### CANADIAN CHURCHMAN

mile, but ne word, to the lay brother with a "cherubim's countenance," who opened the postern gate for him, and who returned the smile with interest. thinking all the time of the garbaged pilchard in his headly

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The pathway from the Mount was covered with water, so the friar, aft some little difficulty, obtained a boat across the narrow strip of water Marazion, where he found everything in uproar with the Midsummer Eve iestival. Tar barrels were flaring, torches burning, many a booth and tent were erected for the delectation of the youthful mind.

Just as the friar was passing slowly through the street the hubbub seems to grow more and more intense, and suddenly the crowd seemed animat with one purpose. Forming, hand in hand, a vast concourse, good and bad, drunk and sober, they rushed adown the street in a long string, shouting, 'An eye, an eye, an eye.'

The pilgrim stood aside in a door way, quietly watching them as they passed in their boisterous play. At last they stopped suddenly, and an eye to this enormous needle being made by the last two, who arched their hands over their heads as high as possible, the rest of the company all ran under and through, and so down the street again.

With a sigh he pursued his way, not without many a solicitation to join some game, or to buy some little ornaments at a stall.

A little further on the preparations were being made at the Plan an Guare for the Miracle Play on the morrow, and a crier was going round to remind the people of the great event.

"And to see the Passion of Christ, which He suffered for us, without delay come to-morrow in good time!' he cried lustily.

All was good-humoured bustle and confusion, and the solitary man was glad to get out of the town. He avoided the rough highway, which was full of people crowding into the place for the drama of the next day, and chose rather the steep walk by the cliff, passing the church of Perrau-Uthenow, where the good William Mayhow was rector. He skirted the point of Cuddan, and paused a few moments to watch the fishermen in the beautiful little bay now known as Prussia Cove. They were drawing in their boats, so that they might still have time to join in some of the evening games at Market Jew; and as they drew them up the little shingly beach to the smooth rocks n ar the cliff, they sang out, in the melodious Cornish tongue, the verses of the old midsummer bonlire song-"The holy month of June is crowned With the sweet scarlet rose;" varied with the more comic and, perhaps, more popular words-



## ANCE COMPANY.

The annual general meeting of this company was held at its offices in the Excelsion Life Building, on Thursday alternoon. Reports were presented howing that the business of the company had increased fully 20 per cent. during the year, the amount of insurance in force being now \$6,172,805.50. The average rate of interest earned on the invested assets of the company exceeded 5 per cent; the amount so realized being sufficient to pay all death claims, also head office salaries and expenses. There was a comparative decrease of nearly 13 per cent: in the total disbursements. The death claims of the year were \$20,914, being 33 p r cent. less than the preceding year. The death rate per \$1,000, mean insurance in force, was \$3.69. The company, therefore, more than upholds its unparalleled record in this respect. The reserve fund was increased by \$113,960.96; the same now amounting to \$604,449.82. The company as usual made liberal provision for all possible depreciation in the

ussets.

During the year business was opened up in the Province or Quebec; considerable organization was also effected in other parts of the Dominion. Such energetic policy of expansion

THE EXCELSIOR LIFE INSUR- deat and dumb, while I can both hear and speak?" A sob was heard from many. Then a little boy stepped us, and, taking the chalk, wrote the beautiful answer beneath, "Even so, Father, ior so it seemed good in Thy sight!"

Now, that little fellow had learned to say yes to the will of God, for in his heart he had said, "The will of the Lord be done." The Father loves His

# Eye Strain is Nerve Strain.

Seamstress and Stenographer. Sewing Girl and Student Suffer Alike From This Trouble.

The eye is a complicated mechanism, made up of a regular network of the most delicate nerve fibres.

When an unusual amount of work is required of the eye, or when the eye is kept constantly at high tension, nerve force is consumed at a tremendous rate, and unless the system is strong and supported by an abundance of rich, red blood there follows physical collapse.

