SPIRITS. 2. Rum, continued-

in keeping up a warmth after ceasing dragging, 6767, 6777; took it twice a-day, 6769; before tenting, 6770; ten after supper, 6770.

Mr. Murray

Preference for rum at luncheon, 6922; not bad to work on, 6923; in his expeditions they had it for luncheon, 7016. Alexander Gray

Issued at night, was popular, would have been liked better at lunch, 7216-17.

Thomas Rawlings—
Taken at night when sledging, 7661; and liked then, 7759-63; assists going to sleep, 7664, 7759-63.
Color-Sergeant Wood—

Issued at night sledging, 7916; advantage of it in giving a glow and producing sleep, 7916-17.

Mr. Emmerson—

Objects to it when sledging, and prefers ten, 8177; useful by giving a glow and inducing sleep, 8177-79; specially if taken in ten; 8179

William Jenkins-

Good at night on turning in, 8120

Ration of spirits not given in Hudson's Bay Territory, 8808; ation of spirits not given in Hudson's Bay Territory, 8808; even to officers, owing to desire of keeping it from the Indians. 8809; men, even it fond of spirits, would not take it before the work was done. 8810; bad effect of rum in a cold climate, 8836; no spirits taken sledging, except for fuel. 8807. and as a medicine, or to give occasionally, 8873-4; it was popular when given, 8871; it is not necessary in sledging parties, 8875.

A. Armstrong— A. Armstrong-

Might be dispensed with, but adds to the comfort of men after work is over, 9011; they do not work so well on it,

STUCKBERRY, THOMAS, Petty Officer of "Alert"-

Dr. Colan

Condition after journeys with Lieutenant Giffard and a relief party, 1970-80; he became ill after being on board a few days, 1975; probably had symptoms while travel-

ing, 1978.
ABSENCE OF. [See Darkness]

SYLVESTER STOVE.

Sir G. Nares-

Description of stove, disadvantages of it, 221-2; it cannot be used in steamers without great loss of fuel, 9303.

Captain Hamilton-

Advantage of it, supplied to former expeditions, 3071-3.

Method of heating "North Star" by, 3555-60; heating on both "North Star" and "Pioneer" was with this stove, 3643-4; it was a heating, not a ventilating apparatus, 3644-5.

Admiral Richards-

Admiral Richards—
In "Assistance" warmth of lower deck dependent on this stove, 3211; its consumption of coal, 3212; did not promote ventilation, '3213-14; communication of pipes with it, 3214; they did not communicate with open air. 3217; no heat from it in the captain's cabin, 3217.

Sir L. M'Clintock—
Used in "Fox," it had no effect on the lower deck ventilation, 3384; the warming of "Intrepid" by stoves proved better than it, 3384.

Dr. Scott—
"Intrepid" warmed by Sylvester store, 3891; description of it, 3892-5; it did not warm his cabin, 3896-7; "Resolute" had a Sylvester store with tubing, 3908-9;

Mr. Ede-Assistance" warmed by Sylvester stove, 4050; passing through his cabin, 4051, whether the hot air escaped and was renewed by fresh air, 4052-4; the moisture was driven off by the stove, 4237.

Dr. Lyall—
In "Assistance" 1852-54, where the stove opened, 4277, 4279-80; preference for it with sufficient coal, requiring a good deal, 4326-7.

Had one in "Investigator," 4490-91, no opening from the stove into his cabin, 4498; not tresh hot air, 4500; believes it did not admit fresh nir, 4664; but warmed the air in the ship, 4665.

Dr. Mucdonald-

Dr. Macdonald—
What it is, 4828.
Vice-Admiral Ommanney—
Description of one in "Assistance," 5731; what apertures it had, 5733-5; officers complained of too much hot air from it. 5736; its warm air flues did not extend to the captain's cabin, 5736: air from Sylvester stove was heated on admission, 5794.
Rear-Admiral Pullen—
Used in "North Star," 6217.
Mr. Rayley—

Mr. Bayley

Did not come before the fore part of the fore hatchway in the "Assistance," 6513.

One used in "Enterprise" in 1848-49, 6535-6.

