

COLUMBUS

We are now occupying the premises, 166 and 168, Water Street, where we are showing a full new line of Rubber Footwear, from the Columbus Rubber Co., including the well-known

"COLUMBUS VACQUE BOOT."

We are exclusive distributors in Newfoundland for the Columbus Rubber Co., Ltd., of Montreal

J. B. ORR CO., LIMITED

dec27, w.t.

Child Welfare Association.

SECOND ANNUAL REPORT.

This, the second annual meet of the Child Welfare Association ends a most successful and encouraging year. The results achieved by the different branches of the Association are most satisfactory and prove that the efforts of the workers are falling on fruitful ground. The first years of an enterprise are the most trying—the foundations have to be laid—obstacles overcome, and obstacles that seem impassable dealt with tactfully and patiently. As the following report will show the Association is gaining the confidence of the mothers whose children it aims to assist, and the co-operation of a generous public in this common cause for the good of suffering humanity.

THE EXECUTIVE.

The members of the Executive body are the same as last year with the exception of Miss Eleanor Barnes whose place has been taken by Mrs. Angus Reid, and the Secretary, Miss Mary Ryan, whose office is being filled by Miss Mary Doyle. There were eight Executive meetings held during the year, at the Southcott Hospital. These meetings were well attended—as were the General Meetings in Grenfell Hall.

FUNDS.

At present the Association is rather short of funds. As the work of the Association expands, the demands increase, and ways and means must be discussed by which to raise funds for the coming year. In the early part of 1922 his Excellency the Governor presented the Association with \$250.00, being a sum sent him from the St. John Ambulance and Red Cross Societies. This amount has been invested in Canadian Victory Bonds. The Presbyterian School children continue their tri-annual donation, being the sum of one cent brought by each child every Friday during the term. The Association is grateful for the generosity of the little ones, and asks that the children in the other schools follow their example. It means very little from each child but the total is well worth while. We feel sure that every girl and boy would be only too willing to help some little less fortunate than him or herself. The sum of \$350.00 was donated in amounts of \$25.00 originating from a suggestion of J. B. Orr, that he would head the list with this amount if nine others would follow his example. The appeal was successful and the following are the names of those who generously responded:—Mr. J. B. Orr, Wm. Neal, Hon. Tassard Cook, Lady Winter, Capt. J. H. of 28 s. week. The mothers are be-

Beans and Green Peas!

Overstock of best quality Baking Beans specially reduced to clear.

Best Large White Kidney Beans, 5c lb. 14 lbs. for 60c.

Best Small White Kidney Beans, 5c lb. 14 lbs. for 60c.

Small California Pea Beans, 5c lb. 14 lbs. for 60c.

California Green Peas, 7c lb. 14 lbs. for 90c.

C. P. EAGAN,

2 Stores:
Duckworth Street & Queen's Road

Dwyer (Halifax), Mr. Thorburn MacNab, Anonymous, Mr. Herbert Outerbridge, Hon. S. K. Bell, Sir John Crosbie. We are also indebted to the following for donations:—The St. John's Amateur Baseball League, part proceeds of Baseball Match.

Mr. P. E. Outerbridge, proceeds of a dance in the Prince's Rink.

THE M.G.B., C.L.B., C.C.C. Bands for the proceeds of concerts held in Bannerman Park.

The sale of Xmas Stickers brought in the sum of \$900. The Association wishes to thank the stores and banks for their co-operation in permitting these to be sold on their premises.

The Daughters of the Empire very generously donated half the proceeds of their Tag Day to our Association, for which we wish to express our sincere thanks.

CONTRIBUTION BOXES

Contribution Boxes have been placed in the different shops and by this means we hope to collect small sums. Our grateful thanks are also due to Sir Joseph Outerbridge for the very handsome donation of \$250.00 on the occasion of his 80th birthday.

THE HEALTH CONFERENCE.

The Health Conference which was held in July was a decided success and the number of children who were brought for examination far exceeded our greatest expectations. Our thanks are due to the city doctors and the nurses who gave their time during the Conference. Two hundred and thirty-nine children from 1 to 10 years were examined, and while sixty-five were passed as in perfect health—the majority are in need of medical attention. Many require minor operations and a few more serious ones.

