

"I happen to know Mrs. Manley quite well," replied Father Carson, "and I can assure you she has far less trouble now with her boys of a morning, than she used to before they began to go so often to Communion. Like a sensible woman, she changed the daily order a bit, to make it as easy as possible for them to go as often as they like. And don't you know, Mrs. Mary, what one does every day at a certain hour grows far more easy and usual than if one does it only now and then? It is truly a fact, that persons who go to Mass and Communion every day of their lives, find it easier far than those who go every week. As for those who go every month, or every year, they find it a burden, indeed. Habit, you see, makes everything light."

"That sounds all very well," said Mrs. Mary, "but how does she get all those boys up on time every morning? I have trouble enough getting Bobby awake for his breakfast and school!"

"They live five blocks from church," said Father Carson, "that takes five minutes to walk. Mass is at half past seven, and their school begins at nine. They rise at seven—and let me tell you they rise—they get up themselves, like little men, because they have an object before them. If they can't get up in time, she tells them, they are surely not very anxious to receive our Blessed Lord,—and they do get up in time! By twenty minutes past seven they are off. Mass is over at eight. They are home by a quarter past eight, and the rest is plain sailing. You see how it can be done?"

"O-o-oh! But they didn't spend *any* time in thanksgiving," said Mrs. Mary. "Why, from what you say, they must run away right after Mass."

"They do the best they can," said Father Carson. "That is all Our Lord requires. Which is better, when one is in a hurry, and hungry, too, to eat rapidly, or not to eat at all? And Holy Communion is meant to be—so our Holy Father, the Pope, and the Councils and the Fathers all assure us—the frequent and daily food of our souls. Ah, if the children can, let them stay by all means and make a longer thanksgiving. If