

Douglastown And Nelson Calls A Minister

At a meeting of the congregation of Douglastown and Nelson held Tues. evening in St. Mark's church, Douglastown, a hearty and unanimous call was extended to Rev. Roland Davidson, B. A., late of Richmond Bay East, P.E.I. Messrs. D. Baldwin of Nelson and Robert Jessamine of Douglastown were appointed commissioners from the congregation to support the call before Presbytery which will be called at an early date to deal with the same. The congregation voted a guarantee of \$1500 annual stipend, with free use of manse and vacation privileges. Rev. J. H. A. Anderson of Chatham presided at the meeting on account of the illness of Rev. L. H. MacLean of Newcastle, the interim moderator of session. The congregation has been vacant since mid-October when Rev. Alex. Firth, minister here for eight years, accepted a call to Upper Miramichi.

When Nerves Are Near Exhaustion

The Right Thing to Do is to Take a Tonic for the Blood

When you become so exhausted after a day's work that you cannot sleep, or sleep fails to refresh you, it is time to look after your health. Failure to act at once means a steady drain on your health reserve, which can result in but one thing—a nervous breakdown.

Do not wait for a breakdown. The treatment is simple enough if you do not let your condition become too far advanced. The treatment is one requiring an effective tonic to enrich the blood and feed the starved nerves. The most effective tonic known is Dr. Williams' Pink Pills which act directly on the blood and with proper diet have proved of the greatest benefit in nervous troubles and all conditions due to impoverished blood. Mrs. Mary Hanson, Braeside, Ont., has proved the value of Dr. Williams' Pink Pills and says:—"I was taken ill with what doctors whom I had consulted called neuralgia of the tissues of the system. I was a complete wreck from constant pains in my body and limbs, dizzy headaches, fainting spells and constipation. So intense was the pain that at times it caused vomiting and I would have to go to bed for two or three days, only to get up so dizzy and so weak that I could not cross the bedroom without aid, and while these spells lasted I could keep nothing on my stomach. I doctored for almost a year, but with no beneficial results. Finally the last doctor who attended me said medicine would not benefit me. I must have perfect rest, and spend most of my time in the open air. He gave me very poor encouragement. Knowing that the mother of four children could not spend all her time in idleness, I told my husband I was through with doctors and was going to try some other remedies. I got one, but after taking it for a month found no benefit. Then I decided to try Dr. Williams' Pink Pills, and at the end of two weeks I found these were what I needed. With nerves worn threadbare from all the suffering of the past, I continued the use of Dr. Williams' Pink Pills for three months and by this time I was able to do most of my own housework. In fact I soon felt well and was able to do any kind of work without feeling tired. Since that time I have continued to do all my own work and have had no return of the dreadful pain I suffered before. I have recommended the pills in many cases and have always seen good results from their use."

You can get these pills through any medicine dealer or by mail at 50 cts a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

RICH IN VITAMINES



Shrinkage In Stored Hay

Almost every buyer of baled hay has felt either annoyed or elated at finding the actual weight of the bale that he has purchased either more or less than the tagged weight.—Of course the popular opinion is that the actual weight of the bale is more often less than it is more than the tagged weight. There is some measure of truth in this contention but often no injustice is being done the person who buys a bale of hay which actually weighs a very few pounds less than the tagged weight that has been paid for.

Let us consider just what shrinkage consists of and when the greatest amount of it occurs. The making of hay from a freshly cut foliage plants consists chiefly in the reduction of the moisture content from approximately 65%—75% to from 12—15%. When the newly cured hay is stored in the barn or stack it goes through a process that is generally termed "sweating" during which process still further moisture is lost. Of course we have other changes going on as well but the thing I wish to bring out is that shrinkage in weight during the whole process of curing hay consists almost entirely in the loss of water and not in food constituents. If properly cured hay has been baled no alarm or annoyance should be felt at a small variation from the original tagged weight. This variation is water and not food material and the bale has just as high feeding value as when first put up and weighed.

By properly cured hay is meant hay that has been properly handled previous to being put in the barn and has subsequently gone through the sweating process which is normally ended in about a month after storage.

There are cases however, where hay is baled before going through the entire curing process. In such instances the original bale does not contain all of the food constituents that it should because of the excess moisture it carries. The shrinkage in such hay does represent a loss that the buyer has a legitimate right to complain of. The looseness of the binding wires often indicates hay baled before being properly cured and where this occurs the buyer is well advised to check up all tag weights and if possible buy only by actual weight at time of delivery.

