now depend for sub-istance, for on

almost impassable, or guste of wind

of bark of pine trees, which she dex-

done by the ichabitants of Siberia.

so impenetrable that Eliz beth, no

longer able to discern the road, and

stumbling at every step, was obliged

slone in this dreadful weather?"

thought will kill me : separated for-

One of these tempestuous hurri-

Many persons cannot take plain cod-liver oil.

They cannot digest it. It upsets the stomach. Knowing these things, we have digested the oil in Scott's Emulsion of Codliver Oil with Hypophosphites; that is, we have broken it up into little globules, or droplets.

We use machinery to do the work of the digestive organs, and you obtain the good effects of the digested oil at once. That is why you can take Scott's Emulsion.

soc. and \$1.00, all druggists.
SCOTT & BOWNE, Chemists, Toronto

A LEGEND OF CHRISTMAS EVE.

As a Child, the world's Redeemer, Clasps His Mother's hand to-night, And His infant brow is shining With that radiance, softly bright, Making once in Bethlehem's stable Cold and darkness fire and light.

As a Child among the children
Of His Father's House he stands When the Christmas trees are kindled .By the busy angel's hands; Swiftly on glad mission speeding, To and fro, the white-winged bands

Echoed through the courts of heav Sound of unchecked childish mirth, Keeping with a soft-voiced clamour, Holy day of happy birth When a Child to win man's loving, Came the Lord of heaven to earth.

Stands His tree among the others, Tall and strong and very fair; Sweetest scent of earthly forests Filling all the heavenly air, Lifting, as it were, in incense, Grateful earths adorning prayer.

But scarce lighted are the tapers On the Christ-Child's cross-bough

And the angels, as they pass it, Scarcely seem to want to see Through the myriad lights that sparkle Like the sun upon the ses.

And the host of little children, Happy-Hearted, scarcely mark In the light of Jesus' smiling That His tree alone is dark ; That where lights should burn Shineth but the tiniest spark.

Till one little soul that nestling Lovingly at Mary's feet-Finding thought of earthly mother In her hand's caresses sweet-Questioning words of childish

Doth with greiving heart re Why hath none our Lord's tree light-

Soft he spake, unafraid.

Then unto him Mary answering:

"Tender heart be not dismayed,

Though thy tree like star be gleaming,
And my Son's seem dark with shade.

" All thy tapers God's dear angels Set with heavenly love aglow, But the flames my Son's to kindle Must be born on earth below, Must ascend from sach soul's altar

Bought with love so long ago, " Every thought of Him uprising From a loving human heart Swift shall make dark-seeming t Into golden shining start;

So He wills his earthly brothers In His Christmas shall have part. " Every kindly thought for others. Every loving action wrought, Every sigh of soul's contrition, Shall with kindling fiame be fraug

And the burning candles symbol

Earthly love in deed and thought. "Lonely were my Son in Heaven, And His heart unsstisfied,

Did to-night amid earth's gladness Rise no thought of her that worsh

ped Bethlehem's manger straw beside "Royal gifts to men He giveth, And his angels on them wait; But the Lord of men and angels Choose the very humblest state, And in lowliest heart that loves Him

Seeks His own loves's thirst to sate "So He cometh that of angels Light to 'night His Christmas tree, Heavenly service for his brothers. For Himself earth's charity; And the brightness of His Christma

Measure of earth's love shall be." On the Christ-Child's tree the tapers With a glow, e'er deep'ning shine-Prayers of grateful heart ascending Sin o'erthrown in some souls shrine Loving thought in noble action

Grown more like to love divine. Then the Christ-Child, smiling softly, Gazeth in His Mother's eyes, Listening to the angels's singing Sounding through the star-lit skies Gloria in Excelsis Deo'—

As of Lord the strong words rise. With the song of angels mingling Earth's glad Christmas harmony, And the peace of God descending In hearts warm with charity, While far down the streets of jasper Shines the Christ-Child's Christm

-Catholie World.

A LONG LIST!

This Whole Column Would not Contain the Names of the Many Prominent Ministers, Members of Psrliamentand Professional Men all over this Continent who Have been Cured of Catarrah by Dr. Agnew's Catarral Powder—It Gives Relief in 10 Minutes.

