Premier suggests.

Even members of the committee recognize this weakness. Only the other day one of them placed an order amounting to several thousand dollars with a United States firm through the same products are made by another member of the association in a nearby town. The first manufacturer would much prefer to buy Canadian made but he knows from costly experience that his neighbor is too indifferent to take pains and turn out a satisfactory quality.

A general campaign of advertising Made-in-Canada goods would be paid for largely by the firms who are making high-grade goods, while the benefit of such a general campaign would be derived chiefly by the men who are trading on Made-in-Canada reputation and producing inferior goods to sell at slightly lower rates.

The committee of the Canadian Manufacturers' Association would be far better occupied and could do more real good for Canadian manufacturers if they were to devote their energies to improving the quality—by moral and other influences—of the goods produced by the scoundrels who would injure the good name of the reputable Canadian manufacturers.

Canadian manufacturers who produce an article of which they are proud, behind which they will stand, should let the public know of it. They should advertise it extensively over their own names and not pay and be sponsors for the firms who have no care for their own or our national reputation. On the other hand the newspapers should, as far as possible, refuse to insert advertising of any but satisfactorily made products and by their editorial policy make it unprofitable for the chronically disreputable manufacturers to stay in business.—Financial Post.

WOMAN IN TERRIBLE STATE

Finds Help in Lydia E. Pinkham's Vegetable Compound.

Cape Wolfe, Canada—"Last March I was a complete wreck. I had given up all hope of getting better or living any length of time, as I was such a sufferer from female troubles. But I took Lydia E. Pinkham's Vegetable Compound, and today I am in good health and have a pair of twin boys two months old and growing finely. I surprised doctors and neighbors for they all know what a wreck I was."

"Now I am healthy, happy and hearty, and owe it all to Lydia E. Pinkham's remedies. You may publish this letter if you like. I think if more women used your remedies they would have better health."—Mrs. J. T. Cook, Lot No. 7, Cape Wolfe, P. E. I., Canada.

Because your case is a difficult one, and doctors having done you no good, do not continue to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial. It surely has remedied many cases of female ills, such as inflammation, ulceration, displacements, tumors, irregularities, periodic pains, backache, and it may be exactly what you need.

The Pinkham record is a proud and peerless one. A record of constant victory over the obstinate ills of women—ills that deal out despair. It is an established fact that Lydia E. Pinkham's Vegetable Compound has restored health to thousands of such suffering women. Why don't you try it if you need such a medicine?

GAINS 40 POUNDS IN 40 DAYS

REMARKABLE RESULTS OF THE NEW TISSUE BUILDER TONOLINE TABLETS IN MANY MEN AND WOMEN.

PROVE IT YOURSELF BY BUYING

a box of Tonoline Tablets NOW

"By George, I never saw anything like the effects of that new treatment, Tonoline Tablets, for building up of weight and lost nerve force. It acted more like a miracle than a medicine," said a well-known gentleman yesterday in speaking of the revolution that had taken place in his condition. "I began to think that there was nothing on earth that could make me fat. I tried tonics, digestives, heavy eating, diets, milk, beer and almost everything else you could think of, but without result."

Any man or woman who is thin can recover normal weight by the best new treatment Tonoline Tablets. "I have been thin for years and began to think it was natural for me to be that way. Finally I read about the remarkable processes brought about by use of Tonoline Tablets, so I decided to try myself. Well, when I look at myself in the mirror now, I think it is somebody else. I have put on just forty pounds during the last forty days, and never felt stronger or more 'nervy' in my life."

Tonoline Tabs are a powerful inducer to nutrition, increases cell-growth, food, increases the number of blood-corpuscles and as a necessary result builds up muscles, and solid healthy flesh, and rounds out the figure.

For women who can never appear stylish in anything they wear because of their thinness this remarkable treatment may prove a revelation. It is a beauty maker as well as a form builder and nerve strengthener. Tonoline Tabs cost \$1 for a 50-days' treatment, at drugstores, or mailed by American Proprietary Co., Boston, Mass.

I cured a horse of the Mange with MINARD'S LINIMENT.

