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times a day-for ague and rheumatism. Try taking a nap to the afternoon if you

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Cottage Padding.—One cup of sugar, one cup of milk, two cups of flour, one egg, a small piece of butter, two teaspoonfuls of yeast powder.

Horse-radish Sauce is made by adding one spoonful of fresh grated horse-radish, half a teaspoonful of salt, half a teaspoonful of sugar to cream sauce, in the quantity

Potato Griddle Cakes.—Four raw po-tatoes grated, two eggs, yolk and white beaten separately, one-half teasponnful salt, one-half saltspoon pepper. Flour enough to hold it together, about one tablespoon. Fry in hot butter.

Cocoanut Creams.—Pinch off a large piece of the "dough" and knead the grated cocoanut into it util thoroughly mixed. Roll out about three-quarters of an inch in thickness, and cut in squares or bars. Put on paraffine or buttereo paper to dry.

Tomato Sauce.-Cook together one can of tomatoes, four peppercorns, one sprig of parsley, two cloves, one sprig each of summer savory, thyme and marjoram. Thicken with a tablespoonful of flour. Summer ten minutes, season with a spoonful of butter. Pour over the meat or fish with which it is

Coffee Rolls.-Work into a quart of bread dough a rounded tablespoon of butter and half a teacup of white sugar; add some dried currants (well washed and dried in the oven), sift some flour and sugar over them, work into the dough thoroughly, make into small, long rolls, dip them into melted butter, place in the pan, let it rise a short time and bake.

A delicious white sauce for cold fowl is made as directed for cream sauce. Add to it two ounces of gelatine disolved in a little water. Season with salt. Serve by dipping the pleces of chicken into the sauce. Let them drain, dip again until they are well covered with sauce. Arrange on dish, rub over the whole the yolk of a hard-boiled egg. Cut the white into rings for garnish.

Lemon Cream .- Beet well together one quart of thick, sweet cream and the yolks of four eggs: then gradually beat in half a pound of powdered loaf sugar and the grated rind of three large lemons. Put the mixture into a porcelain skillet and set it over hot coals till it comes to a boil; then take it from the fire and stir it till nearly cold. Squeeze the juice of three lemons into a howl, pour the cream upon it and continue to stir it until quite cold; you may serve it up in a glass Lowl, in small cups o in jelly glasses.

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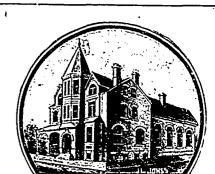
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