Sports and Recreation

Hockey team still undefeated downs Gaels in two game series

York's Varsity hockey team is number one in the country, according to unofficial CIAU midseason ratings released last week.

The Yeomen are undefeated in league play to date and sport an impressive 15-1-1 record after a busy schedule of exhibition games early in the season.

"We are basically the same team as last year's" says coach Dave Chambers, "we've added some good newcomers but our defensive team play is better"

In a back to back series with Queen's last week, York did nothing to jeopardize their top ranked status, winning 5-4 and 7-4, but according to Chambers the team did not play all that well. "We played well enough to win," he said.

In Friday's game the Yeomen saw goals by Bob Wasson, Brian Burtch, John Goodish, Peter Ascherl and Romano Carlucci. In Saturday's improved effort York won on goals by Ascherl and Burtch who had a pair each. Gord Cullen, Jim Masin and Romano Carlucci also counted singles.

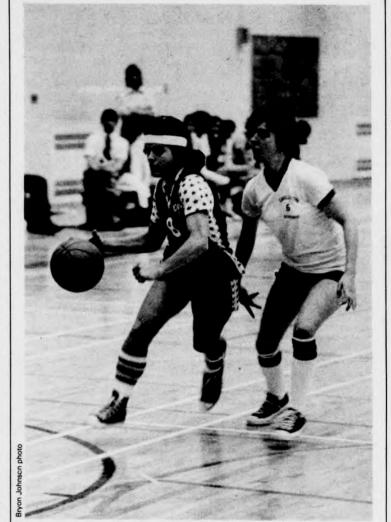
Looking to future games Chambers commented on the tournament that was supposed to have been hosted by U of T but was cancelled late last week. "I can't believe what they're doing," he said, "they've cancelled out for the second time this year".

The blues have just returned from their exhibition trip to China but are unable to go ahead with the tournament because of a union agreement that states the varsity arena will be closed the week of the 28th and 29th.

York will probably arrange to play against the visiting team from Trois Rivières and possibly the squad from University of Alberta who were also scheduled to play. Final arrangements were not known at press time late Monday

night.
"It's just bush league", said Chambers, "we turned down a tournament in Quebec and they've cancelled out on us again"

The Yeomen are at Western tomorrow night and on the 20th of December will take on the Guelph Junior A's in an exhibition match to be played in the Ice Palace starting



Mary Lou Parissi cuts toward the basket as a Carleton opponent is caught napping in last Saturday's women's basketball game. York finally put it all together to win their first regular season match after a standout exhibition showing. Top scorers for the Yeowomen were Kaarina Bubalo, Sylvia Peluso and Parissi all with thirteen points. York won the match by a healthy margin of 15 points after leading by ten at the half. Final score, York 67 - Carleton 52.

Hoopers whip Concordia

By DAVE FULLER

York's basketball Yeomen will be in good shape for their all important game with Laurentian this Saturday.

Coming off of a successful road trip to Concordia, the Yeomen are on top of the world and look like a good bet to upset last year's Eastern division champions.

At last week's invitational tournament in Montreal the Yeomen put in a superb effort against the host team winning 79-75 in what team manager Ed Gasparotto called an "aggressive, defensive game.'

"You can't really say it was a close game" said Gasparotto, "we lead them by 19 points for most of the game, then (Ted) Galka fouled out and they closed the gap."

Concordia was ranked sixth in the nation until last week and were favoured to win. Although un-

defeated in league play this season, York is not yet ranked among the nation's best. "We know we should be ranked at the top", said Gasparotto, "we'll just have to prove it to everyone else"

Against the Australian Student all-star team York had a relatively easy time winning 85-64.

Top scorers for the Yeomen were

Ed Siebert, the tournament's most valuable player, Ev Spence and Romeo Callegaro. Blossoming centreman Chris McNielly was selected to the tournament's all star team after a standout defensive effort which saw him jumping against much taller players. According to Gasparotto, "he really did a job on them".

This Saturday's game against Laurentian should prove to be one of the best of the season. Originally slated to start at 8:15, the game has been moved ahead to 7:15 pm in Tait McKenzie.

Staff meeting today at 2 pm Room 111

Gymnasts top invitational meet

By ANDREW GUIDO

York's gymnasts opened the season in their traditional manner last Saturday as they dominated the first invitational meet of the season at Western.