SYLVESTER STOVE, continued-

Mr. Murray Had one in "Enterprise" in 1850-55, 6947; which warmed the ship well, 6948; better ventilated than "Investigator," 6949.

"Investigator," 6949.

Sir A. Armstrong—

H.M.S. "Investigator" was warmed by it, 8940; account of the stove, tubes communicating with cabins, dissemination of hot air through the ship, 8940-41; it communicated with the outer air, 8942-3, 9070; not directly, 9071; preference for it over mode of ventilation of recent arctic ships, 8945; provided there is a good supply of coal and it can be kept alight, 8945-6.

SYMONDS, ROBERT, A.B. of "Alert"—

Dr. Golan—

Dr. Colan-

Case of Robert Symonds, who had been with Lieutenant Giffard, 1910-13.

TARTARIC ACID. [See Acid.]
TAWS, E., Ice-quartermaster of "Discovery."
Dr. Ninnis--

Sourcy after sledging in North Greenland, 2564-6.

EA. (Unless otherwise specified, remarks refer to Sledging.)

Analysis of Compressed Tea by Mr. Bell, with Report—

Eridence.

Sir G. Nares-

Preference for tea, 106: given for lunch in lieu of spirits formerly taken, 107-8, 193; men work better after it at luncheon, 195; greatly appreciated, 181; advantage of tea, but disadvantage of halt for, at luncheon, 192, 197-8; allowance increased if rum decreased, advantage of the change, but disadvantage of halt for luncheon, tea, 105-29. 192, 197-8.

192, 197-5.
Captain Markham—
Would not recommend additional tea, 663; tea-leaves enten as a vegetable, did not think it would have any effect, 738; temperance men had overplus of tea, 742.
Commander Beaumont—

Men sledging did not care about spirits, except in tea, 993; given at luncheon, 994, men worked better after, 995.

Lieut mant Rawson

It cannot be too highly spoken of, 1160.

Lieutenant Giffard-

Advantage of it, men looked forward to it, 1232; ten and spirits given separately, 1247. Commander Aldrich—

Description of compressed tea, its advantage in measurement and strength, 1295; to what extent he used it. 1101; preference for tea at luncheon, but disadvantage of halt except when working half loads, 1296; advocates it in middle of the day, 1405; advantage of it at night, and how taken, 1401.

Dr. Colan-

r. Coan—
Of more advantage than rum, 2021; prefers it for luncheon, 2022; men more vigorous and able to endure fatigue, 2023—4; advantage of compressed tea, 2127; chewing tea-leaves not antiscorbutic, 2141–2.

Preference for luncheon instead of rum, 2421, 2447; work better done, 2446; preference for tea, 2475; advantage of compressed tea, 2446; better than ordinary tea, 2467; returns its flavour, and is more easily made, 2468; tealeaves may have assisted as antiscorbutics, 2469. Dr. Ninnis-

Ten always welcome, 2712; its comforting effects greater than rum, even when not sledging, 2716; better than rum for luncheon, but the longer halt objectionable, 2715, 16; better during working hours, 2730.

Admiral Richards-

Would not exclude ten or rum, 3175; ten very much prized, 3176.

Captain Hamilton

Warmth produced by mixing rum and tea, due to mixture, not to either alone, 3084-7; some preferred tea for lunch, 3009; tea better than rum, 3084.

Captain Hobson

Great value of tea, 3547; men expressed themselves willing to give up rum rather than tea, 3550.

Time it takes to make, 3757; the halt would be injudicious

in checking perspiration, 3758.
Captain A. Young—
Attaches much value to ten, 3878; would take both it and rum sledging, it in preference, 3804-6.

Dr. Scotte

Tried compressed ten in China, and did not care for it, 3015; only the commoner kinds compressed there, 3946; would prefer ten to rum, 3956; considers the halt for it at luncheon injurious in excessive cold, 8956-7. Mr. Ede-

Preference for tea over rum, 4100; should be given at mid-day when undergoing exertion, 4104.

Dr. Lyall—
Prefers rum at night and tea for mid-day meal, 4313,
1115; but objects to a long halt for making it 4313; tea good in its way, 4312