Take of Wild cherry bark, in course powder,

Water,

Glycerin,

Alcohol, 95 per cent,

Sweet almonds, blanched,

8 oz. (troy)

2 pints

1 pint

sufficient quantity

8 oz. (av.)

Mix glycerin and water, moisten the bark with 2 pints of the mixture, allow it to stand in a closely covered vessel for four days, then pack in a conical glass percolator and pour on the remainder of the mixture; when this has disappeared from the surface, gradually pour on the alcohol until 48 fluid ounces have been obtained, and set this portion aside. Continue the percolation with the alcohol until 80 fluid ounces more have been obtained. Evaporate this by means of a water-bath to 16 fluid ounces; allow it to cool. The almonds having been reduced to a smooth paste, mix this last portion with them and add to the first portion reserved, in a closely stopped bottle, and agitate the whole together. Allow it to remain in contact for 48 hours, with frequent agitation; then prepare some paper pulp, and place in a filter in a glass funnel; adding the mixture gradually to the pulp, stirring upon each addition, so as to get the mixture thoroughly incorporated with the pulp, observing to keep the funnel closely covered during the process—the result being an extract of a brilliant reddish-brown color, possessing all the virtues of the bark in a very marked degree.

## HOW TO MAKE CASTOR OIL AND COD LIVER OIL PALATABLE.\*

## BY H. M. WILDER.

The best way is to pour frothy porter in a tumbler and the castor oil on top of the froth. It will be so enveloped by the latter as

to be swallowed without tasting it.

If porter is not admissable, then the next best thing is sodawater with a frothy syrup. In default of soda water, make it. Put about half an ounce of water in a tumbler, about as much, or a little more, of a frothy syrup (Parrish's second formula for Sarsaparilla syrup, p. 722, 4th edition, is about the best for that purpose), a pinch of bicarbonate of soda, and a little less of tartaric acid, and stir; now pour the castor oil on top of the froth.

The above is nothing new to many of the readers of *Druggists' Circular:* but, while it is a good way for adults to take castor oil, it will not do for children. I have found nothing better than the *glyceritum olei ricini* of the Philadelphia Hospital. One fluid ounce each of

<sup>\*</sup>Druggists' Circular.