

FIVE-MINUTE SERMONS. Fifth Sunday after Easter.

SINS OF THE TONGUE. And if any man think himself to be religious, and bridling his tongue, but deceiving his own heart, this man's religion is vain. (St. James 1, 26)

My dear brethren, we see by these words that we have a rule by which to find out whether or not we deserve to be called sincere Christians or hypocrites. In order to be a sincere Christian, what has a man to do? He has to get control of himself; to get his soul and all that it can desire subject to the law of God; to get all pride, covetousness, lust, anger, envy, gluttony, and sloth under the control of his own will; to get that will subject to and one with the will of God; and, what is more, he must keep himself in this state of mind at least so far as to restrain himself from committing mortal sin and the graver venial sins if he desire sincerely to keep his soul well out of danger. He who acts thus is a truly good man, and that man's religion is not vain.

What is the first thing to be done to begin to live in this way? It is to examine and see in what way a man commits the greater number of sins. One will soon find that the tongue of man is the means by which a man sins most frequently and in the most devilish manner. For, says St. James, "The tongue is a fire, a world of iniquity, defiling the whole body, being set on fire by hell." We see from this how dangerous to the soul is the tongue of man. As we do see this, are we not bound to keep in check, at all costs, this source of evil? Any one can see that, if he does not bridle his tongue, his religion is vain indeed. In fact, it is nothing but a merely outward show. It is hypocrisy of the worst kind. But what are the sins of the tongue we most often hear?

They are blasphemies, curses and oaths; the retailing of our neighbors' faults with delight and evident pleasure; quarrels, bickerings, constant reproaches for faults that are past, gone, and even sincerely repented of long ago; immodest and impure conversations, with jokes and stories and heathen feels ashamed of; hints and little words that seem almost nothing, but which are full of mischief; the bad tongue of a child is the ruin of all in the house. The child is a tale-bearer and a traitor against those who begot him. A detestable habit of the evil tongue is what the world calls "damning our neighbor with a faint praise," or, in other words, praising him highly, even to the skies, and putting in a little word of evil that destroys him all the more surely. One will excuse himself by saying: "But, after all, I spoke well of him. It can't do any harm!" Yet he knows in his inmost soul he has ruined or seriously injured his neighbor. How would I feel if I were spoken of in this manner? Is the question one should have asked himself before he said a word.

How common is it to find persons the moment they see anything wrong done by another or hear of it hurry in great glee to tell it at once! Do we not know, my dear brethren, that such a one is a scandalizer of men, and that the Christian rule requires us to be silent then under pain of sin? But the greater the evil done the more delighted are they to tell it. It should be just the other way. Never reveal to any one the sin of your neighbor, unless to save an innocent person or another from damage of some kind. This damage must be serious to oblige one to tell, even then, the sin of another, for he is equally obliged by God not to tell it under ordinary circumstances. Remember, then, that no one can be a true Christian unless he keeps from these sins by bridling his tongue. Otherwise, as the text declares, "this man's religion is vain."

Queer world! Queer people! Here are men and women by thousands suffering from all sorts of diseases, bearing all manner of pain, spending their all on physicians and "getting no better, but rather worse," when right at hand there is a remedy which says it can help them because it's helped thousands like them. "Another patent medicine advertisement," you say. Yes—but not of the ordinary sort. The medicine is Dr. Pierce's Golden Medical Discovery, and it's different from the ordinary nostrums in this:—

It does what it claims to do, or it costs you nothing! The way is this: You pay your druggist \$1.00 for a bottle. You read the directions, and you follow them. You get better, or you don't. If you do, you buy another bottle, and perhaps another. If you don't get better, you get your money back. And the queer thing is that so many people are willing to be sick when the remedy's so near at hand.

Minard's Lintment for sale everywhere.

OUR BOYS AND GIRLS. My Clever Brother.

In those first years of long ago, When both of us were young and small, With that bright lad who loved me so, What happy moments I recall! A whistle was his joy, which made A double joy for I would sit And watch in wonder, while he played, And many a pleasant afternoon.

And, with the wisdom of a child, I brought my doll to hear the tune, And thus our mornings were beguiled, And many a pleasant afternoon.