What hosts of pale and emaciated girls are found in our offices and factories, schools and workshops, and what a large proportion of them are wearing glasses!

#### [March 10, 1904.]

little\_children to place their hand in His and look up into His face and say, "Yes. Father." to whatever in His love He sees fit to send.

Shall we not, dear children, trust the Father, too, as this little lad did and say "Yes" to anything He may give us to bear for His sake? You know even Jesus said that His work was to do the will of Him that sent Him, and so all through His life His joy was to say "Yes" to the Father's will. The Child's Own.

#### THEY WERE PARTNERS.

A sturdy little figure it was, trudging bravely by with a pail of water. So many times it had passed our gate that morning that curiosity prompted us to further acquaintance.

'You are a busy little girl to-day?" "Yes'm."

The round face under the broad hat was turned toward us. It was freekled flushed, and perspiring, but cheery withal.

"Yes'm; it takes a heap of water to do a washing."

"And do you bring it all from the brook down there?"

"Oh, we have it in the cistern, mostly; only it's been such a dry time lately."

"And is there nobody else to carry the water?"

"Nobody but mother, an' she is washin'."

"Well, you are a good girl to help her

It was not a well considered compliment, and the little water carrier did



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not con was a eyes, al her voi course, to do anybod ners." Little

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Ever bloom, iat. E little w Englis hear h ever is help f One with a droll li and ro Som

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and sa You the na them anothe

> while carrie noon.

> > MANAN

"As Tom was a-walking one fine sum-

mer's morn."\* The old tune was familiar to the brother after all those years which seemed like a dream. He thought upon the days when, over these very cliffs, he used to run with his brother, when they were lads, together, and climbed the same steps to St. Michael's Mount, up which he had travelled that day; of the old monk who had taught them to read, and of the admonitions

which he gave them.

and development will be continued, so the company will doubtless make even greater strides in the future.

A vote of thanks to the officers and agents was passed. Joseph Wright, Esq., of Toronto, was added to the directorate, David Faskin, Esq., being reelected president; S. J. Parker, of Owen Sound, and Ruliff Grass, of Toronto, as vice-presidents.

One little sentence had been ringing in his ears all the afternoon.

"My son," Brother Bernard had said to him thirty years ago, in that very corridor where he sat to-day, "my son, conquer thyself and thou hast conquered all."

\*Bell's "Old English Ballads," p.p. 100-103.

(To be Continued).

the come to "YES, FATHER!"

A gentleman went into a school for deaf and dumb children. As the girls and boys gathered around him he wrote on the blackboard the touching question, "Why did God make you book author, are on every hox.

Their health and sight cannot possibly be improved, except by a building up of the nervous system, and this can best be accomplished by Dr. Chase's Nerve Food.

Whether you have strained your eyes and undermined your nervous system by needlework, office work or study, you will be benefited by a month's treatment with this great food cure.

As your form rounds out, and your weight increases, as you find new vigour of mind and body, as your eye sight improves, and your vitality returns, you will be for ever grateful that Dr. Chase's Nerve Food ever became known to you.

You cannot afford to delay the use of this great nerve restorative, for every dose is bound to be of benefit to vou.

Dr. Chase's Nerve Food, 50 cents a box, six boxes for \$2.50, at all dealers, or Edmanson, Bates & Co., Toronto. To protect you against imitations, the portrait and signature of Dr. A. W. Chase, the famous receipt



#### A Man is Only as Old as He Feels.

Some people are always youngin spirit and vigor. The man who feels his age is the man who neglects his stomach and liver. As the years pile up the delicate organisms grow weaker.



strengthens the system to resist the added strain. A perfect laxative-it removes all poison from the system. Purifies and enriches the blood. It keeps the liver and kidneys active. Abbey's possesses the rare quality of being a bowel and stomach tonic, without any re-actionary effects.

At all Druggists s5c. and 6oc.