Where hay, either loose or in bales, is bought according to weight at time of delivery the last cent in value can be obtained by purchasing after a long dry period. To the seller of hay the reverse would hold, the greatest weight of a given quantity of cured hay being after a prolonged period of damp weather. As both the buyer and seller cannot be accommodated at the same time in this matter the fairest thing to do is for the producer to see that only thoroughly cured hay is baled and for the consumer to accept the tag weight of such hay knowing what he is getting the food value he is paying for.

Called Modern St. Francis

Charles Caleb Pierce Tramped and Preached Through California 42 Years—Welcomed Everywhere.

Memories of a host of picturesque figures in the history of California are evoked by the centennial of the missionary society of the Episcopal church, which was celebrated November 6. The mind goes back to that morning in January, 1848, when Jim Marshall picked up some bits of yellow metal in the fall-race below Sutter's mill up in the Sacramento valley, and the cry of "Gold!" like the shot fired at Lexington, was heard round the world. The rush of the '40ers followed, and in the vanguard was Rev. Flavel Scott Mines, who erected the first church building on the Pacific coast, Trinity church, San Francisco, which was opened on October 28, 1848.

Probably no name has a more lasting place in California annals, however, than that of Charles Caleb Pierce, called by Bishop Moreland "a modern St. Francis," who, beginning his missionary career in 1861, devoted his life to the people of El Dorado county. Without private means and scornful of accept a salary, Pierce established headquarters in a rude parish church at Placerville. Sunday always found him there. Regularly each Monday morning he packed his bag with religious literature and "hit the trail." Six days a week, week in and week out, he walked over the county, averaging 60 miles each week, every house his home, a place at the table of whatever house he visited or a spare bed always being certain wherever he happened to be. He always traveled on foot. His charity was unbounded, and he was the friend and helper of all.

For 42 years he tramped and preached about El Dorado county, and in all that time he never left the county but twice, and on both occasions against his will. Then, March 15, 1903, the news flashed through the county, "Father Pierce is dead!" Universal mourning followed.

Hogs Plow Orchard.

Hogs take the place of plows and harrow in the cultivation of one of the best producing small apple orchards in Ontario. Most orchardists plow and replot and harrow and ditch the land between the rows of trees. J. W. Tuttle of Currie merely turns in a drove of hogs.

"When I bought my farm, four years ago," said Mr. Tuttle, "the orchard had been allowed to grow wild. I gathered only three bags of apples that fall. In the spring I sprayed and pruned the trees and turned 30 hogs into the orchard. They rooted for their living all summer.

"By fall every foot of soil had been turned up by their snouts. The land looked as if it had been plowed. And it had, for these four-legged plows had done a thorough job and had gone as deep as a plowman. I gathered 32 barrels of apples that season. That was the direct result of plowing and manuring my land with hogs.

"Next year I got 36 barrels and the third year 205 barrels. This year I have more than 200 barrels."—Detroit News.

Human Bones of Vast Age.

Bones sufficient in number to form several skeletons and estimated to be at least 50,000 years old, have been discovered by a group of American research workers, headed by Prof. George Grant McCurdy of Yale museum, who have been investigating the cliffs not far from Angoulême, France, for several months.

During the winter these will be classified and distributed among Yale and other American museums, although valuable specimens will be kept at the La Quina museum, established by Dr. Henri Martin, owner of the properties on which the excavations have been made.

Hundreds of bones of animals of the same period also have been uncovered, most of which bear the marks of flint spears and scrapers, which were found in abundance throughout the region, thus classifying the relics as belonging to the Middle Stone age.

Headlines in Egypt.

Headline writers in English newspapers published in Egypt have their own peculiar difficulties. Every day they are faced with the words: Constantinople and Mediterranean. Indeed the problem of Mesopotamia was only settled during the war by the frequent use of Mesopot. Recently we note a capitulation in a Cairo daily to Alexandria—it appears simply as Alex. Length, moreover, is not the only difficulty. The names themselves are misleading when read in distant cities. What can an American man-on-the-street do but laugh when he reads in type, an inch high, "Greeks Fail to Get Angora." And a feminist anywhere finds diversion in another recent headline on a London dispatch which read "Home Unemployment." Alas, how little there is of it!—Christian Science Monitor.

Spare the Tree, He Warns.

The dangers of forest denudation and the need of increased timber production were outlined by James W. Toumey, dean of the School of Forestry, Yale university, in an address before the School of Citizenship of the Connecticut League of Women Voters. He declared an increasing scarcity of wood ultimately would result in a permanent shrinkage in many industries.

"Out of the original 822,000,000 acres of forests in this country, we have left only 137,000,000 acres," he said. "The last vestige of our virgin forests will disappear in 50 years."

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