

HAD TO STOP WORK FROM THE PAIN

Suffered Ten Years Until "Fruit-a-Lives" Cured Him

ST. THOMAS, Ont., May 22nd, 1913.—I was troubled for ten years with the most distressing Constipation and Indigestion of the worst form.

No one could have been worse with these troubles than I was for this long time.

The pain from Indigestion was so severe that many times, I have had to stop work and lie down until the acute spasms passed away.

I took a lot of medicine—in fact, I guessed—and gave them all a fair trial—but got no relief. About a year ago, however, I was advised to try "Fruit-a-Lives". I am mighty glad I did so for they seem to be made exactly for me.

They gave results in a very short time and I am now free from these diseases and enjoying perfect health.

My wife also used "Fruit-a-Lives" and we both think they are the best medicine ever made.

Z. J. EDGEWORTH.
See a box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-Lives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in our midst and in law.

MOTTO.—For God and Home and Native Land.

BASES.—A knot of White Ribbon, Waterworks—Aglitate, educate, or organize.

OFFICERS OF WOLFVILLE UNION.
President—Mrs. L. W. Sloop.
1st Vice President—Mrs. J. Kaye.
2nd Vice President—Mrs. Fitch.
Recording Secy.—Mrs. W. Mitchell.
Cor. Secretary—Mrs. John Caldwell.
Treasurer—Mrs. E. H. Pines.
Auditor—Mrs. T. E. Hutchinson.

SUBSTITUTES.
Evangelistic—Mrs. G. Fitch.
Lumbermen—Mrs. J. Kenyon.
Peace and Arbitration—Mrs. J. Reid.
Temperance in Sabbath-schools—Mrs. (Dr.) Brown.
Parlor Meetings—Mrs. (Rev.) McGee.
Press Work—Miss Margaret Barns.
Surprise Soap Wrappers—Mrs. M. Freeman.
Bulletin—Mrs. M. Freeman.
Labsod Work—Mrs. F. Woodworth.
Scientific Temperance in Schools—Mrs. G. Cullen.

Laborer Meeting at the homes of the members 1st and 2nd Tuesday evenings in the month.

Canadian Teachers Will Visit England.

The circular of the Hands Across the Sea movement for 1914 has been received, and can be had from the honorary local secretaries, Mr. G. A. Inch, Normal School, Fredericton, and Miss C. A. Jones, 735 Lockman Street, Halifax, or from the Review office. The program of the tour is similar to that of former years, and will include visits to England, Scotland, Wales, and possibly Ireland. The entire cost from Montreal will be about \$235.00, and the party will sail on or about July 1st. Details of arrangements will be published in supplementary circulars. All who wish to make the tour should send in their application early, together with the registration fee of \$1.00.—Education Review.

RHEUMATISM

Many people have it but neglect it until they are crippled and without hope of ever being cured, but there is hope for all in Rheumatism and no one need have Rheumatism now. Rheumatism is just what we say it is. We have received hundreds of testimonials telling us that Rheumatism has cured old standing cases of Rheumatism and when all other treatments had failed. Rheumatism enriches the blood and drives uric acid from the system. Don't fail to get a bottle today at Hugh E. Calkins' and you will soon have your health and strength as in the olden days. Hugh E. Calkins sells a large bottle for one dollar, or we will mail you a bottle prepaid on receipt of price. B. V. Marlow Co., Bridgeburg, Ont.

Esau filled his life with regret for trifling one day; Esther was full of glory for one day's courage. Peter slept one hour and lost a matchless opportunity. Mary's name is fragrant forever for the loving deed of a day. Do your best now.—Maittie D. Babcock.

Best Cough Medicine for Children.
I am very glad to say a few words in praise of Chamberlain's Cough Remedy, writes Mrs. Lida Dewey, Milwaukee, Wis. "I have used it for years both for my children and myself and it never fails to relieve and cure a cough or cold. No family with children should be without it. It gives almost immediate relief in cases of croup." Chamberlain's Cough Remedy is pleasant and safe to take, which is of great importance when a medicine must be given to young children. For sale by all dealers.

