Problem of Citizenship in Fullest Sense.

as to how we are to educate for the character which produces the highest ype of cititzenship. Some say reigion in our school.

"I am of the opinion that there hould be some organized form of but I repudiate the charge of "god-less schools," said Dr. A. E. Marty Toronto, Canada's first woman school inspector, in the course of an nspiring and informing address on 'Education and Citzenship." deliverdat the noon hour luncheon on Satarday in St. Andrew's Hall, in conection with the educational convenion for Western Ontario, under the of the London Union Mothers' Club.

"Religious ideas are daily being inulcated in the history and the literaivics," continued Dr. Marty. "Some elieve that the introduction of the Bible as a text book would be the We must not forget that he Bible and catechism were taught ssiduity in that generation before he war, when the ideals of the Gerwill to power.'

Much eagerness was manifested to ecure tickets for the luncheon and to ear Dr. Marty on the part of deleates, members of the teaching proand parents, who filled to verflowing the long tables temptingspread in the gymnasium by St. indrew's Ladies' Aid.

Further, with regard to the subject education and citizenship, the wo-"The public mind is today thor

ighly possessed of the importance education.

ich conferences as this one under auspices of the Mothers' Union; e activity of the educational comittees of our great national organiations, viz., Daughters of the Emre, National Council of Women and Nomen's Institutes; and the rapid rowth in the provinces of home and hool clubs and trustees' associans, both of which will soon beme national organizations.

Has Had Lesson.

"Why is public attention today ntred on education as never before? he world has had an object lesson the mighty influence of educain shaping national life and leals, or in other words, in making price a year ago." The influence of the nool and college with its doctrine eals of the German people in one en going on in Japan, we have rea. dress

rds the importance of the spirital values in life as against the ma-

foe." "The problem of education today is st sense-citizenship in the comunity, in the provinc, in the nation reat family of nations. Not on the morrow, but on the school in coperation with all the home and re-

gious forces of the community itizenship. There is on the one hand om character.

"The first obligation of citizenship s self-support. The school should telp the child to find himself in life, hat he may become an economic nft. It should give the preliminary raining which will form the best his future specialization.

## ow far the school has done this TAKE SALTS TO

Cat Less Meat If You Feel education. Backachy or Have Bladder Trouble.

nd overworks the kidneys in their ef-orts to filter it from the system, Regur eaters of meat must flush the kideys occasionally. You must relieve ving all the acids, waste and poison

ise you feel a dull misery in the kid-ey region, sharp pains in the back or ick headache, dizziness, your stomach purs, tongue is coated and when the s bad you have rheumatic The urine is cloudy, full of iment; the channels often get irriated, obliging you to get up two or aree times during the night. To neutralize these irritating acids

d flush off the body's urinous waste Mrs. G. F. Edwards, president of the about four ounces of Jad Salts from Ontario Women's Institute. pharmacy; take a tablespoonful lass of water before breakfast for a days and your kidneys will then t fine and bladder disorders disap-This famous salts is made from acid of grapes and lemon juice, oined with lithia, and has been for generations to clean and stim-sluggish kidneys and stop bladder tation. Jad Saits is inexpensive and makes a delightful efferent lithia-water drink which milons of men and women take now and then, thus avoiding serious kidney and bladder diseases.—Advt.

### Seeing Week-End Market With Aunt Maria's Eyes

With both exactly the same price at good reason. That reason was the the week-end market on Saturday, price.

45 cents, here was a problem made to While new friends may be merely

FIRST DUTY SELF-SUPPORT to be patent foods, what a magnifi- as new. The new, distinguishable by Problem of Education Today if one were patent, the other mere present" of the vegetable kingdom. present an argument to the eye by the way from Florida, which constimeans of a pair of scales, eggs on tuted, no doubt, a good excuse for one side, butter on the other, the selling them at twenty cents apiece, scales tilted not according to weight, for very small ones. Much difference of opinion exists however, but superior or inferior number of calories.

aren't so concerned about these as eligious education in our schools, stocking the larder with the best margin over the wholesale price. quality for the money when it comes to staples.

Assurance doubly sure was given case were laid within the week, even which to remark that the February the eggs which a certain country woman was willing to sell late in the morning for 35 cents, because she was anxious to get away home.