In many cases malnutrition had undermined the health of these children, and neglect and ignorance aggravated this condition, making little bodies helpless and without stamina to resist the onslaught of disease. In looking through these reports the need for a Children's Hospital becomes more and more evident—but at present that seems far beyond our reach, we must concentrate on the further success and growth of THE CHILD WELFARE ASSOCIATION.

SEWING COMMITTEE.

This branch of Child Welfare is capably looked after by Mrs. R. B. Job. It is now self-supporting and the articles which are sold at the Thursday Clinic for cost price are in constant demand and are greatly appreciated by the mothers.

CLINIC.

The attendance at the Thursday Clinic is gradually increasing. The attendance now being on an average of 28 s. week. The mothers are be-

ginning to realize the advantages that the Clinic offers—and to show their interest and appreciation by bringing the babies regularly to be weighed and examined. Miss Hurst has also started an evening sewing class—to teach the mothers how to cut and make suitable garments for the babies. Most of these are made from discarded clothing, but the demand is greater than the supply, and Miss Hurst would be grateful for any articles of clothing sent to the Community Nurses' Home, 268 Duckworth Street. Practically any garments are of use—but flannel especially so. Dr. Fallon has very generously given his service of these Thursday Clinics, to whom our grateful thanks are due. Dr. Wilson has kindly consented to give her services from now on.

VISITING COMMITTEE.

Mrs. Scully for part of the year was Convenor of the Committee, but her duties have now been taken over by Mrs. Angus Reid. Visits are confined chiefly to the mothers who are nursing their babies, and there are kept supplied as far as possible with soup, milk, custards, and other nourishing food to enable them to continue breast feeding. There are several voluntary workers in this connection, but as the winter months are those in which the pinch of poverty is most keenly felt, there are a greater number of houses to visit, and anyone who could devote a little time to this charity would be most welcome if she would make known her desire to Mrs. Reid.

THE COMMUNITY NURSES.

There are at present three nurses on the staff. Owing to illness Miss Lacey has been forced to resign. Miss Cunningham who was in charge of this department resigned in the early autumn, and the Association was very fortunate in securing the services of Miss Elsie Hurst. Miss Hurst was recommended to us by Miss Laura Holland of the Department of Public Health, Toronto; is a graduate of Gloucestershire Infirmary and Eye Institute, Gloucester, holding a Health Visitors' Diploma at Battersea Polytechnic, London Hospital, which is under London University. Miss Hurst has had wide experience in work connected with Child Welfare, having served in this connection in England and Canada, and has had the most valuable experience of having organized and worked Child Welfare Centres in the war areas of Czechoslovakia. Miss Hurst and her two assistants, Misses Squires and Parsons are indefatigable in their efforts to carry out their duties to the fullest extent and their work is deeply appreciated which fact is evident from the confidence the mothers have in them, placing the entire well-being of their children in their hands. These nurses are not by any means sufficient for the amount of work in a community of this size but at present our funds do not permit any improvement in this matter.

MILK STATIONS.

During the past year the Milk Stations have been looked after by Mrs. Leonard Outerbridge but now have been taken over by Miss Hurst, the Public Health Nurse. It was decided at a recent Executive Meeting to discontinue the Milk Station at Harvey Road as the expenditure was not justified by the results. It was also decided to reduce the wages of the assistants at the two other milk stations.

APPEAL.

Our country like most others in the world is suffering from the after effects of war. Unrest and unemployment making conditions already difficult—doubly so. Whether for a world of strife and discontent or for a world grown peaceful—the children of today must be given a fighting chance to face that world. "Knowledge is power," and though slowly yet surely, knowledge of disease and prevention thereof is being acquired in the homes of these our future men and women. Though inspired by noble deeds and with the most willing heart in the world no individual can accomplish much. Co-operation is necessary and an active interest from every citizen of St. John's. Do it nothing to you—let ye who pass by! That daily little children are in need. That the hunger and cold that are strangers to you are the common lot of many helpless mites. Become an

active member of THE CHILD WELFARE ASSOCIATION—No matter how little you do—no act goes unrewarded, and helping a less fortunate fellow human being—let yours be the cogwheeling thought of a kind act well done—a burden lightened—a good deed well done.

