

## Health Isn't Luck Alone

It is management—largely proper food and drink.

Coffee is harmful to many.

A change to

# POSTUM

is good management—clears the way for Nature to rebuild coffee-weakened nerves, head, heart, and stomach.

“There's a Reason”



## WOMEN OF REFINEMENT

thousands of them throughout the world make daily use of the genuine

## MURRAY & LANMAN'S

(The Original, Century-old)

## Florida Water

Widely regarded as an indispensable aid to beauty and comfort. Its sprightly fragrance is acceptable to the most discriminating taste, and its delightful, refreshing effect best attained when it is added to the bath. : : : :



Sold by Leading Druggists  
and Perfumers

LANMAN & KEMP  
New York and Montreal

## O-Cedar Polish

## For House Cleaning

With a bottle of O-Cedar Polish and a big piece of cheesecloth, spring house cleaning will be easy. Use it on all furniture, floors and woodwork, according to directions.



From your dealer  
25c to \$3.00.

CHANNELL  
CHEMICAL CO.,  
LTD.



The  
Original  
and  
only  
Genuine

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Imitations Sold  
on the Merits  
of

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