Pound rolls and crock butter alike were offering themselves for 45 cents. When the question was asked of one woman, "How is it you are selling your crock butter for the same price ure lesson, and in the teaching of as the rolls?" her answer was, "Because the butter was all churned yesterday and the crocks packed the same time the rolls were made up."

Not for many a moon has there been such a uniformity of price on a the schools of Germany with great the old market. Even the woman who always commands a few cents more for "extra special quality" was nan people were transformed to the letting her plump brown eggs and and flavor when they were cooked tempting butter go for 45 cents, dozen or pound.

Cabbage Gets Snobby.

While the cost of living is said to be dropping in the majority of food lines, there is one vegetable at least which has seized an opportunity to be original and do some social climbing at a time when its ascent is ing asked at noon was \$8. the more spectacular because of contrast. The whilom lowly cabbage can no longer be snubbed as common and plebeian. It is entirely too expensive for that, very much, in fact, in the They were twenty-five cents a quart new-rich class.

A market gardener was overheard admitting to his customers that his were expensive at ten cents for a very small one, fifteen, twenty and "pure bred" for \$1.50 each. twenty-five and thirty-five cents

"This time last year," he said, "I was selling a whole load for two dollars and thinking it a very good ence of the maple products season, or

Aunt Maria, and he quickly added: from the wild wood actually ap-"Don't put in the paper I'm selling peared? cabbages for two dollars a load now. Be sure and get it in the \$2 was the

plants that one vendor, indeed, waxed quite poetic about them. And the

neration. The same training has would be matter for an entire ad-

"Today it is generally admitted ct, asks: 'What may we accomish in the cause of good citizenish in the cause of good citizeniph is defined as a right to a
liberal education; and that it is the
liberal education; and that it is the
liberal education to the word of wisdom to have an intellipart of wisdom to have an intellirecting the minds of the word. recting the minds of the youth to- gent, highly-trained democracy. 'For every soul, denied the right to beneath the flag shall be its secret

Culture Not Limited.

he problem of cittizenship in its full- | "It is also generally accepted that any subject may be made the basis of culture. The gradual widening -and also in the empire and the of the university curriculum to include the departments of commerce chool alone should fall the responsi- and banking, mines, agriculture, ility of shaping the citizenship of household economics, etc., is an admission on the part of the university. "The ideal and spiritual side of citizenship embraces character from

There are two factors involved in the standpoint of the individual. That part of the individual which reacts on he practical, the utilitarian, the his own personal and private life, conomic side. On the other, the The aim of education in this regard deal, the spiritual side, which springs is to develop those personal qualities of self-reliance, self-control, selfrespect and self-denial which the poet has so beautifully summed up in the lines:

'Self-knowledge, self-reverence, self-control. These three alike lead life to

sovereignpower.'

"But the ideal and spiritual side of citizenship does not stop here. It offer it for sale. zenship, viz., service to the community, to the nation, to the empire, and last of all to the great family of nations. The larger duties of citicenship come within the scope of our

'That man's the best cosmopolite Who loves his native country

"Much depends upon the character of the teacher; but the most highly Meat forms uric acid which excites and spiritually endowed teacher cannot accomplish the desired result without the co-operation of the social Mary. Has she been wise, as she in the near future to take the form factors in the community. That is one reason why I welcome the educational conference, the home and school club, the trustees' association, month of the year? (Or do royal and any other organization that seeks to co-operate in the cause of

education.' Seated at the head of the table with Mrs. A. G. Calder, the presiding officer and Dr. Marty were Mrs. J. Gemmell, former president of the London Union Mothers' Club and

A vote of thanks to Dr. Marty was moved by Miss E. Yeates who what Fate has in store for her: declared that the women teachers of Ontario regard Miss Marty as "the teacher who has arrived." Charles Turner seconded the resolution. Mrs. H. T. White, seconded by Mrs. Benson, moved a vote of thanks to the Ladies' Aid of St. Andrew's for the tempting meals of Friday evening and Saturday noon and the quick and pleasing manner in which even if her heart goes with her

Which contains the most vitamines. public was real enthusiastic about a pound of butter or a dozen eggs? him, by the way. There was a very

hand to set the food faddists fuss- silver and the old pure gold, it was taking just about as much money If only butter and eggs happened in some quarters to buy old cabbage cent opportunity would be afforded the delicate green of its dress, was natural, what scope for the artist to The 1922 cabbages had traveled all

But the poetic vendor, whose stock led all the rest in quantity, was do-Calories and vitamines may be all ing the "honest weight" act for the right in theory, and even in practice, benefit of buyers. His price, too, led but the homemaker and house-hus-band who go to market apparently He asked but seven cents a pound the rest in point or reasonableness. which, he explained, was a very tiny

Bring Aroma of South. That doubtless explained why he was having very few lulls in trade. on all sides that the eggs in every He did find one interlude, however, in climate was very different where the LONDON, Feb. 26.—Hats have taken cabbages came from.

