

First of a Home Science Series Begins Tomorrow. Read Our Announcement.

# WHAT EVERY WOMAN WANTS TO KNOW

Our New Daily Feature. Home Chat by Katherine Leslie—Do Not Miss It.

## Experts on Housekeeping Science To Write For Advertiser Readers

A New Daily Feature To Help Lessen the High Cost of Living.



MRS. ALICE P. NORTON.

After weeks of planning, preparation and correspondence, The Advertiser is now able to announce an enterprise of tremendous interest to every housewife and to every mother. It means the bringing together, on the home page of this newspaper, of the best brains and expert knowledge obtainable along all the lines of home economics. Their work will appear from day to day for many months. Some of the plans for this great enterprise are not yet ready for detailed announcement, but a number are well in hand. The first of these, to begin tomorrow in this newspaper, is this:

MRS. ALICE P. NORTON, head of the department of home economics of the University of Chicago, writes a series of articles on her favorite topic. She holds her position now because she has worked up to it through much practical experience as a housekeeper in her own home. She KNOWS what she says because she has LIVED IT, working out the problems of cooking and home making on very limited income. What she writes has the stamp of practical as well as scientific knowledge.

Mrs. Norton's articles, on the culinary side, take up such topics as sugar, fruits, vegetables, soups, meats, breads, gelatine and baking powder, in a simple, plain way that gives the busy housewife both the WHY and the HOW of things. She will also write on such subjects as dirt, dusting, scrubbing, dish-washing and ironing.

MRS. SENATOR LAPOLETTE—wife of the fighting statesman from Wisconsin and mother of a splendid family—is writing for this paper some most important articles on the bringing up of the daughter in the home, discussing plainly the important problems that confront every mother in the preparation of her girl for happy, useful, healthful womanhood. They will begin at an early date.

A \$10,000-A-YEAR CHEF—M. Charles Laperruque will discuss the science of simple food, how to transform the less costly materials into palatable, nourishing dishes in the home. His articles are a strong blow at the high cost of living. M. Laperruque reveals many of the secrets of the kitchen, learned and practiced in leading European and American hotels.

FOOD FOR THE SCHOOL CHILDREN—another series of articles to come later from the pen of Mrs. Norton.

KINKS FROM THE KITCHEN—little things the housewife can make herself or ask husband or son to do for her. They will save countless minutes and steps in the daily work.

SIMPLE HOME RECIPES—a daily recipe feature from the private cookbook of "homey" cook whose dishes are a delight to her large family and no heavy drain on the income. This feature will not interest the rich woman, nor the one who leaves her cooking to be done by servants—but plain folks will find it mighty helpful.

## Problems of the Fair Sex Solved by Cynthia Grey

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn as they are received. No letters can be answered privately.]

**Loves a "Movie" Actor.**  
Sweet, Phantom Actress—Your question is preposterous. You might as well ask me for the name and address of John Jones, Canada. The "sweet-looking fellow" is doubtless a married man, whose principal object in life is to provide bread-and-butter for himself and family. Waste no more time thinking about an unknown man, but be content with the gentlemen of your personal acquaintance, even though they are not so "romantic" in appearance as the moving-picture man.

**A Shiny Nose.**  
Dear Miss Grey—Will you please tell me what I can do for an oily nose, also what is camphor water, and where can it be obtained? Thanking you in advance, I F. L.  
A—Common vinegar is said to be a good remedy for a shiny nose. Perhaps if you are fastidious you would prefer "aromatic vinegar," which may be purchased at a drug store. Have you asked there for camphor water? I don't know what you mean by this, unless it is spirits of camphor, and any druggist keeps that.

**His Place, All Right.**  
Dear Miss Grey—Would you kindly advise me? Some time ago I arranged to call on a lady friend of mine. On calling her up the night before I received a rather indifferent answer. I could not see why she should do that, and rang off, and have not seen or written to her since. I do not wish to lose the friendship of this lady friend. Do you think it is my place to call or write before I have had some word from her? Do you think it is her place to tell me why she did not want me to call? Yours truly, LOUIE.

A—It is certainly your place to make amends, for you acted very rudely in not calling when you had made the arrangement. Probably you misunderstood her attitude entirely, and the apparent indifference may really have been bashfulness.