Volumes of testimony have been written of its curative powers. Catarrh is an aggravating malady, insignificant beginning—a little cold in the head—neglect it and soon you're in its thrall. Eighty in every hundred have the taint. Dr. Agnew's Catarrhal Powder will cure the slightest cold in the head, and cure the most stubborn case of catarrh. "Its action is instantaneous," says one. "I feel it my duty to recommend it to the public says another. "Never got relief until I used it," says another, and so on, Acts like magic and always cures.—Sold by Geo. E. Hughes.

Of slush and mud there's not a trace; The soiled brown earth has gone, And put a clean shirt on !

The Exiles of Siberia.

ROM THE FRENCH OF MME. SOPHI

COTTIN. (From the Catholic Review.)

CHAPTER I-(Continued.) She did not reach Casan till the

middle of October. A strong wind from the northwest had prevailed or several days, and had collected so much ice upon the Volga as to render the passage of that river almost impracticable. It could only be crossed by going partly in a boat and par ly on foot, leaping from one piece of ice to another. Even the boatmen who were accustomed to this dangerous navigation would not undertake it, but in consideration of a high reward, and no passenger ventured to expose his life beth, without thinking of the danger, was about to enter one of their boats, but they roughly pushed her away, declaring that she could not cross of like a shower of ice, so thick that with them in the attempt, Eliz. ill the water was frezen over. She nquired how long this would be. A fortnight, at least," was the newer. This determined her imnediately to proceed-"I implore you, in the name of Heaven," she s If from their sude assaults, she wa exclaimed, "help me in crossing the obliged to dig a hole in the snow, river. I come from beyond Tobolsk, covering her head with large pieces and am going to St. Petersbuig to petition the Emperor in behalf of my father, now as exile in Siberia. and I have so little money that if I m obliged to remain a fortnight at Casan I shall have nothing left for

my journey. This affecting appeal softened the heart of one of the boatmen, who, to stop, She took refuge under a taking her hand: "Come," said he, rock to which she clung as firmly as you are a good girl! I will endeavor to ferry you over; the fear of God and the love of your parents guide your steps, and Heaven will this perilous situation, with her head protect you." He then placed her this boat, which he rowed half way over; not being able to work it farther he lifted Elizabeth on his back, and walking and leaping over With difficulty she tottered round with his perilous situation, with her nead bent down, a confused noise, that appeared to issue from the spot where she stood, raised a hope that a better shelter might be found. the masses of ice, he gained, by the assistance of an oar, the opposite side which had been overturned and of the Volga, where he set her down broken, and a but at no great dis-

dictate, and taking out her purse, which contained now but two row, terms that her grateful heart could which contained now but two rou- and why art thou wandering thus bles and a few smaller coins, offered a trifling reward for his services.

"Poor child," said the boatman ooking at the contents of her purse," is that all the money you have to to St. Petersburg to solicit my defray the expenses of your journey father's pardon." hence to St. Petersburg? Then Nicholas Sokoloff will not deprive von of a single obel! No. rather he will add to your little store; it will denly raised his head from between bring down a blessing upon me," and he threw her a small piece of money, and returned to his boat

for my father, to prove to him that his prayers have been heard, and that a paternal protection has been what has become of me. She can immense forest, through which no that a paternal protection has been extended to me."

The atmosphere was clear and the sky serene, but the keen breezes of northerly wind chilled the ever from my child, I cennot live. air. After having walked for four hours without stopping, Elizabeth's strength began to fail. No human habitation presented itself to her, and she sought shelter at the foot of a she sought shelter at the foot of a is returning to Riga, the place of joy. Suddenly she heard voices, and hill, the rocky summit of which, her abode, will not undertak; the some men issued from the forest. She jutting over, defended her from the of the Volga. Elizabeth knew not what they were. They had lost some of their foliage, but their peauty was not much diminished, and might, but for her exhausted in timid accents, as she presented it state, have given her pleasure. They to the unfortunate exile: "If that ecalled forcibly to her mind the mmense distance which separated his lips the generous hand that was immense distance which separated her from her parents; she preferred the sir, which solated that spot where she had been reared, and which had so frequently yielded which had so frequently yielded shade to the days of her childhood, the separated had forth to succor him and offered the money to the carrier. Like the widow's mite, Heaven bestowed its blessing on the offering. The carrier was satisfied, and took charge of the latter. They did her public assertifies and under which, perhaps, her be