> who lives where these cabbages were grown. She was writing out in the side effects. garden, under the shade of a tree, with the sun shining up above, the flowers blooming and the birds singing all around her." And so the new cabbages brought to the sombre basement of the market house the sunshine of sunny southern skies and the fragrance of flowers. Doubtless they had their own peculiar odo on Sunday.

A dollar and fifty cents a bag was asked for one of a very few lots of potatoes in the open square.

Poultry was decidedly scarce. A plump turkey was first cousin to the phoenix, where its own species was concerned. The price still be-Apparently nobody was thinking of

having a birthday party. Onions, evidently, are attempting to out-plutocrat even the cabbages.

or six dollars a bushel. Crates of birds for breeding pur poses made their appearance, old reold cabbages (no insult meant in this liable Plymouth Rocks at \$5 for three case, but to indicate the 1921 model) pullets or \$3 a piece for roosters, and Rhode Island Reds, claimed to be

Selling While Selling Good? Honey was unusually plentiful What was the big idea? Cultivating a sweet tooth in view of the imminselling while the selling was good At that moment he caught sight of before the delicious syrup and sugar

One young lad had more varieties Cabbages have become such exotic the case wasn't a born salesman, are Mrs. Arthur Borland and Mrs. like some other young lads that have been discovered at the week-end market, he has been very industrious in acquiring such a finished tech-

The prices and varieties were dis-The thinking public, seized of this that all the people, not merely the played that all who had any eyesight worth mentioning at all might read. clover for 85 cents: ten-pound pails of "mixed early honey" for \$1.50, and secretary for the province, and Mrs. compound nails of "capping" honey George Payne of the provincial for \$1 only.

"But what is mixed early honey?" asked Aunt Maria.

"Made from apple blossoms and man promptly, whereat one when overheard remarked. Sounds much more interesting than just clover or buckwheat."

The mystery which surrounded the name "capping" was quickly and clearly explained.

always some left in the wax. We Blackburn. take and boil the wax to get the honey out and that gives it a brown color. It is good honey, but, of Helen MacCallum of this city), re- casion. flavor after it is boiled, so that is day after attending the meeting of why it is so much cheaper."

he is going in for "bee-farming" like the Western Ontario Educational Grange. his father, who has over 300 hives, Convention. She has been the guest but he has the advantage of knowing all about his commodity and how it John MacArthur, Piccadilly street. was produced before attempting to

#### Cynthia Grey's Mail-Box

THE ROYAL BRIDE.

And Tuesday is to be the wedding day of England's fairy princess, Her Royal Highness the Princess Mary, only daughter of their Royal Highnesses King George and Queen princesses "name the day" like just ordinary mortal brides, if such exist?) In any case, the winsome Princess Mary, who, after one more Viscount Lascelles, has had a narrow escape from being a March bride and changing all the auguries. Married on the 28th, however, she will still be a February bride. If "Married in February's sleety wea-

Life you'll tread in tune together."

When February brides do mate

Side Ettects Now Popular



tremendously to side effects! "Guess they got a kind of surprise One sees, on a tour of the smart when they arrived here in the storm shops and smart avenues, scarcely the other day," he said. "Just got a chapeau which doesn't wear a poma letter from my niece in Florida pom, a huge flat bow or a tassel at of the tricorne, slants a bunch of the side. Vastly swagger are these

> This Idaire hat of black crepe edged with fine milan, dares an ex- right eye and then to rather balance ceeding sweep at the side and accentuates it with a feather ornament it flirts an ostrich tip at the side.

St. Joseph's Alumnae Association s giving a bridge Tuesday afternoon

this season.

Mrs. J. E. Kerrigan gave a small dance Saturday evening at her home in Ardaven Place.

in the Catholic Club.

