study programme approved by the receiving side, stipend and arrangements for medical coverage. If participants are accompanied by dependents, arrangements for medical coverage will be made for them;

- d) All internal travel, not specifically requested in the candidates research application form, or changes to original travel plans, must be approved in every case in advance by the authority administering the programme in the host country;
- e) the host side arranges for participants to be met upon arrival at the final destination and to be given all necessary assistance for accommodation.

## Nominations by the Sending Side

For participants described in paragraphs A-1 and B-1, the nominations are to be submitted no later than January 20 of each year. For participants described in paragraph B-2 the nominations are to be submitted no later than February 20 of each year and <u>in any event not less</u> than 90 days prior to the intended date of arrival. All