THE GREAT

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scientifir and Aseful.

TO CLEAN LAMP CHIMNEYS.—Hold them over the nose of the tea kettle when the steam is free and hot. One or two repeti-tions of this process will make them beauti-fully clear and bright. Wipe upon a soft, dry cleah.

APPLE. FRITTERS.—Make a batter, not very stiff, with one quart of milk, three eggs, and flour to bring it to a right consistence. Pare and core a dozen apples, and chop them to about the size of small peas, and mix them well in the batter. Fry them in lard, as you would doughnuts. Sprinkle powdered sugar over them.

BIRDLIME.—Among the many industries in Japan is the manufacture of birdlime. It is, of course, principally employed for the snaing of birds and animals. By its means animals as large as monkeys are caught. When once they get the stuff on their paws they soon cover themselves with it, and so exhaust themselves in trying to get rid of it they soon cover themselves with it, and so exhaust themselves in trying to get rid of it that they fall an easy prey. Birds also as large as ducks, and every variety of smaller oner, are taken by it. Rats are easily caught by spreading a small quantity on a piece of board or paper, and placing it near their holes. It is spread upon a bamboo leaf, and used during the summer for catching flies and other insects. Flea-traps are made for its service, and occasionally used by the Ja-panese for medicinal purposes, and is con-sided one of the best cures for wounds. Japhn is the only country where it is regularly Japan is the only country where it is regularly manufactured on a large scale, the principal tree from which it is made being a dark eventreen from the mountains in the south. -Signific American.

-Sentific American. Hour MADE CANDY.—All children are fondof candy, and if pure a moderate amount is n4t injurious. In these days of adultera-tion, that made at home is safest to give them It is a simple matter to make choco-late taramels; all that is needed is one cup of sweet milk, one cup of molasses, half a cup of sugar, half a cup of grated chocolate, a piece of butter the size of a walnut; stir constantly and let it boil until it is thick, then tura it out on to buttered plates; when it begins to stiffen, mark it in squares, so that it will break readily when cold. Co-coant Caramels are made of two cups of grated cocoanut, one cup of sugar, two tablecoanst Carameis are made of two cups of grated cocoanut, one cup of sugar, two table-spoonfuls of flour, the whites of three eggs beaten sliff; bake on a buttered paper in a quick of Nice white candy is easily made. Take ne quart of granulated sugar, one pint of water, two tablespoonfuls of vin-egar; boil int; as you do molasses candy, but de not strift; you can tell when it is donedwstring it in cold water. Pull it as if it were molasses candy; have a dish near by with some vanilla in it, and work in enough to flavour it as you pull; put it in a cold wom, and the next day you will have a delicious candy. How Much to EAT.—Having tested a

How MUCH TO EAT.—Having tested a number of meals in a general way, eating more or less each time, find out as near as number of meals in a general way, eating more or less each time, find out as near as may be what is the proper amount for a meal. Begin' with a very light breakfast of or-dinary food, such as you have been accus-tomed to and note the number of hours you can'go without feeling a want of more food. For a try light breakfast, say one roll, a cup of coffee and a very small piece of meat, three hours or less will be found the limit. This is not offered as a rule, but as a sugges-tion; foi it makes a vast difference what you do during those hours. A given amount of food will go further in manual labour than in mental labour, as brain work is more exhaust-ing tha hand work. The next-time try a little more, and in the course of a dozen breakfasts you will learn to judge pretty closely what you 'require to carry on your work till the hour of the next meal. Having found out just what you need, on any con-sideration take no more. Never mind how nice the iteak, how tempting any food may be; shut right down on the whole eating business the instant you have had enough. Too little can be repaired by eating a light lunch before the next meal. Too much can-not be repaired, and you must pay for the in-discretion. In all this there must be plain Too little can be repaired by eating a light lunch before the next meal. Too much can-not be repaired, and you must pay for the in-discretiod. In all this there must be plain common sense. Do not imitate the invalid who kept a pair of scales on the breakfast table to weigh his faily bread. Eat and be satisfied, and then stop.

T. BARNUM FALLS INTO LINE.

Scanning our various exchanges, we notice special distinction given in prominent New York dulies to Barran, Bailey, & Hutchin-son's strong endorsement of St. Jacobs Oil as a primeriever. They, rec. have failen into dist it would seem.—*Cincinnati* (d.)



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