loved parents at that instant reposed These reflections brought tears it relieved the agonized feelings of a nto her eyes. "Oh! when shall I parent, and carried consolation to into her eyes, "Oh! when shall I te again blessed with beholding them?" she exclaimed; "when shall I hear the sound of their voices when return to their fond embraces?" As she spoke, she stowed upon her all the care and stretched her arms towards Casan, the buildings of which were seen in low voice, that she might not be the distant prospect, and above them heard by the exile, "I have nothing the ancient fortrees of the Chams of left to give; the blessing of my Tartary, presenting a grand and parents is the only treasure

In the course of her journey Eliza beth often met with objects which affected her compassionate heart in degree hardly interior to her own distress. Sometimes she encountered wretches chained together, who raising his hands to heaven, threw were condemned to work for life in the mines or to inhabit the dreary coasts of Angare, and sometimes she came across troops of emigrants, who have thus bestowed your all who were destined to people the upon me?" new city, building, by the Emperor's order, on the confines of China; some on foot, and others on the cars of her hair, said: "Sir, you are which conveyed the auimals, poul. going into Siberia, and will see the try, and baggage. Notwithstand Governor of Tobolsk, give him this ing these were oriminals, who had I beseech you, and tell him that

been sentenced to a milder doom, for offences which might have been punished with death, they did not fail to excite compassion in her. But when she met exiles escorted by an officer of state, whose noble mian

called to her mind her father, she could not forbear shedding tears at .. CURE . . their fate. Sometimes she offered TORPID LIVER them consolation; pity, however, CONSTIPATION, was the only gift she had to bestow. With that she soothed their sorrows, SICK HEADACHE, and by a return of pity must she AND DYSPEPSIA.

her srrival at Woldomir all she had was one rouble. She had been AS a laxative, one pill acts perfectly, and if a stronger action is desired nearly three months in her journey cathartic effect is produced by two from Sarapol to Voldomir, but, through the kind hospitality of the pills. In obstinate cases, where a pur gative is necessary, three pills will be Russian peasants, who never take found sufficient. These pills leave no any payment for milk and bread, unpleasant after effect. her little tressure had not been yet One pill taken each night during exhausted. Now all began to fail;

thirty days will cure constipation. her feet were almost bare, and her PRICE 25 CENTS OR 5 FOR \$1.00. ragged dress ill-defended her from a frigidity of atmosphere which had

Elizabeth sends it to her parents already sunk the thermometer thirty He will perhaps send it to them to degrees below the freezing point, show that their daughter is still in and which increased daily. The Your wish shall be fulfilled,

answered the exile, "and if, in those deserts. I am not absolutely a slave I will seek your parents and tell them earth and sky were equally concealwhat you have done for me."

Elizabeth was delighted at thus ed from view. At other times torrents of rain rendered the roads being able to convey consolation to

her parents. She was now bereft of rose, so violent that, to de end herall, except the little piece of money given to her by the boatman of the Volga. Yet she might deem herself rich, for she had just tasted the pleasure which wealth can bestow. terously stripped off, as she had seen she had conferred happiness on a fellow creature and had revived the desponding heart of a father. Such canes had raised the snow in thick were the blessings which one rouble clouds, and had created an obscurity had effected.

From Voldomir to the Village of Pokroff the road lies through extensive forests of oaks, elms, aspens, and wild apple trees. These trees afford an asylum to bauditti. In winter. she could, that she might withstand as the boughs despoiled of their feliage form but a poor hiding place, these bands of robbers are less formidable. Elizabeth, however, during her journey, heard numerous accounts of thefts that had been committed.

