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Felt Wretched Until He Started To Take "Fruit-a-tives"

594 CHAMPLAIN ST., MONTREAL. or two years, I was a miserable from Rheumatism and Stomach I had frequent Dizzy Spells, when I took food, felt wretched leepy. I suffered from Rheum dreadfully, with pains in my and joints, and my hands swollen. friend advised "Fruit-a-tives" and the outset, they did me good. the first box, I felt I was getting and I can truthfully say that ta tives" is the only medicine elpedme". LOUIS LABRIE. a box, 6 for \$2.50, trial size, 25c. dealers or sent postpaid by Fruit-

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TO ESCAPE WORK

Girls Who Wed to Have Easy Life Are Wrong, Says Writer

Every once in a while-and not so frequently as formerly—I find a business girl who rather looks on marriage as a deliverance, says Elizabeth Sears. She is not really a business girl; she is only a girl in business. At the Grand Opera House, Friday To the real business woman marriage s getting to be as much of a sideissue as it is to the man.

I can remember when there were only two vocations open to a woman domestic service, or she could marry and combine these occupations. If she did not succeed in marrying by flat at home. the time she was 30, she was looked

My business hours are from 9 to 5; but, as nearly as I can learn, my married friends keep office hours 18 hours out of the 24, trying to catch job in matrimony as easily as you can up with their domestic duties. I heard a girl in an elevator, the other day, discussing with a sympa-thizing friend her differences with a

"Aw," she said, "I don't have to take any more sass off'n that gink. I'm goin' to be married. No more work and no more bossing for me." Any girl of her mental calibre who enters the married state is walking turned to civil occupations with the put in a pint of sweet milk. right into the hardest job she can exception of those who have become ever hold down in her life, and totally unequipped for her position. DRIVES HUSBAND TO DRINK



and Saturday, April 13-14, auto-mobile wreck in "The Whip."

a wife as she has been a shop-girl,

ders like a husband.

You have to take them from a hus-

A total of 15.680 auto plates were tary's department of Saskatchewan during the year of 1916, as compared with 9,570 the year before Of the 1,200 soldiers who have

ermanently incapacitated. The Western Canada Irrigation Conference will be held at Maple

Take for instance the word "mur-

hing it stands for. The "murmur of "murmur of waters," now wonderfully you can hear them n that single word.

"Bubble" is another such word! It seems to me that both the sound and motion of gurgling water are aught and imprisoned in those two

Things Look. Both these cases are cases where ne words stand for sound. But the the sense?" elationship between the word and It is Hard to Disentangle a Word ts meaning is not confined to sound.

Take for example the word "twinmarvellous way sound just as the and have tried to avoid it. The elewinkling of a star looks? Then there's the word "stifle."

We fell into an interesting dis-1 could guess which was which? ussion the other day about words would be an interesting experiment. "Gruff" is another word in which There surely cannot be any ded. Can you imagine "gruff" meanoubt that that word sounds like the in gsoft voiced? I certainly can't.

> Could "leer" ever mean anything pleasant, musical though it is? Or could that fine old Saxon word stink" possibly mean fragrance?

silk feels to you?

Of course the inevitable question pops up,—"Isn't it because these add a little more water.
words are associated with their meanings that you think there is something in the sound that suggests

From its Association.

It is of course difficult to disen tangle a word from its associations spoonful of wheat or white flour, as but I have been aware of that danger preferred, a rounded teaspoonful of ment of association may have some thing to do with my feeling about Can't you feel a sense of smother and these words but it is not the whole

cause Or take the word "rough" and thought sound and sense were allied or milk as preferred. mooth." Isn't there something in because I could not be sure how the sound of each that suggests the much association influenced me. If you told My favorite word "serene" for inwho did not know our lan- stance; it sounds serene to me but guage that these two words stood for the two qualities, don't you think he diced.

Pattern Service

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LADIES' KIMONO WAIST.

By Anabel Worthington.



version of the kimono waist as shown in No. 8200. It is cut with generous fulness, which allows it to blouse gracefully. As the surplice closing is rather low, a tiny vest is included in the pattern. Many women do not like the method of finishing the bottom of the waist with an elastic, so for them a peplum is given. The full length sleeve is finished with a turn back cuff, but the shorter sleeve needs only a hem or a bias facing. The simple lines of this waist make it particularly adapted for trimming or hand embroidery, as suggested in the sketch. Suitable materials are challis, French serge, wool taffeta, prunella, satin, crêpe de Chine or voile, marquisette, lace and chiffon.