By all means "make up" as you are evidently the offender.

**Wedding Garb.**  
Dear Miss Grey—Would you be kind enough to tell me the proper dress for a church wedding? It is to be Catholic and takes place at 8 a.m. Should I have a conveyance? Thanking you in advance, yours truly, J. A. C.

A—1. Gray trousers, black stock coat, gray tie and gray gloves would be correct.

2.—Yes.

**Best Give Him Up.**

Dear Miss Grey—Please give me some advice on this matter, as you help so many others. What is your opinion of a gentleman who wants to marry a lady, but will not give up his bad habits. He says he loves me to distraction, but he never even thinks about staying in to entertain me, especially when he knows I am alone.

He says he loves me to distraction, but he never even thinks about staying in to entertain me, especially when he knows I am alone. He is a boarder at our house and has been for two years. He insists that I shall marry him, and makes threats that he will do if I marry another. He drinks and has a very fiery temper, and when he has been drinking he is very disagreeable to get along with. His parents say if I married him he would not drink any more. Do you not think that if he could stop after being married that he could before he was married, and give me just a little hope? I loved another gentleman and was engaged to him, but he was forced into a marriage with another girl by his parents. Now this other young man has never given me a chance to see him, and I was jilted by the other, that I might now sacrifice myself for him. His people say they will fix things so I will get along. He is 28 years old, and I am 24. What is your advice? Thanking you, I remain

TROUBLED.

A—If you have reached the age of thirty-nine, I wonder that you are not married. I wonder that you are not married to such a man who means constant misery. Your letter to me answers your own questions very fully. I think, and I certainly agree with you, that if a man does not forego his bad habits before marriage he is less likely to afterwards. It would be taking a terrible risk, and although his parents may be kind to you they cannot guarantee the marriage.

To my mind the very best way is for him to leave your home and to break your engagement if one exists.

**The Birthday Calendar**

**JANUARY 21**

IF THIS IS YOUR BIRTHDAY  
Be careful of your letters; they may bring down trouble on your head. You will have up and down in the following year, and it will be better to keep your own counsel, for friends in whom you have confidence will be rather flighty in disposition, but will have the advantage of being able to tell you of their friends. Their talents will be artistic and constructive, and their greatest fault will be lack of perseverance.

**Easier to Carry.**  
A man moving from one house to another was carrying a grand old clock. Another man met him and said, "Say, stranger, why don't you buy a watch?" White Swan Yeast cakes are like the watch. They are not so large, but they do more and do it better than the clock-sized ones. Send for free sample. White Swan Yeast & Cereal Co., Ltd., Toronto.

**SLICING THE GROCERY BILL.**  
That's what many a housewife will find herself doing if she reads the articles written for The Advertiser by Mrs. Alice P. Norton—and practices them! Mrs. Norton's talks will save money, time and nerves for any woman whose work is in the household.

When the flesh is bruised it should be bathed freely and at once with very hot water. This will prevent congestion and the ugly discoloration.

## SUFFRAGISTS "HIKE" TO CAPITAL NEXT

"Gen." Jones and Squad Plan a Second Journey Afoot.

Fresh from her triumphant "hike" to Albany, it is little wonder that Gen. Rosalie Jones is making extensive plans for another walking trip to Washington, to attend the monster suffragist parade which will take place on March 3. The militant force which Gen. Rosalie will assemble will start from New York City and walk to Washington. The names of the volunteers have not been divulged yet. Rosalie's suggestion of a "hike" is a costume for this event, it is said, includes bloomers under a short skirt, high shoes, and a brown coat. The idea of the "petticoat cavalry" is making a great hit.

## Apple Recipes

Scald some apples till they pulp from the core, and then take an equal weight of large lumps of sugar and dip them in the water, boiling it till it is a thick syrup and can be well skimmed. Add the pulp and simmer it out of a quick fire for a quarter of an hour. Before the mixture is boiled, add a little lemon peel.

**Red Apples in Jelly.**  
Pare and core some well-shaped apples, pippins or golden reinets if possible, but any kind answer the purpose. As you pare them and throw them into water and then in a preserving pan with just enough water to half cover them. Let them cook and when the lower side is done, turn them. They must not be too closely together. When ready put them on the dish on which they are to be served, with the stalks downward.