Mrs. St. Thomas Smith of St. Thomas was a week-end visitor in town with her daughter, Mrs. Phelps. Mrs. Ronald Harris returned home

choir concerts. Forest City Chapter, O. E. S., has

at home and reception to grand chap-Tuesday evening, Feb. 28. Previous to coming to London last week to attend the educational con-

Canadian Club in Chatham. Shrine of Jerusalem, are holding a euchre in the Alma Block on Thursof honey than were familiar to some day, March 2, afternoon and even-marketers at least. If the boy in ing. The conveners on this occasion

Toronto, addressed the Women's

The Jewish Immigration Aid is olding a masquerade dance on the evening of the Feast of Purim, othervise the Feast of Esther or Hadassah, which falls on March 15. The London Hadassah Chapter will assist and provide the supper.

Mrs. A. C. Courtice, organizing executive of Home and School Clubs, have returned to Toronto much delighted with the educational convention held last week under the ausclover," answered the young sales- pices of the London Union Mothers'

> Miss Grace Blackburn was a visitor in Chatham this past week-end. the guest Saturday evening of the Travel Club, when she gave a lec-

Mrs. H. Ferguson (formerly Miss course, it hasn't the same color and turns to her home in Toronto Monthe executive of the Ontario Feder- hostess in the absence, owing to ill-The young salesman isn't sure that ation of Home and School Clubs and ness, of the president, Miss Helen while in the city of her cousin, Mrs.

> Mr. and Mrs. W. F. Wachsmith, Ridout street south, have decided to black lace of her smart dinner gown. they have been for some time, Mr. speech, introduced the special speaker Wachsmith having purchased a business in Exeter, Southern California. claimed the same alma mater as her Mrs. Wachsmith is expected in town this week for a farewell visit to course of her address Dr. Marty imfriends here, and will make her head- pressed the need in the world of quarters with her daughter, Mrs. reverence for truth and accuracy of Roy Davis.

Former students of Brantford of Canada some years ago, are planning a reunion to be held in Toronto has proved in other things, in of a reception in honor of Mrs. Cock-"naming the day" in the last winter shutt, wife of the Lieutenant-Governor of Ontario, previous to her marriage a member of the college staff in the musical department. The D'Avignon, social service; Mrs. Mack-Toronto committee, which has taken the initial steps in the matter, has asked the co-operation of graduates day becomes the bride of the gallant living in London and other points in Western Ontario in making the reunion a success.

delightful card party and tea at the old prophecies are true, this is her new home in McKenzie avenue last week, when bowls of daffodils and narcissi added to the attractions of the living-room. Mrs. R. J. Wilson assisted the hostess at the tea hour. Those present included: Mrs. Leonard Sage, Mrs. Richard Balfour, You may wed, nor dread your fate." Mrs. C. Atkins, Mrs. Harry Bell, Tuesday's bride, "marries for Mrs. Alma Egelton, Mrs. Charles wealth," and England's fair princess Johnston, Mrs. Fred Buskard, Mrs. undoubtedly is marrying a rich man, Percy Robinson, Mrs. Wilbert Scott, Mrs. E. Geoghegan, Mrs. A. Dilborough, Mrs. Bert Summers, Mrs.

Mrs. Lew Summers entertained at

W. Clark, Mrs. A. Callaghan, Mrs. Fred Johnston, Miss Dorothy Johnston Mrs. Summers welcomed her guests, wearing a smart frock of navy charmeuse with corsage of

shoulder. Tassels of silk and fea-

thers which reach to the shoulder

or venture below, are quite the thing

The black crepe de chine, which

The Reboux model, the inevitable

tam, pulls its entire crown over the

the thing and escape a too rakish air

takes on some of the characteristics

cellophone grapes over one eye.

Mrs. Newton MacTavish, Toronto, president of the Toronto Federation of Home and School Clubs, who attended the meeting of the Ontario provincial executive and the Western Ontario educational convention in the city last week, went on to St. Thomas Saturday evening, in order to be present at the annual reception of her alma mater, Alma College, Saturday evening from Toronto after Monday evening. Her young daught a delightful week's visit there, ter, Miss Maxine, joined her in Lonwhich included the Mendelssohn don Saturday evening, and is having the interesting experience of seeing for the first time on a gala occasion the college from which her mother graduated. Mrs. MacTavish and her daughter are guests of Mrs. Duncan officers in the Masonic Temple, MacTavish in St. Thomas, and will pay a brief visit to London friends Tuesday before going back to To-

vention, Mrs. Newton MacTavish of A number of school girls on Saturday afternoon enjoyed the hospitality of Mrs. Ralph Millar, when she en-Clara. The guests were invited from 3 to 6 o'clock, spending a happy afternoon in games, music and dancdon Tennant presided over the pretty tea table, centered with a silve candelabras with pink candles, and further adorned with vases of pink and mauve sweet peas. Misses Dorothy McCann, Ethel Millar, Ren wick (Thamesford), and Jean Waugh

issisted in serving.