"What makes him stop there?"
"Oh, he's afraid somebody'll say 'Whoa' and he shan't hear it!"
Chamberlain's Cough Remedy.
This remedy has no superior for coughs and colds. It is pleasant to take, it contains no opium or other narcotics. It always cures. For sale by all dealers.

The Cost of Living.

(From the London Chronicle.)
The prices we shall pay for our Christmas fare would have made our ancestors gasp. About four centuries ago a good fowl cost between 11s. and 12s., and a half century later the finest ox in England cost less than £2. A fine fat goose was to be bought in 1500 for 4d., but by the end of the century 1s. 10s. 2d. was the price. Pigeons at the beginning of that century were to be got for three a penny. Eggs were sold not by the dozen or shilling's worth, but by the hundred, and 6d. was the price. In 'Stifford's Dialogue' of 1581 the knight says: "I could buy the best pig stop work and lie down until the acute spasms passed away." For 4d., a good capon for 3s. 6d., a chicken for 1d., and a hen for 2d. But wages balanced prices, for a master mason got about 5s. a week and a laborer about 2s. Wages and prices kept about together, with prices all ways a little ahead.

A Doubtful Apology.

A prominent lawyer is noted for his ready wit and skill in repartee. When a young practitioner, he appeared before a pompous old judge who took offence at a remark the lawyer made criticizing his decision.

"If you do not instantly apologize for that remark," said the judge, "I shall commit you for contempt of court."

"Upon reflection, your honor," instantly replied the attorney, "I find that your honor was right and I was wrong, as your honor always is."

The judge looked dubious, but finally said that he would accept the apology.

8 Boxes Cured Psoriasis.

Mrs. Jennie Massey, Cassocan, Ont., writes: "Three doctors described my trouble as psoriasis, and one said I could not be cured. The disease spread all over me, even on my face and the itching and burning was hard to bear. I used eight boxes of Dr. Chase's Ointment and am entirely cured—not a sign of a sore is to be seen. I can hardly praise this Ointment enough."

Whooping Cough.

Mrs. Charles Lovell, Acadia, B. C., writes: "Seven of our six children had whooping cough the same winter and we attribute their cure to Dr. Chase's Ointment and Turpentine. We always have it in the house, and recommend it as the king of all medicines. It was formerly completely cured of spreading piles by using Dr. Chase's Ointment."

A Good One.

An English paper publishes this story of a Halifax man:—The Hon. David McKeen is a Canadian S-nator of the Scotch assortment. On one occasion while he was seated in a barber's chair at Halifax, a garrulous and rather inconsequential acquaintance entered, and after some preliminary chatter exclaimed: "Why, Senator your hair is exactly the same shape as mine!"

WHERE TO FIND THIS GIRL.

The above picture of Miss Ruth Reitor of New York is taken from life and is on the label and carton of every genuine bottle of Sagine hair tonic. It is a guarantee of quality and excellence and we urge our patrons to be sure to look for this label. Sagine is guaranteed to stop the hair from falling out, to cure dandruff in two weeks and to bring life and beauty to the hair and makes it rich in color. Sagine is not a dye. It is not sticky or greasy and is actually performed. Mr. Hugh E. Calkins is agent in Wolfville, N. S., for Sagine. A large bottle at a moderate price will cure the hair. Other stores don't have it.

A Household Friend for 103 Years

First aid to the injured—sure relief from Coughs, Croup, Whooping Cough, Cramps, Rheumatism.

JOHNSON'S ANODYNE LINIMENT

Use it for both internal and external ills. Sold everywhere in 25c and 50c bottles.

I. S. JOHNSON & CO., Inc., Boston, Mass.

Persons' Pills Make the liver active.

CASTORIA For Infants and Children.

The Kind You Have Always Bought Bears the Signature of *Wm. D. Galt*

"Why, Tommy, exclaimed the Sunday School teacher, 'don't you say your prayers every night before you go to bed?'"

"Not any more," replied Tommy; "I utter when I slept in a folding bed."