CHRISTOPHER SAUNDERS, Dalhousie.

I cured a horse, badly torn by a pitch fork, with MINARD'S LINIMENT.

St. Peter's. C. B. EDW. LINLIEP.

I cured a horse of a bad swelling by MINARD'S LINIMENT.

Bathurst, N. B. THOS. W. PAYNE.

Perhaps no religious organization has more readily responded to the cry of King and Country than the Salvation Army. There are over ten thousand Salvationists in the army and navy, eighteen hundred of them being bandmen.

GIVE "SYRUP OF FIGS" TO CONSTIPATED CHILD

Delicious "Fruit Laxative" can't harm tender little stomach, liver and bowels.

Look at the tongue, mother! If coated, your little one's stomach, liver and bowels need cleansing at once. When peevish, cross, listless, doesn't sleep, eat or act naturally, or is feverish, stomachic, or bronchitic, has sore throat, diarrhoea, full of cold, give a teaspoonful of "California Syrup of Figs," and in a few hours all the foul, constipated waste, undigested food and sour bile gently moves out of its little bowels without griping, and you have a well, playful child again. Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which contains full directions for babies, children of all ages and for grown-ups.

Something Original—that's the Cry of Every Buyer of Printing

If every print shop could or would work character into their product there wouldn't be such common place printing.

We'll be glad of an opportunity to prove to you that when your printing is placed with us, there will be character to it.

Our new type faces will do that alone, but there will be more than up-to-date type faces. There will be care taken in the arrangement of the type—good ink will be used—the proper paper for the work will be selected, and printed in the largest and most modern country printing office in the Maritime Provinces.

The Advocate Job Dept.
Phone 23 Newcastle, N. B.

BEFORE YOU



Decide to go elsewhere just call on us and learn about our offerings. We know you will be pleased if you deal with us, and that a trial of our

BARGAINS

will prove that we merit your patronage. Our ambition is to satisfy every patron. It is up to you to prove how well we do it.

A. D. FARRAH & CO.

PLUMBING

NOW is the time to make arrangements for Plumbing, and have the work done before the season gets busy. Have us look the job over and quote you figures. We attend to all branches of the trade. Supplies always kept on hand.

B. F. MALTBY

PLUMBER AND TINSMITH

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THE ROYAL BANK OF CANADA

INCORPORATED 1869.

LIABILITIES	
Capital Paid up	\$ 11,560,000.00
Reserve Fund	12,560,000.00
Undivided Profits	110,219.00
Notes in Circulation	10,385,376.69
Deposits	136,729,483.41
Due to Other Banks	3,118,902.04
Bills Payable (Acceptances by London Br.)	3,352,148.77
	\$178,316,130.29

ASSETS	
Cash on hand and in Banks	\$30,476,000.19
Government and Municipal Securities	3,778,533.88
Railway and other Bonds Debentures and Stocks	12,622,217.20
Call Loans in Canada	9,189,278.16
Call Loans elsewhere than in Canada	10,660,229.65
Deposits with Dominion Government for Security of Note Circulation	578,000.00
	\$67,304,260.08
Loans and Discounts	\$105,363,239.92
Bank Premises	5,648,630.29
	\$178,316,130.29

HEAD OFFICE, MONTREAL

185 Branches in Canada and Newfoundland
LONDON, ENGLAND NEW YORK CITY
2 Bank Bldg., Princess St., E.C. Cor. William and Cedar Sts.
BUSINESS ACCOUNTS CARRIED UPON FAVORABLE TERMS
SAVINGS DEPARTMENT AT ALL BRANCHES.

SAFETY DEPOSIT BOXES

In the Bank's Steel Lined Vault, rented at from \$5.00 per annum upwards. These boxes are most convenient and necessary for all possessing valuable papers such as Wills, Mortgages, Insurance Policies, Bonds, Stock Certificates, etc.

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E. A. McCurdy, Manager

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sends out KING COLE TEA confident that it will please. He has a positive assurance of its quality, in the guarantee on every package—entire satisfaction or money refunded. There is no stronger guarantee of quality.

"You'll like the flavor."