In the treatment of angina pectoris, during the paroxysms, Prof. Da Costa recommends hypodermic injections of morphia and atropia, repeated if necessary, or the inhalation of nitrite of amyl.

In spermatorrhea (so called), stricture and a hyperesthetic condition of the urethra are found to remedy this condition; we should get rid of the above causes by dilatation and the passage of sounds. (Prof. Gross.)

For a young girl, et. 17, with amenorrheadue to mental disturbance, Prof. Parvin ordered—

R.—Ferri sulph. exsiccat.,

Terebinth. albæ, āā gr. j
Aloes, gr. ½. M.
Ft. pil. j.
Sig.—One ter die.

For a case of diabetes insipidus, Prof. Da Costa ordered an easily digested diet, liquor pepsin. f3ss, at meals, and—

R.—Extract. ergotæ fluid., f3ss. Sig.—t. i. d.

In the case of a woman who had passed gall stones, Prof. Bartholow directed 1-20 gr. arseniate of sodium ter die, and—

R.—Sodii phosphat., Sodii sulph., āā 3ss. M. Sig.—Ter die in hot water.

In the treatment of hæmatemesis from any cause, Prof. Da Costa advises rest in bed, no food or drink by the stomach except small quantities of iced liquid or cracked ice. Nourish entirly by rectum. Also acetate of lead, 2 grs. every four hours, guarded by a small quantity of opium, or 1 or 2 drops Monsel's solution every four hours.

In the treatment of syphilis by inunction, Prof. Gross directed—

R.—Hydrarg. oleat. (20 per cent.),  $\tilde{\mathbf{z}}$ j Cosmoline,  $\tilde{\mathbf{z}}$ ij M.

Sig.—Cleanse the foot and rub in 3ss of the above on the sole of the foot for ten minutes, cover with a stocking, and the next night repeat the process on the opposite foot; keeping this process up for one week, then intermit for three days and commence again.

For a case of tubercular peritonitis, Prof. Da Costa directed inunctions of cod-liver oil and—

R.—Syr. ferri iodidi, gtt. xx Morph. sulph., gr. ½ M. Sig — Ter die.

 $\Lambda$ lso

R.—Cocain. hydrochlorat., 9j Unguent. belladonnæ, 3j. M. Sig.—Apply to the abdomen.

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#### EDITORS:

A. LAPTHORN SMITH, B.A., M.D., M.R.C.S., Eng., F.O.S., London F. WAYLAND CAMPBELL, M.A., M.D., L.R.C.P., London.

### ASSISTANT EDITOR:

ROLLO CAMPBELL, C.M., M.D.

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### MONTREAL, JUNE, 1889.

## THE BEEF-TEA FALLACY.

There is no article of diet for the sick which has been more over-rated than the one designated as above. At least ninetyfive out of every hundred of the public, including medical men, believe that beef-tea contains all the nourishment of the beef from which it is made; or at any rate they order it and trust to it as though it did. In many long and wasting diseases in which the battle between life and death depends upon nourishment of the patient we frequently find both patients and attendants depending almost entirely on the watery part of beef, or on the water in which it has been soaked or boiled. Let any of our readers who wish to ascertain how widespread this belief is ask a hundred or so of their patients, "What do you do with the beef from which beef tea has been made?" and they will with few exceptions and generally with surprise reply, "Why, throw it out of course!"

The writer well remembers the surprise with which the ladies of the Diet Dispensary in this city received his recommendation to make this beef into meat cakes with the addition of potatoes, onions, pepper and