And his kind eyes beamed tenderly In answer to my earnest look; Content to win a smile from me, What pains my clever brother took!

The whistle now is laid aside; The years are down since life began; The boy who was his sister's pride Is grown into a famous man!

Yet still my clever brother plays, In memory, by our cottage side, And youth, and hope, and golden days, Come back in music as before! —Little Folks.

The Boy to Succeed.

A few years ago a large firm advertised for a boy. Next day the store was thronged with applicants, among them a queer-looking little fellow, accompanied by a woman, who proved to be his aunt, in lieu of his faithless parents, by whom he had been abandoned. Looking at this little waif, the store merchant said: "Can't take him, places all full; besides, he is too small."

"I know he is small," said the woman, "but he is willing and faithful." There was a twinkle in the boy's eyes which made the merchant think again. A partner in the firm volunteered to remark that he did not see what they wanted of such a boy—he wasn't bigger than a pint of cider.

But after consultation the boy was set to work. A few days later a call was made upon the boys in the store for some one to stay all night. The prompt response of the little fellow contrasted well with the reluctance of the others.

Effects of Alcohol. The following from the pen of Dr. William Steward in New York Golden News, is an absolutely correct diagnosis which any thoughtful and experienced layman can endorse.

The terrible effects of alcohol, if taken for any length of time, upon the animal economy is so well known that it presents a social paradox to the community at large, who are mystified at seeing that which produces such widespread misery and degradation followed after with earnest persistence by hundreds of thousands of their fellow creatures.

The changes in the system can be enumerated in succession, so as to enable us to catch a passing glimpse of its march of ruin. Its effects enter into the causation of many affections, cirrhosis of the liver, fatty liver, epilepsy, muscular tremor, gastritis, kidney disease, cerebral disease, etc.

The influence upon the intellectual and moral faculties during the progress of these various diseases is equally marked, but more apparent to the ordinary observer. Yet such is the insidiousness of its attack that it is only after a lengthened course of drinking that a very great change is perceptible. The first fortress assailed is moral perception. The delicate niceness of its appreciation of right and wrong soon becomes blunted and the passions held in check by the ascendancy of this power finds vent in a thousand different ways that soon lower the character of the individual.

The next to show evidence of the attack is the intelligence. The power of concentration is lost; the effects are spasmodic, lasting more or less for certain periods, which become shorter and shorter, as the indulgence goes on, until at last the man loses control of himself altogether.

One of the strange inconsistencies produced by the effect of this poison upon certain of the nerve centres is, that through the person loses a sense of his moral obligation to his fellows it induces an exaggerated feeling of self commiseration; therefore, do we find a man who has outraged every sense of decency by an indulgence in this vice weeping copiously over himself, as if he were a victim, outraged by a heartless community.

WM. STEWARD, M. D. The Sisters of Charity. The following, says a secular contemporary, is from a speech of Captain Crawford:

"On all God's green and beautiful earth there are no purer, nobler, more kind-hearted or self-sacrificing women than those who wear the sombre garb of Catholic Sisters. During the war I had many opportunities for observing their noble and heroic work, not only in camp and hospital, but on the field of battle, right in the front, where bullets hissed and shell flew, and dead and mangled forms lay.

"I have seen them moving over the field, their faces wet with tears, administering to the wants of the wounded and whispering words of comfort into the ears of the dying; now kneeling to moisten with water the bloodied lips on which the death angel had left his pale imprint; now breathing words of hope of immortality beyond the grave into the ear of some mangled soldier; now holding the crucifix to receive the last kiss from somebody's boy from whose breast the life-blood was flowing.

"I am a Protestant, but I shall never forget, or cease to cherish with profound reverence, the memory of those noble, holy women."

Father Damien is dead, but two priests—Fathers Wendelin and Conrardy—are carrying on his work among the lepers of Molokai. No post is too hard for the heroes of the Catholic Church. It never deserts any of its members, no matter how poor they are, or how horribly stricken they may be, or in what remote place they may live. It is the Church of all nations and all time.

An interesting memento of the late Cardinal Manning—his Cardinal's hat—which he bequeathed to the Cathedral, Kensington, has now been placed in the position it is intended to occupy permanently. A silken cord has been fastened to the center of the first arch on the left hand to the nave near the high altar, and from this the hat depends.