Make a jelly of the water in which they were boiled, with sugar; add the thin rind and juice of a lemon. When it is cold, pour it over the apples, decorating it with lemon peel cut in narrow strips.

**Apple Trifle.**  
Scald a sufficient quantity of apples, to form a thick layer at the bottom of a dish, and then through a sieve. Add sugar to taste and half the rind of a lemon finely grated. Mix together half pint of milk, half a cup of cream and the yolk of one egg, and scald it over the fire, stirring it all the time and not allowing it to boil. Add a little sugar, let it get cold. Pour it over the apples and cover the whole with whipped cream flavored with vanilla.

## GIRL LEADER IN BIG STRIKE

ROSE SCHNEIDERMAN, who heads girls' division of the New York garment workers.



**Paper Napery in Place of Linen**

Since Japan has come to the front there is scarcely a household in which the influence of the eastern nation is not felt in some way, great or small.

Its greatest contribution, the Japanese table napkin, has been used in a spasmodic fashion for some number of years. Now it is coming into its own and is rapidly ousting the linen so prized by former housekeepers, into the background.

Paper napery has certainly had a hard fight before it was received into general favor. The schoolgirl taking her lunch to school and the small restaurateur have just managed to keep it alive. But suddenly the housewife has awakened to its advantages. The steam laundry has wrought havoc on fine linen, and the housewife, in order to avenge herself, has invested in a package of paper serviettes, and even tablecloths.

The scarcity of servants, the week-end habit, and the flat craze have all sorts of excuses. It is used now extensively, and its manufacture is increasing in leaps and bounds. For breakfast and for the children's meals nothing is better than a paper tablecloth. It is not ugly, and neither does it look cheap. The new paper cloth is of a very soft texture, smooth, and damasked patterned.

Paper towels are also used in many public schools. Doubtless they will soon be improved, and great popularity is certain to await them, for, in addition to their small cost, entire sanitation and cleanliness can be added efficacy and pleasant feeling, and the harassed housewife will gladly welcome such a lessened burden to her laundry worries. Simultaneously, and are used in many hospitals. For travelling they are especially useful.

**IN THE NURSERY.**  
The best covering for a child's play-room is a cocoa matting, which can easily be taken up and shaken twice a week.

Barley and lime water given to a baby strengthens it and helps to make it digestible. It also renders the milk more easily digested.

It is an excellent plan to put a piece of white oilcloth under a child's plate. It can be wiped after every meal, and saves the tablecloth.

Hair pillows for baby's cribs or carriages. They can be washed in the hottest of water and dried by artificial means and no damage is done to them.

**SHILOH**  
quickly stops coughs, cures colds, and heals the throat and lungs. 25 cents.

## REAL SIAM PRINCESS IS MINISTER'S WIFE.



Princess Traidos Prabhondh. She is the wife of the new minister to the United States from Siam, and has just come over to start housekeeping at Washington. She is a real, sure-enough princess, and has all kinds of blue, tan, champagne, cream. On sale ..... 35c

## FASHION NOTES.

Colored gloves are to be much worn. They are shown in almost every color in which afternoon gowns and street suits, are made in all shades of red and blue, in green and every variety of tan and brown. For evening wear both suede and glass gloves to match the gown, stockings and slippers are shown.

White lace kid gloves, lined with pink or blue kid, show heavy real lace, in a turned back cuff over the colored lining.

Black and white gloves are also smart. Heavy white stitching shows on the back of black lace kid gloves, which have big, white-rimmed, black crepe de chine cuffs, and which show a cluster of white kid at the wrist. White street gloves on the other hand, show black stitching, a black wrist facing, and black rimmed white pearl buttons. Black gloves with a pink or blue wrist are also in evidence.

## NEW PETTICOATS.

Have you noticed the lovely petticoats made of white crepe de chine. They make fascinating handwork for leisure moments.

Purchase crepe de chine of a good quality and cut it over a pattern you have found to be satisfactory. Fit it smoothly over the hips and stretch up the seams by hand, making a French seam.