The girls present were Jean Campbell, Ruth Barbour, Ruth Lawson. Helen Beck, Mary and Katherine Green, Margaret Evans, Ruth Mc-Connell, Eulalie Murray, Mary Buchner, Grace Rath, Lorna and Audre Spittal, Mary Thompson, Mary and Jean Watson, Margaret Hamilton, Phyllis Butchart, Enid Coleridge, Isabel McCrimmon, Annabelle Smith Elsie Sumner, Jean Waide and Helen Chapman.

In the evening Mrs. Millar entertained for the assistants.

Dr. A. E. Marty of Torento, Caname "capping" was quickly and learly explained.

"After the honey is extracted from "After the honey is extracted from "Macaulay Clubs were invited by the held by the London Women's Unithe comb," said the boy, "there is Travel Club to meet and hear Miss versity Club at Wong's, when Mrs. A. C. Courtice of Toronto, provincial organizer of Home and Sch was also a special guest of the oc-

> Miss Mary Macpherson, first vice president, performed the duties of

The tables were most attractively adorned with clusters of daffodils. A sheaf of the golden spring flowers, presented to Dr. Marty by the club. formed an effective contrast to the make their home in California, where Mrs. Carr-Harris, in a graceful little of the evening, Dr. Marty, who own, Queen's University. In the statement. Standing for these principles she held that women university graduates should have wide in-Ladies' College, a leading girls' school fluence in making them of more gen eral application.

Among other speakers were Mrs K. P. R. Neville, representing the Western University: Miss Bessie Mc. Camus, Toronto University and the teaching profession; Miss Helen Mc-Millan, journalism; Miss Helen lin, Johns Hopkins University and medical profession; Mrs. Albright, the legal profession.

WATERING PLANTS.

The successful way for the city dweller to water plants is to put them in the bath tub and pour a quantity of water over them. They should be well soaked, especially the under surface of the leaves, for it is there that the insects are found.

stone, Laverne Pincombe, Wilfrid Weld, Murray Evans, Harold West and James Robinson. Proceeds amounted to \$106 which will be given to the hall renovation fund.

Seep year Eyes Clean, Clear and Healthy. Write for Free Bye Caje Book.

Write for Free Bye Caje Book.

White Eye Remedy Co., 9 East Clie Street, Elicary

GRAY'S, LIMITED STORE HOURS 9 A.M. TO 6 P.M. DAILY.

# Spring Hosiery

BEAUTIFUL SILK HOSE by celebrated makers, finest quality in many alluring modes, sheer and exquisite, may be had in all the new spring colors, moderate prices. Hosiery Department, Main Floor.

ITALIAN GLOVE SILK HOSE, pointed heel; colors of black, white, eordovan, grey and navy; all sizes. Price, a pair ..... \$3.75

NOVELTY (PURE SILK) LACE HOSE. pointed heel; colors of black, white, brown and grey. Price, a pair....\$4.25 BEADED THREAD SILK HOSE, black with silver, grey with silver, all sizes.

Price, a pair ...... \$3.75 "GORDON" PURE SILK HOSE, beautifully embroidered, black only. Price, a "GORDON 300" PURE SILK HOSE,

seamed back, high spliced heels and toes, black only. Price, a pair ......\$3.50 MARVEL PURE SILK HOSE, with point heel, colors of brown, black and white. Price, a pair ...... \$2.50

RIBBED HOSE, lisle and silk mixture, brown and silver, cordovan and silver: all sizes. Price, a pair ...... \$1.50 BLACK LISLE HOSE, ribbed top; colors of brown, black and white. Price, a

CHILDREN'S FINE RIBBED HOSE, double knees, heels and toes, all sizes. Special, a pair ...... 25c

pair ...... 75c



PURE SILK HOSE, with plain or ribbed top, spliced heels and toes; colors of brown, grey, black, white. Price, a pair

FINE LISLE THREAD HOSE, widened top, spliced heels and toes; colors of brown, black, white. Price, a pair, \$1.00 FIBRE SILK HOSE, seamless, spliced heels and toes; colors of brown, white, navy, black. Price, a pair ...... 75c

140 DUNDAS STREET.

Agents for the Butterick

Patterns, The Delineator and Butterick Quar-

PHONES 115 and 116.