Monthly Prizes for Boys and Girls. The "Sunlight" Soap Co., Toronto, after the following prizes every month: The greatest number of boys and girls under 16, residing in the Province of Ontario, who send the greatest number of "Sunlight" wrappers; 1st, \$10; 2nd, \$5; 3rd, \$3; 4th, \$1.50; 5th to 10th, a Handsome Book; and a pretty picture to those who send not less than 20th of each month, and marked "Competition"; also give full name, address, age, and number of wrappers. Winners' names will be published in The Toronto Mail on first Saturday in each month.

Cure for Chapped Hands. DEAR SISTERS—I think it is a privilege to recommend Hazard's Yellow Oil as a sure cure for chapped hands, swellings, sore throat, etc. I recommend it to all.

Mrs. Geo. Ward, Josephine, Ont. "Mother Graves' Worm Exterminator is pleasant to take; sure and effectual in destroying worms. Many have tried it with best results."

AS AN AID to internal remedies for skin diseases, Dr. Low's Sulphur Soap proves very valuable.

BEST ON EARTH. SURPRISE SOAP. Takes out the dirt; makes "the wash" sweet, clean, white; leaves the hands soft and smooth without boiling or scalding. READ the directions on the wrapper.

ASK YOUR GROCER FOR The Celebrated CHOCOLAT MENIER. Annual Sales Exceed 33 MILLION Lbs. For Samples sent Free write to C. ALFRED CHOUILLON, MONTREAL.

THE PROVINCE OF QUEBEC LOTTERY AUTHORIZED BY THE LEGISLATURE. Next Bi-Monthly Drawings in 1892—March 2nd and 16th and April 6th and 20th. LIST OF PRIZES. 3134 PRIZES WORTH - \$52,740.00 CAPITAL PRIZE WORTH - \$15,000.00 Tickets, - \$1.00 do. - 25 cts.

A Food that is eminently The Great Strength-Giver. Should be SOUGHT AFTER by those seeking to attain Physical Development and good powers of ENDURANCE. HEALTH FOR ALL.

HOLLOWAY'S PILLS & OINTMENT. Purify the Blood, correct all Disorders of the LIVER, STOMACH, KIDNEYS AND BOWELS. They invigorate and restore to health Debilitated Constitutions, and are invaluable in all Complaints incidental to the Function of the Organs. For Children and the aged they are priceless.

ANNUAL MEETING. PERSISTENT to the Act of Incorporation, Notice is hereby given that the 22nd Annual Meeting of the Ontario Mutual Life Assurance Company will be held in the TOWN HALL, WATERLOO, ONT. on THURSDAY, May 26th, 1922, at One of the Clock p.m.

WILSON & RANAHAN GROCERS. 265 Dundas St., near Wellington. NEW TEAS—Ceylon, Congou, and English. Young Hyson, Gunpowder and Japan. NEW COFFEES—Chase & Sanbourne and Blend Coffees. FINEST and CHEAPEST Goods in London.

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THE DOMINION Savings & Investment Society. MONEY TO LOAN. In sums to suit at lowest rates, and on most convenient terms of repayment. Payment made at the option of the borrower if desired.

ONTARIO STAINED GLASS WORKS. STAINED GLASS FOR CHURCHES. PUBLIC AND PRIVATE BUILDINGS. Furnished in the best style and at prices low enough to bring it within the reach of all.

FARMS CHEAP THE FINEST, RICHEST SOIL IN THE WORLD. NO BLIZZARDS, NOR DESTROYING CYCLONES. LONG LINE OF EXPENSIVE FENCES, BUT THE BEST PASTURE MARKETS right at the door for farmers in Michigan. How to get a farm cheap, long time, easy payments and full information, address O. M. BARNES, LANSING, MICHIGAN.

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IN A DAY. LAWRENCE, KANS., U.S.A., Aug. 9, 1898. George Patterson fell from a second-story window, striking a fence. I found him using ST. JACOBS OIL. He used it freely all over his bruises. I saw him next morning at work. All the blue spots rapidly disappeared, leaving neither pain, scar nor swelling. C. K. NEUMANN, M.D. "ALL RIGHTS! ST. JACOBS OIL DID IT."