MARY DOYLE,
Hon. Secretary C. W. A.

FINANCIAL STATEMENT.

Dr. Cash Account.

Receipts.

To balance 1st January 1922	\$1,018.90
balance from last W.P.A. and Red Cross Collection	337.95
Contributions	3,188.00
Fees	211.00
Health Conference Week	\$129.87
Baseball League	
Dance, Prince's Rink	41.17
C.C.C. Band Concert	65.07
Gross Profits	803.18
Stickers from boxes	9.04
Tasker Masonic Lodge	50.00
Special performance "Billeted"	100.00
Sale of Milk, Prince's Street Station	737.00
Sale of Milk, Harvey Road Station	678.07
Sale of Milk, East End Station	156.85
Sale of Milk, E.E. Modified	86.10
Sale of Milk, Harvey Rd. Modified	150.65
Interest on Savings Account	50.30
Less Interest accrued on Dominion of Canada 5 1/2 p.c. Loan paid to Transferor	17.71
	32.59
	\$8,153.11

FROM 1st January, 1922 to 31st December, 1922.

Payments.

By rent and attendance at 3 Milk Stations	970.00
"Milk for Prince's Street Station	1,104.59
"Milk for Harvey Road Station	549.87
"Milk for East End Station	428.04
"Harvey & Co. for Modified Milk	316.80
"M. H. O. Nurses' Salaries	1,000.00
Printing and Stationery	64.25
Stamps and Telegrams	8.35
Hire of Hall on 3 occasions	12.00
Miss Hurst, Community Nurse	323.32
Travelling expenses, Miss Hurst	31.55
Nurses Uniforms	60.00
Gas and Oil	44.53
Plumbing, Carpentry, etc.	9.60
Stickers expenses	
Purchase	100.35
Envelopes	6.20
Express on Stickers	2.72
Balance at Bank	593.74
Interest on Dominion of Canada 5 1/2 p.c. Loan due 1924	\$250.00
Cost	2,522.50
	\$1,116.24
	\$9,159.11

We have audited the above Account with the Books and Vouchers and certify that in our opinion they are correct.

G. N. READ SON & WASTON,
Chartered Accountants, Hon. Auditors.

HEALTH AND MATERNITY REPORT.

Lady Allard, President, Members Child Welfare Ass'n.—

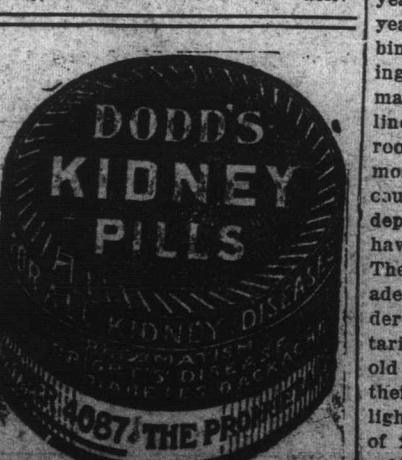
I have been asked to give you a short resume of the work at the Midwives' Club during 1922. The object of this club is to spread useful knowledge of health matters amongst our people through the Maternity Nurses who visit the homes. Much has been done to improve the health of expectant mothers through the Prenatal instruction (for care before the birth) through the efforts of these nurses who begin their preparation for the confinement as soon as they are engaged for their cases, by enlightening the mothers with common sense talks in personal hygiene, dietary, exercise, clothing, etc., and helping to prepare the necessary things for the lying-in period such as preparing surgical dressings, etc., that will ensure a clean and safe confinement. I have been told by some of the city doctors that through this work conditions have improved 100 per cent, we have also concentrated on increasing breast feeding amongst the mothers by special instruction in mental and physical preparation for Lactation.

These nurses are doing their best to interest the fathers, whose influence is very desirable, so that better conditions may be had for nursing mothers by lightening the tasks, especially in the tenements where many mothers endure hardships that should not exist due to bad housing, congestion in family life, etc., and having to carry water and coal up stairs and sometimes three flights of stairs. The Midwives make two visits a day, during lying-in period in the morning and fix things up generally in the evening to make them comfortable for the night. Any case where the husband is out of work and they have no visible means to pay for the necessary nursing these women have given their services free. These cases are reported to me and I have been helped by Major Butler in placing them in a position of earning ten or twelve dollars a week which solves their problem for the time being.