The kimono waist pattern No. 8200 is cut in four sizes—36, 38, 40 and 42 inches bust measure. The 36-inch size takes 21/4 yards 32-inch, 21/8 yards 36-inch, 11/8 yards 40-inch, with 3/8 yards 32-inch silk for collar and cuffs. All of one material takes 21/2 yards 32-inch, 23/8 yards 36-inch, 21/8

A style which will be welcomed back yards 40-inch. A style which will be welcomed back yards 40-inch.

as an old friend by the woman who cares To obtain this pattern send 10 cents or comfort as well as style is the new to the office of this publication.

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Courier Daily Recipe Column

IRISH STEW.

To 2 pounds mutton add 3 quarts rater; one-half hour before it is done add 2 sliced onions and 6 potatoes, sliced. When nearly done add 1 easpoonful flour (mixed smoothly water), pepper and salt to taste. Serve with dumplings: 1 pint flour, 2 even teaspoonfuls baking powder, pinch salt, 1-2 cup milk, flour to mould in a soft dough; shape in the room became quiet. rounds; drop into boiling soup for

MARCARONI SOUP.

Make a good stock with a knuckle only two vocations open to a woman—she could teach or she could enter domestic service, or she could marry and combine these occupations. If she did not succeed in marrying by the time she was 30 she enter the confusion and the bad food in the the time she was 30 she enter the confusion and the bad food in the the time she was 30 she enter the confusion and the bad food in the the time she was 30 she enter the confusion and the bad food in the time she was 30 she enter the confusion and the bad food in the time she was 30 she enter the confusion and the bad food in the time she was 30 she enter the confusion and the bad food in the time she was 30 she enter the confusion and the bad food in the time she was 30 she enter the confusion and the bad food in the time she was 30 she enter the confusion and the bad food in the time she was 30 she enter the confusion and the bad food in the time she was 30 she enter the confusion and the bad food in the time she was 30 she enter the confusion and the bad food in the time she was 30 she enter the confusion and the bad food in the time she was 30 she enter the confusion and the bad food in the time she was 30 she enter the confusion and the bad food in the time she was 30 she enter the confusion and the bad food in the time she was 30 she enter the confusion and the bad food in the time she was 30 she enter the confusion and the bad food in the time she was 30 she enter the confusion and the bad food in the time she was 30 she enter the confusion and the bad food in the time she was 30 she enter the confusion and the bad food in the time the confusion and the bad food in the time the confusion and the bad food in the time the confusion and the bad food in the time the confusion and the bad food in the time the confusion and the bad food in the time the confusion and the bad food in the time the confusion and the bad food in the time the confusion and the bad food in the time the confusion and the bad food in the time the confusion and the bad food in the time the confusi When she gleefully announced that pound of macaroni and gently simon indulgently as one who was forced on indulgently as one who was forced to enter the business world to forget the fact that she had been a drug on the matrimonial market

DOMESTIC HOURS LONG
My business hours are from 9 to 5;

When she gleefully announced that was going to stop work, the thought of the meals, the cleaning, and the laundry had evidently not occurred to her. And the floor walker doesn't live who can hand out orders like a husband.

When she gleefully announced that mer it in milk and water till it is swelled and is tender; strain it and add it to the soup, which thicken with two tablespoonsfuls of flour, mixed in half a pint of cream and stirred gradually into the soup. Boil it a few minutes before severing it a few minutes before serving.

> band, too, for you cannot quit your CHICKEN VEGETABLE SOUP. if desired; truss it so it will be preentable at table; put it itno a porrelain kettle with 4 quarts of water; boil 2 hours; slice 3 or 4 good-sized potatoes; 1 large onion, 1 or 2 arms around him. tablespoonfuls of chopped parsley, 1 teaspoonful celery seed and a bit of summer savory if you have it; 1-2 is. Every little boy and little girl red pepper pod; salt to taste; when has two tiny Fairies always near already arrived home in Winnipeg the soup has boiled 1 hour add the one stands on the right side and district practically all have revegetables and when nearly done on the left side.