Teams from York, Western and an individual entry from U of T, took part in the competition. York itself entered two teams, the York Red's and White's, whose members were selected by drawing names out of a hat.

The competition itself, was actually between these two York teams, with the Reds coming out on

Mark Epprecht and Mike Burave sond

third places respectively.

Second place went to Simon Smith of U of T, who trains at York. According to Simon "The atmosphere at York and the coaching are the reasons for I like to train at

Ole Pedersen, a student coach and veteran of the York team, came up with some strong performances, winning the rings and placing fifth over all.

The meet's atmosphere, informal in design, allowed the competitors to test their routines, without having to worry too much about pressure. York assistant coach Masaaki Noasaki said "This atmosphere enabled the rookies from York Open competition to be held

taste of the competition without choking".

From a spectators stand point the competition was quite entertaining. The routines from the York gymnasts, on the whole, were of a higher calibre than those of the Mustangs. One of the Western competitors said "I'm really looking forward to seeing some of the routines from the York gymnasts especially those from Bob Carisse".

Unable to make the meet from York were Dave Steeper and Steve Maclean. Steeper last weekend took part in a diving competition in Montreal and Maclean suffered a shoulder injury earlier in the week.

The next meet for the team is the performances, taking first and both York and Western to get a on campus Saturday, January 8th.



In this the final set of ski tips before we all head out to our particular sliding spot for the holidays, I will describe that ultimate of turns the parallel Christie and some places where you can put your new found knowledge to good use.

The parallel christie differs from previous turning manoeuvers in that the change of the turning edge takes place simultaneously rather than one edge at a time as with the snow-plow position.

While traversing the hill move the downhill hand and pole forward to prepare for the pole touch. The pole is touched at a point even with the tip of the downhill ski. This touch triggers an upward or extending motion of the body, which in turn should straighten the legs and release the edges from the hill.

EDGE CONTROL

At this point the skis are in a neutral position and are easily turned because they are no longer in direct contact with the snow. While in this extended neutral position begin to steer both of the skis in the new direction with a pivoting action of the lower body. At the point when the skis pass through the fall-line you will begin to roll your knees into the hill in order to regain the edge control necessary for a carved control turn. The turn is completed by bringing the outside arm around following the arc of the turn, this should keep the body square to the skis

and your weight positioned properly over the edges.

If you should have a problem in getting the skiis into the neutral position with this up motion, try exaggerating it to a point where the skis are actually lifted off the snow.

Now that you are prepared to go out and meet the challenges of the various sideways and byways we will look at the various resorts that are available for practising your new skills.

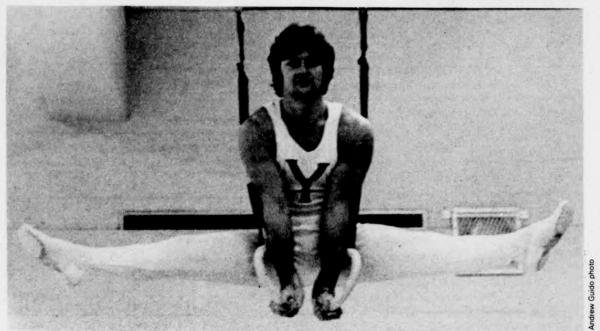
NECESSARY FACILITIES

For those of you who are just entering into the sport, there are several local areas which have all the necessary facilities for the neophyte. These include the Don Valley Ski Centre, Honey Pot Resorts, and Glen

Further north there are areas which provide slopes and conditions to facilitate both the intermediate and beginner. These areas which are easily accessible via highway 400, include Horseshoe Valley, Snow Valley, and Moonstone.

In the Collingwood area there are two public facilities that provide a challenge for skiers of all skill levels. These are Blue Mountain Resorts and Georgian Peaks. These resorts provide ample aprés ski life which can be found at Flannagans in the Holiday Inn, the Blue Mountain Inn and several other local establishment that provide both good spirits and live entertainment.

Let me conclude this column of ski tips by wishing all new schussers good snow, a clear run and a Happy New Year.



York gymnast Frank Sircelli takes time out to pose for photographer at Western Invitational tournament held last weekend. York's Red and White teams finished first and second in the pre-season exhibition meet, beating the host team as expected.