During this autumn and winter as many of you are aware there has been much poverty due to unemployment, and immediately positions are gotten for the fathers, everything in the home life of these people takes on a new aspect. During the time preceding Christmas, clothing was a problem to many as well as food and fuel. Fortunately several good friends came to our aid and we were able to make many comfortable.

In several of the places I visited there were expectant mothers with whom I had to remain in bed to keep themselves warm until succour was brought them, many toddlers going about in the cold without shoes or stockings on their feet and hardly enough to cover their bodies which accounts for a good many of the children's ailments.

Mr. Harold McPherson kindly gave us some new shoes and stockings for toddlers in one home where there were seven little ones, who were roaming the hills and in time would succumb through these wretched conditions. Lady Crosbie generously provided some second hand clothing for another extreme case, an expectant mother, Mrs. Angus Reid sent us a nice large parcel of old linen which was distributed amongst several women for delivery.



eries where there was no provision made. The Midwives themselves also contributed generously with parcels of clothing and food for needy cases. Before his departure, we received from Sir Charles Alexander Harris, for Lady Harris, who as you know was especially interested in this end of the work, (the training of the Midwives) a contribution to furnish five Maternity bags; these bags are for use only where mothers are too poor to provide the necessary thing for confinement and are the property of the Midwives Club, to be returned as soon as the mother is convalescent.

In September last I thought of extending our work to the teaching of Adolescents, and through the Midwives, girls are being shown how to bathe the baby, dress and care for it and in many ways learn how to help mothers after the nurse discontinues her visits. They are reaching out to the girls and boys also by giving the mothers some new and helpful thoughts in dealing with them at this period of life. Several talks were given on this subject when we reopened in October. I should like just here to say how splendidly these women have responded to the call for better Maternity nursing, the lectures have been well attended much knowledge absorbed and applied. An examination both written and oral was held in June and another in August, and thirty-six women passed the Newfoundland Midwives Board Examination conducted by Dr. Lena Wilson of the General Hospital staff. I regret to say that up to the present they have not received their certificates, which I trust will be forthcoming in recognition of the splendid response which they have made to improve their knowledge of Maternity nursing both practically and theoretically.

Since the success of a nation depends upon its health and that health upon condition to maintain it, we cannot have too many helpers to spread the knowledge necessary for mental and physical development. With Kipling may I say "It's not the individual or the army as a whole. It's the everlasting team work of every bloomin' soul."

I would ask then your earnest support of these women who have come forward quite voluntarily to learn how to do things in the best possible way for their sisters during that most important period of a woman's life MATERNITY.

BEVELYN CAVE HISCOCK,
President Health and Maternity Movement.
Jan. 15th, 1923.

Newspaper Employees.

(Toronto Mail and Empire.) In its last issue before suspension of publication, the Chatham Planet printed a farewell address to the people of Chatham and Kent County. The Planet has sold out to W. J. Taylor, of Woodstock, who also bought the Chatham News and will continue publication of the latter. The editor of the Planet, Mr. Sydney Stephenson, has grown old in the arduous and not very profitable business of publishing a small city daily, and on his staff he had many faithful helpers of long periods of service. In a time when businesses change so rapidly, when employees come and go, and when the world passes along at so furious a rate, it is refreshing, in one sense, to see such faithfulness as Mr. Stephenson had gathered into the Planet office. One business office employee had been with the Planet for 52 years, the machine repairer 40 years, one of the job plant men 40 years, a bindery worker 37 years, the bindery foreman 33 years, the printing superintendent 30 years, the press man 30 years, the editor 17 years, a typesetter 14 years, a press room helper 13 years, and so on. Almost every newspaper in Ontario counts among its employees heads of departments and others whose lives have been virtually devoted to it. The newspaper calling does not give adequate reward for the services rendered. The small city dailies of Ontario, and many of the weeklies, have old employees who are, really, past their usefulness, but who cannot be lightly cast off, because their lifetime of faithful service does not allow of cold treatment of them.

How does Your Office Look?