#### Evening Gown Is Long



#### **CLUB NEWS** What Women Are Accomplishing

In London.

SWASTIKA CLUB GIVES PLAY

Last week the Delaware Swastika Club presented a play entitled, "The Private Secretary," in the town hall. The attractive stage setting with decorations of the club colors, made a beautiful background for the different scenes. The parts were exceedingly well acted by Marjorie Lowthian, Helen Johnstone, Lyda Hopper, Gladys Veale, Will John-stone, Laverne Pincombe, Wilfrid

THIS is the fifth of six articles on styles for girls, written by Mary

BY MARY PICKFORD.

CALL this Lanvin creation my Water Lily dress and it seems

a silver ribbon around the waist, tying a bow at one side and hanging nearly to the bottom of the uneven hem line.

And speaking of hem lines, this is he Parisian verdict on the length of evening gowns.

#### HAD BAD COUGH AND SORE THROAT

Never neglect a cough or cold, how ever slight. If you do, it can have but one result; it leaves the throat or lungs, or both, affected. A single dose of DR. WOOD'S

NORWAY PINE SYRUP.

will help to stop the cough, soothe the throat, and if the cough or cold has become settled on the lungs the healing rirtues of the Norway pine tree, along with the soothing and expectorant prop-erties of other excellent herbs, roots and barks promptly eradicates the bad effects, and the persistent use cannot but help to bring about relief.

Mr. Albert Marsh, Lower L'Ardoise

N. S., writes: "About a year ago I conracted a cold, accompanied by a very bad cough and sore throat. I sent for the doctor, but what he prescribed did me so little good I began to get discour-MARY PICKFORD IN A PARISIAN EVENING GOWN.

aged. A friend came to see me and asked me if I had ever used Dr. Wood's Norway Pine Syrup. I told him I had not and sent him right away to get me a bottle. I started using it, and after a couple of days I found I was getting the part of the property of the property of the part of the p relief, and after taking two bottles the soreness in my throat seemed to be leaving me, so I resolved to continue its use, and after I had used five bottles

both my sore throat and cough were gone. I would not be without "Dr. Wood's" for any money." Price, 35c and 60c a bottle; put only by The T. Milburn Company, Lim-Ited Toronto, Ont .- Advt.

#### **SWISS** PANEL NETS

The most luxurious offering of Curtains for front windows. Keene Bros., King Street, are the direct importers for Swiss Curtains. The prices are most reasonable.

FOR SALE AT KEENE BROS Drapery Department.

125-127 KING STREET.

**SORE THROAT** 

DE THOMAS'

Relieves Headache A little Musterole, rubbed on forehead and temples, will usually drive away headache. A clean, white ointment, made with oil of mustard, Musterole is a natural remedy with none of the evil after-effects so often

caused by "internal medicine." Get Musterole at your drug store. 35 & 65c, jars & tubes; hospital size, \$3. BETTER THAN A MUSTARD PLASTER



## **NERVOUS AND** RUN DOWN

Relieved by Taking Lydia E. Pinkham's Vegetable Compound

Cobourg, Ontario .- "For many years I have had troubles with my nerves and have been in a general run down condition for some time.
I could not do my work half the
time because of trouble every month. I was told of Lydia E. Pinkham's Vegetable Compound by friends and advised to try it. It has done me good and I strongly recommend it. Since I have taken it I have been able to do all my own work and I also know friends who have found it good. You can use these found it good. You can use these facts as a testimonial -MRS. ELLEN FLATTERS, Box 761, Cobourg, Ontario.

Any woman in this condition should take the Vegetable Compound, for it has helped other women and so it should help you.

For nearly fifty years this good old-fashioned root and herb medicine, which contains no narcotics nor harmful drugs has been the standard medicine for female ills, and has restored the health of thousands of women who have been placements, inflammation, ulcera-

tion, irregularities, etc.
Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent you free upon request. Write to The Lydia F Pinkham Medicine Co. Lynn