A few versts from Pokroff the high-road had been destroyed by a burricane, and travellers proceeding to Moscow were obliged to make a tance. She implored entrance. An considerable circuit through swamps Elizabeth expressed her acknow- old woman opened the door, and occasioned by the inundations of ledgments in the most animated struck with the wretchedness of her the Volga. These were now hardto dry land. Elizabeth attempted to follow the route which had been pointed out to her, but, after walking for more than an hour over To this interrogation Elizabeth made her usual reply: "I come no traces of a road, she found her-from beyond Tobolsk, and am going self in a swampy marsh, from which made her usual reply: "I come every endeavor to extricate herself was for a long time in vain. At length, with great difficulty, she attained a little hillock. Covered with At these words a man, who was sitting in a corner of the room, sud,

mud, and exhausted with fatigue, she seated herself upon a stone to rest, his hands, and regarding her with an which at that moment shone in full air of astonishment, exclaimed: "Is lustre. The environs of this spot an it possible that you come from so peared to be perfectly desolate; no money, and returned to his boat, saying: "May God watch, over and protect you, my child!"

signs of a human dwelling were visible; solitude and silence prevailed around. She found that she must pardon for your father? Alas! my have strayed far away from the road regarding it with hereyes filled with tears, said: "I will preserve this for my father, to prove to him that

not plead for mercy. Never shall I track was to be distinguished again behold her - the salicting At length day began to close; and notwithstanding her extreme weari ness, she had to proceed in search of shelter for the night. In vain did "Now indeed that I know my she wander about, sometimes followdoom," continued the unbappy ing one track and then another. father, "I might inform her of it; I object presented itself to revive-her bave written a letter to her, but the carrier belonging to this kibitki, who voice would have filled her heart with carrier belonging to this kibitki, who

hastened towards them, but their savcharge of it without some small comtensive forest of cake; trees which pensation, and I cannot offer him age air and stern countenance distensive forest of cake; trees which are not to be seen on the Asiatic side any. Not a single kopeck do I heard of banditti immediately occurred to her, and she feared a judgment which she had indulged the idea that a special Providence watched over her the last rouble she had, and asked preservation, and she fell upon her kness to humble herself in the presence of God. The troop advanced and stopped before Elizabeth, and, re-garding her with surprise and curiwould be enough!" He pressed to osity, demanded whence she came, and what had brought her there. With downcast eyes she replied that she had come from beyond Tobolsk, and that she was going to St. Petersburg, to solicit from the Emperor a pardon for her father. She added that, having lost her way, she was now seeking for a refuge for the night. The men were astonished, and asked letter. Thus did her noble sacrifice produce a fruit worthy of her heart; her what money she had to undertak so long a journey. She showed them the little coin given to her by the boatman of the Volga.

"Is that all?" they asked.

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THROAT, INFLUENZA, and

PAIN IN THE CHEST.

EASY TO TAKE.

SURE TO CURE.

Throat and Lungs.

Heals and Soothes

When the storm abated, Elizabeth, before she pursued her journey, em-"It is all," she replied. braced the old woman, who had be (To be continued) tenderness of a mother, and said in a PR. LEL

"How!" interrupted the old w man. "My po r child, have you then given away all you possessed?" Elizabeth hung down her head. The exile started from his seat, and himself on his knees before her.

"Angel that thou art," he exclain

the wounded bosom of a child.

A knife lay upon the table, Eliza beth took it up, and outting off a look

Miscellaneous Locals CANCER CAN BE CURED.

Cancer is the severest known form of blood diseaso. Burdock Blood Bitters is the most powerful blood medicine known. It cures cancer and all skin diseases. Proof: "My husband had two cancers taken off his face, and another was coming on his lip. He took two bottles of BURDOCK BLOOD BITTERS and it disappeared. I know this medicine is an excellent blood purifier." MRS. WM. KIRBY, Akron, Erie Co., New York.

Minard's Liniment Cures Diptheria.

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coughs and colds distress the NORWAY PINE SYRUP comes to the rescue. It soothes and heals the throat, removes the phlegm, and is pleasant and easy to take.

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People Talk Back.

Many people talk back. Here is one, Miss Kathering Weese, Belleville, says; "I have had a pain in my back 'accompanied by general debility and tried various remedies for the same but without deriving much benefit, until I took Doan's Kidney Pills, which I am glad to say, entirely cured me. They are certainly a grand medicine and I can say in my case proved to be a thorough specific.

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