Just a little "off color" after the wear and tear of a strenuous business year?

That won't do! Your Office Must look spick and span and—prosperous.

Efficiency in business demands perfect equipment, we supply it.

For large or small offices we carry Desks, Phone Tables and Chairs, Typewriter Desks and Chairs, everything necessary to make business run along on well-oiled wheels.

Let us give you an estimate for your office equipment. Our stock is one of the finest in the city.

U. S. Picture & Portrait Co.
St. John's.

We've Rubbers for Everybody



This is the season when wise people wear rubbers. We have a large assortment of Rubber Footwear of all the well known styles and shapes at low prices.

MEN'S BLACK STORM RUBBERS	1.25, 1.45, 2.00
MEN'S BLACK LOW RUBBERS	1.15, 1.75, 2.00
MEN'S HEAVY DULL RUBBERS	2.00
MEN'S TAN RUBBERS	1.15, 1.25
WOMEN'S STORM RUBBERS	1.15, 1.25
WOMEN'S TAN RUBBERS	1.10, 1.70
WOMEN'S LOW CUT RUBBERS	1.15, 1.25
(medium, high and low heels.)	
WOMEN'S LOW RUBBERS, medium heel	.50c. pr.
CHILD'S STORM & LOW CUT RUBBERS	@ 85c. pr.
MISSES' STORM & LOW CUT RUBBERS	@ 97c. pr.
CHILD'S TAN & WHITE RUBBERS (4 to 10)	@ 1.00
MISSES' TAN RUBBERS (11 to 2)	@ 1.15
BOYS' STORM RUBBERS (1 to 5)	@ 1.30, 1.55
YOUTH'S STORM RUBBERS	@ 1.10, 1.15, 1.25

ALL HIGH GRADE MERCHANDISE.

Parker & Monroe, Ltd.

Jan 12, f.s.m.w.t.f.

This Month's Clearance

will show you that we mean to hold your good will. Our UNDERWEAR is heavy and every garment is the top notch of value.

LADIES' FLEECE-LINED	65c, 85c, 95c, \$1.00
CHILDREN'S FLEECE-LINED	35c, a Garment
BOYS' FLEECE-LINED UNDERWEAR	65c, a Garment
COTTON BLANKETS, Large Size	\$2.75 Pair

COME IN AND LET US SHOW YOU THESE.

BON MARGHE.

Jan 5, f.f.

Forty-Four Years in the Service of the Public—The Evening Telegram

des Mine Coal in Frozen

THENBURG.—One hundred and five Swedish coal miners have been sent off from the world's most northern coal mine, at a point on the Arctic Circle, in the island of Spitzbergen, in the Sea of Greenland. The miners will not again appear on the horizon until next April. They have plenty of supplies and food, and their camps are lighted by electricity. The Arctic night is the longest in the world, but the miners are not tired. They have their own radio station, and their company for which they were shipped 72,000 miles, is now being moved until the next summer. But again in the spring, the supply is limited, but the miners are now being applied to a new method of working, the way from the ships to the mining is in common use, and the coal is now being shipped to the coast. But the miners are now being applied to a new method of working, the way from the ships to the mining is in common use, and the coal is now being shipped to the coast. But the miners are now being applied to a new method of working, the way from the ships to the mining is in common use, and the coal is now being shipped to the coast.

CZEMA

DON'T NEGLECT a COUGH or COLD

Changeable weather of the year when the cold, people as a rule, call a "Cold" generally will attack the throat. A cold should be reached the chest and you may find it

FOR ON REDUCED FOR "CO

Cathartine, Aspirin Tablets, Oil of Eucalyptus, (in 1-oz. bottles), Laxacod Tablets, (This latter if 48 hours).

FOR "Cough Drops, Cough Drops, Throat Ease, Evans' Pastilles, Nyal's Pastilles, Parafarmic Loz., Throat Gargle.

FOR "White Pine & Tar, Cherry Cough Cure, Cherry Balsam, Ames & Turp., Angier's Emulsion, Gyp Tar & Oil, HORATONE Coughing and selling the and guarantee same old. Price

COL

For Coughs which are something containing a real good Emulsion. Reg. Price. Any of the

STAN

Duckworth Street