"Here's something queer," said the dentist. "You say your tooth had never been worked on before, but I find small flakes of gold on my instrument."

"I think you struck my back collar button," replied the vicar.

Winnifred—There's Mr. Brown. He's the only farmer on record who was on any one of 'em."

Ys—He surely didn't do that? "Yes, he did."

"Married a widow."

A druggist lately received a hurried call from a small girl who desired liniment and cement.

"Linent and cement?" repeated the pharmacist, puzzled by the unusual order. "Going to use em at the same time?"

Y's promptly replied the youngster. "M—she hits with a pitcher."

WOMAN SUFFERED TEN YEARS From Female Ills—Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Belleville, N.S., Canada.—"I doctored for ten years for female troubles and did not get well. I read in the paper about Lydia E. Pinkham's Vegetable Compound and decided to try it. I wrote now to tell you that I am cured. You can publish my letter as a testimonial."

Another Woman Recovers.
Auburn, N. Y.—"I suffered from nervousness for ten years, and had such organic pains that sometimes I would lie in bed four days at a time, could not eat or sleep and did not want anyone to talk to me or bother me at all. Sometimes I would suffer for seven hours at a time. Different doctors did the best they could for me until four months ago I began giving Lydia E. Pinkham's Vegetable Compound a trial and now I am in good health."

The above are only two of the thousands of grateful letters which are constantly being received by the Pinkham Medicine Company of Lynn, Mass., which show clearly what great things Lydia E. Pinkham's Vegetable Compound does for those who suffer from woman's ills.

FOR SALE.

Residence of the late C. R. Burgess at Wolfville. Property consists of 4 1/2 acres with frontage on Main street of 200 feet; orchards of 200 trees, etc.

The Eastern Trust Co. HALIFAX.

WANTED.

Will give \$5.00 each for old Postage Stamps (1851) on the envelope of \$1.25 to \$1.75. Also want old Church Communion Tokens.

W. A. KAIN 116 Germain Street, St. John, N.B.

WITH THE SOCKEYES

An Irritable Lure to the People on the Coast

A rare and beautiful spectacle, seen once a year in coast towns like Vancouver, is that of the sockeye and salt ling boats which dot the fresh and salt waters. It is at night when the beacon lights of these cities of boats beckon from across the waves that the interested observer gets anything like an adequate conception of the number of those who hearken annually to the call of the sockeye which has since time immemorial proved an irresistible lure to the dwellers of the Pacific.

These temporary boat cities claim an interesting variety of citizens for their floating population, from the man who is out for the mere sport of it to the canny representative on business intent. It is an occasion when all nationalities are at one in common interest, and the white man, the Japanese and the Indian sink their tribal differences at Neptune's altar. The fishermen of civilized and populated districts the salmon-netters are the chief ammunition of warfare. Instead of removing the fish, which usually they boom them up from the boats possess a weird fascinating movement as they are drawn in by the nets. But he is none the less a professional fisherman and one might think that he is in league with the sockeye, so thoroughly is he versed in the secret of their ways. He is the most picturesque of all the fishermen and the unconscious harmony of his movements as he rises and lowers his awkward dip-net from some precarious niche of the canyon walls fits him with the picture as perfectly as the lock-joint under whose shadow he works.

THE FARM WOODLOT

Free Expert Advice Obtainable on the Subject of Proper Care

With the increasing inaccessibility of the forests and the consequent high price of wood, the small wooded areas common on the farms of Canada are also increasing in economic value. They frequently occupy small tracts of land which are of little value to the farmer with a continuous revenue in fuel, posts, rails, poles and structural timber.

Unfortunately these woodlots are frequently neglected or lack of knowledge on the part of the farmer. He takes great care to farm his agricultural lands to the best advantage, but often fails to realize that by farming his woodlot with the same care, he could get the same income in profit. Cattle and woods are not permitted in a woodlot, yet in the woodlot the cattle range at will, and instead of removing the weeds, trees the farmer allows these to increase in number, removing only the trees to his purpose.