> > CONSOMME SOUP

Small chicken, lean beef, small turnip, 2 carrots, bunch sweet herbs, 1-2 cup sago (soaked in cold water) pepper and salt. Cut beefin strips ice big; chop herbs. Put all in pot and cook six hours; take out chicken and beef and put into jar; strain soup, pulping vegetables through sieve; season and divide, pouring half on meat in jar and setting in kettle of hot water to cook 2 hours more. Heat the rest and skim; pour in sago, cook 1-2 hour; then pour out. Pour on stock in bowl and put

TOMATO SOUP

Cut five slices of fat pork up in scraps in a kettle; fry until crisp; remove scraps and add 3 medium sized onions chopped fine; fry until tender. Now add 1 can of tomatoes and 1 pint of water; season with salt and pepper to taste; boil 2 hours And doesn't "silky" sound the way and strain; put on stove again and Mother kissed him add 1 cup of rich milk, or cream is better; let come to a boil-not boil; just before serving add a dash of cayenne pepper and a pinch of baking soda. If boiled down too thick

TOMATO SOUP. Take 1 can of tomatoes, put in a kettle and boil a few minutes. Press

through a sieve with a spoon. Return to the kettle, add a piece of butter size of half an egg. Mix in another small vessel 1 rounded dessert salt and a little pepper. Pour into this slowly 1 cup of water and mix until smooth. Pour this slowly into the tomato, which must be boiling hot, and stir while pouring. Let boil about 2 minutes, when it is ready to serve. If too thick, thin with water

Drain and rinse a can of peas, put in saucepan with 2 or 3 slices of onion and 3 cups of cold water; cool miuutes; rub through strainer add 3 cups milk and bind with 2 tablespoonfuls butter and 2 table poonfuls flour; bring to boiling point, season to taste with salt and pepper and serve.

CLAM CHOWDER One pint of clams, 1 quart of pota-es, 4 onions and 1-2 pound of

oork, chopped fine.

Chop the clams and the onions up fine and cut the potatoes in dice and put them on to boil in cold water and salt and pepper; now take three eggs and flour to make a paste, worked with the hands; then thin it down with milk and boil it 10 minutes; then put this in your chowder; add more milk if too thick, but have the milk boiling. This is

nice; try it. VEGETABLE SOUP.
Two pounds beef shank, 2 carrots, 3 good-sized onions, 1 small

Slice onions thin; carrots and turnip about I inch thick. Put beef in cold water, about 2 quarts, or even
3. Before it boils remove scum.
When it begins to boil, add 1 red
pepper. About 1 hour or more before beef is thoroughly cooked, add all the vegetables together. Add 1-2 cup rice about same time. Do not boil too fast after rice is added, for it is liable to boil over. Salt to taste eeds about 4 hours.

WORKINGMAN'S SOUP.
Take the second cut of a shinbon weight about 4 pounds, cover with cold water, boil slowly 7 or 8 hours; 1 onion, small piece of turnip, cut fine; thicken with 2 tablespoonfuls of flour; the last 1-2 hour 4 potatoes

cut in large pieces. EGG CHOWDER

Make exactly as you would a fish howder, using eggs instead of fish. Prepare the potatoes, onions and salt pork; cover with water and let boil until nearly tender; add milk, let boil up well; remove from the fire and add one raw egg for each person you wish to serve, or you may slightly heat 3 eggs and stir in The chowder is hot enough to cook the egg without boiling any more. When the eggs are dropped in whole they resemble cods' tongues when cooked. This chowder is especially nice for children, as it is free from

Johnny sauntered up to her desk

feet along the floor, causing much merriment among the other pupils

the room became quiet.

Johnny was made to stand in the orner with his face to the board until the other children went home "Why are you so naughty in thool? Do you find pleasure in school?

ing little girls' hair in the ink-well, that is dreadful!" she added, and that evening Johnny carried a note to his mother

"Why, little boy!" said Mother after reading it, and Johnny burst

"I don't mean to be bad, but th boys all laugh when I do things, and it seems something whispers hund-reds of things for me to do every

"No, Johnny, Don't Do It." "Now let Mother tell you why that

"The tiny Fairy on the left side is mischievous sort of a fellow. He likes to see things all in a stir. If he can get little boys and girls in trouale he is very glad.

"But the tiny Fairy on the right side doesn't like to see you naughty "Now when the mischievous Fairy finds you are interested in his pranks he pushes Good Little Fairy behind you so you can't see her tears, for it makes her very un happy to see little boys and girls listening to her rival. That's the exclaimed Mother, reason." Johnny laughed.

"I bet you're right, Mother, fo every time I start to do something know Teacher won't like I hear tiny voice at my elbow saying, "No Johnny, don't do it.' But the other little voice says 'Go on, do it,' and generally go on," said Johnny. "Well, now it seems too bad that we should make Good Little Fairy cry, don't you think so?" asked

Mother, and Johnny said Yes, and The next day Johnny's mother visited the school and the Teacher asked her to tell the children about the two little Fairies, and they all agreed that they would fight down the mischievous little Fairy and keep Good Little Fairy in front of them all the time. And from that day on Johnny's room was the model room of the school, for the children who understood never again gave

Children Cry FOR FLETCHER'S CASTORIA

their teacher any trouble.



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