The full, fluffy flounce is a thing of the past, so the flounce fashioned for the crepe de chine petticoat is almost flat. Just enough fullness is allowed to make it lie straight.

Use wide lace with a scalloped edge for the flounce and stitch it to the petticoat. Gather inch-wide white satin ribbon through the centre, making a quilling, and with this finish the top of the flounce. With a cluster of small pink roses catch up the flounce at the left side.

Detachable flounces may be made for the same petticoat. These are attached to strips of crepe de chine on which buttonholes are worked at intervals. The corresponding buttons are sewn to the petticoat and the flounce is changed to suit the owner's fancy. Crepe de chine, of course, is the figure. Therefore, evening gowns fit perfectly when worn over a petticoat of this material.

## USEFUL SHELF FROM A PACKING CASE.

Shelves are very convenient things to have around the house and packing cases are rather cumbersome. Therefore persons having packing cases and needing shelves can easily get rid of an incumbrance and provide a great convenience by sawing through the box in the manner shown. The shelves can be put up in either of the two ways shown in the sketch.

**SAID OF WOMEN.**  
The woman that deliberates is lost.—Addison.

Women, like princes, find few real friends.—Lytleton.

Her voice was ever soft, gentle and low—an excellent thing in woman.—Shakespeare.

Her children rise up and call her blessed.—Old Testament.

So well to know what she will do or say, seems wisest, virtuous, discreet, best.—Milton.

**TAKING THE LID OFF.**  
The little rings that are set in the tops of cheap tin buckets and kettles to be used as handles continually pull out or come off in other ways, leaving the lids without handles and very hard to manipulate. This trouble can be overcome with a small screw-eye and a strong cork. The screw-eye is inserted through the hole in the top of the kettle and screwed into the cork.

Keep the babies out in the air as much as possible. A fly with its germs or a burning ray of the sun upon an unprotected head may undo all the work of months in laying the foundation of perfect health for your child.

A woman who traveled a great deal finds that a green eyeshade is a great convenience. It enables her to sleep when there is a glare from the lights, and it can be used for reading when the lights are not arranged for comfort. It is very easy to carry and will prevent many headaches and sleepless nights, she says.

## Drygoods Kingsmills Carpets

**Silk Striped Crepes and Voiles**  
40 inches wide, silk striped, in self colors. Pretty shades of mauve, sky, reseda, tan, brown, white, cream and black.

**Bordered Voiles**  
Full 46 inches wide. Pretty borders of gold, silver or white on dainty shades of sky, Copenhagen, mile, gray, also black.

**75c Yard Fabric Silks, 35c**  
40 inches wide; will wash perfectly; self-striped, in shades of gray, navy, sky, tan, champagne, cream. On sale ..... 35c

**50c Wool Challies To Clear, 30c**  
A great variety of colorings both light and dark shades. Very neat patterns. These are excellent 50c yard values. On sale to clear ..... 30c

**ON SALE THURSDAY, 49c**  
SEE WINDOW DISPLAY.

**Kingsmills**

**It Pays to Think**

Our advertising is not done to sell drugs and medicines to you—and no more. We advertise merely to bring you to our stores, where you can see and examine and think for yourself. We rely on the judgment of our patrons to decide for themselves whether or not they get value for their money.

**PERCIVAL, 344 Richmond Street, Phone 1261.**  
**LISTER, Wortley Road, cor. Craig, Phone 1920.**  
**OMOND, 468 Dundas St., Phone 1429.**

**THE PROGRESSIVE DRUGGISTS.**

**Each and Every 5—Pound Package of Redpath**

**Extra Granulated Sugar contains 5 pounds full weight of Canada's finest sugar, at its best.**

**Ask your grocer for the Redpath 5—Pound Package.**

**CANADA SUGAR REFINING CO., Limited, Montreal.**

**Katherine Leslie's Home Chat**

**THE TAILOR'S POINT OF VIEW.**

"There are two things in which we beat the English," said the tailor, as he replaced the tape measure about his neck. "In boots and shoes this side of the water is unsurpassed. This is unquestioned even by the English themselves. Then in the matter of women's tailoring we excel. The English tailor is supreme in the cut and fit of men's clothes. But not in women's suits. The trouble is that he does not get the shoulder line. He contracts the chest and makes the waist thin." The tailor was right. One will do well to avoid suits cut on such deplorable lines. The fine line of the shoulder, the easy fit over the bust, the snug, well-fitting collar, the well-hung sleeve, we recognize all these at a glance, as well as the fine curve of the semi-fitting back. But even on this side of the water how few are the tailors who give us these essentials for a reasonable price!

"There is another thing," said the tailor after a pause. "If I say so, madame, ladies are unreasonable. They complain of their suits not looking smart after one season's wear, perhaps they declare that they dislike their skirts lose their shape and the coats their lines. They cannot understand why this should be so, and they blame the tailor. Now, madame, I put it to you squarely, what would a man's suit look like if he kept wearing it three months, six months, a season, two seasons, without pressing? Would his clothes look as if they came from the tailor's shop? A woman's suit should be sent to be pressed—or she should press it herself. I interpolated—just as often as a man's. I have one customer whose suits are always an advertisement for me. Ladies come and say, 'Make my suit as smart as Miss M's. Her suit is perfect and always keeps its shape.' Why is this? Miss M. has an arrangement with me to press her suits. The result is that her suits are always fresh and smart. And I must say that she puts her things on properly, has a carriage of

the shoulders and an air that would give distinction to any clothes. Pressing your clothes pays, madame. It costs little, and in the end it is the cheapest and best thing to do." The tailor had other things to say of the unreasonableness of women, but of this more later on.

Grease in the sinks in a very prolific cause of disease. It cannot be accumulated from dishes and utensils, and when small bits of vegetable matter adhere to it a shelter is given to mischievous bacteria. Besides, grease will clog the drain and become a menace and an inconvenience. The surest and simplest cleansing agent is a strong solution of washing soda and boiling water. This should first be scrubbed with soapuds, and the hot solution then dashed over the drain. This cleansing should be done at least once a week.

**A Life-Time Experience**

Has led me to believe that I sell the best piano, The Martin-Orme. Be this as it may, I can save you a considerable sum of money when you buy Martin-Orme Pianos in many styles may be heard under ideal conditions in our parlors, and your visit will be appreciated. Belt cars almost pass the door.

**Callaghan's**  
613 Wellington Street  
N.B.—First Door North of Victoria Park.

**Silver for Service**  
When purchasing silver you are sure of dependability and beauty if it is  
**1847 ROGERS BROS.**  
This brand, known as "Silver Plate that Wears" assures long service because it is the heaviest silver plate. Look for the trademark. Sold by Leading Dealers.

**HOUSE Cleaning**  
IS WONDERFULLY SIMPLIFIED & LIGHTENED—QUICKLY & EASILY ACCOMPLISHED  
**Old Dutch Cleanser**  
Full directions and many uses on Large Sifter-Can.

**Fry's Cocoa**  
Purest and Best Value  
**Comfort Soap**  
It's All Right

**Daily Menu**  
BREAKFAST.  
Oranges.  
Cereal. Cream  
Bacon. Tea.  
Toast.  
DINNER.  
Clear Tomato Soup.  
Stewed Veal.  
Potatoes.  
Deep Pie.  
Cate Noir.  
SUPPER.  
Macaroni and Tomatoes.  
Preserved Peas.  
Hot Gingerbread. Tea.  
The London Advertiser.

Veal Recipe.—For four persons take two and one-half pounds of leg of veal, set in a frying pan, with a tablespoonful of butter, and brown on all sides; season with salt, pepper and paprika. Then set in the stew pan with two cupsful of water and the butter in which it was browned. Pour over it one cupful of tomato and slice over it one onion, one carrot, and throw in part of a bay leaf. Cover, let simmer, and brown for three hours with the fire very low. Now take a small package of wide noodles, boil in salted water until tender, strain and fry in butter. Get ready three-cornered pieces of buttered toast, set your veal in the middle of a large chop platter, set the toast around it, and put little heaps of fried noodles on the toast. Make a thick gravy of the remainder of the substances in the stew pan by adding a little water and thickening. Serve plain boiled potatoes with this and cover with gravy.

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