To save the farmer from himself, the Dominion Government appointed a technical forester with headquarters at the Forestry Branch, Ottawa, whose principal duty is to answer all inquiries, and give free advice on these matters. He is a practical forester, and can be made for a personal inspection of woodland properties by the expert, and his advice regarding the character of the woodlot, the stand, the character of the crop and its rate of growth by proper thinning, and, if desired, gives advice regarding the planting, hardwood-completing, felling methods and the most profitable sizes to be grown.

HENS AS BAROMETERS

A poultry fancier near Durham, England, produced curious results by analyzing and alternating the food given to his fowls.

It is known to many who have reared canaries for the market that Cayenne pepper, put in their food results in a notable difference in the character and shade of their plumage, giving the feathers a smooth, iridescent tinge which adds very much to the sum for which the birds are ordinarily sold.

If the same ingredient be added to the diet, especially of white hens which have been hatched from carefully-selected eggs, the feathers become pale rose, and they flush to a brilliant red when the weather is damp and a storm is approaching. These hens thus become veritable barometers, and the progression of color from pale to brilliant is so exact that a scarlet hen striking about the barnyard is regarded as certain proof of a storm which will be as much as twelve hours distant.—The Times.

White Pearl Divers
The statement of Captain Talbot, a pearl diver of Broome, Western Australia, that the experiment of working luggers with white divers had been made, and that the majority of the divers brought out from England were either dead or paralyzed, has been substantiated and is true. With the exception of two, all were, they said, very much alive, and were at present at work in different parts of the State.

Lambs and Muttons
Every year over 15,000,000 sheep and lambs are slaughtered in Australia for export, and beef totaling over 100,000,000 pounds is sent out annually for overseas consumption.

Girl's Nerves Fully Restored

Was Never Able to Obviate Existing Benefit Until Dr. Chase's Food Was Used.

Too many girls grow up with weak, nervous bodies and exhausted nervous systems. Induce life and good health by using Dr. Chase's Food, and your child will be a stronger, healthier child.

The blood needs enriching and the nerves need strengthening by such treatment as Dr. Chase's Food. This Food acts in doing so for nearly thousands of girls whose parents had almost despaired of their ever developing into strong, healthy women.

Mrs. J. Bagwell, 295 Woodville Avenue, Toronto, writes: "My daughter suffered from nervousness, some indigestion, and was unable to do any kind of work. We had in the past used Dr. Chase's Food, and my daughter used it with wonderful results. This treatment has now kept her very strong and has strengthened the nerves that she feels like another girl."

Dr. Chase's Food is a reliable Food for all children. It is a complete Food, and is sold in 25c and 50c bottles. It is sold in all drug stores.

Wm. Rogan.

BRITISH COLUMBIA

The smelter at Grand Forks is one of the largest in the Empire. The mines of British Columbia produce \$2,000,000 worth of metal annually.

Twenty-five million dollars is paid out annually in wages in connection with the timber industry.

The fishing industry produces \$15,000,000 a year.

British Columbia is an agricultural producer to the extent of \$2,000,000 yearly.



DOROTHY KERBY
London, England, who claims to have cured her blindness by bathing in a dazzling light.

VARIATIONS IN MILK FAT

They Show That Cows Should be Tested at Frequent Intervals

Frequent experiments have shown that one single test of a cow's milk is not reliable as an indication of what percentage of fat her milk normally contains. A great many factors cause variation in the fat content of the milk, and these variations are present even by the closest studies.

This "variation in the fat" is one of the puzzles of the cow's individuality, and because of these puzzling variations it is advisable to take samples at intervals so as to ascertain the average test.

Some painstaking investigations at one of the dairy research stations in England, with seven cows for two days, even covering such details as a separate test of each individual cow every three times a day, from the four quarters of the udder, show that while thirty pounds of milk per day was 4.5 per cent fat, the variation was all the way from only six-tenths of one per cent up to nine and a half per cent.

This is a clear proof of how misleading one single test may be. If the real earning capacity of each individual cow is to be compared, it must be on the basis of her annual production of milk and fat less the cost of her maintenance. The average production of milk and fat less the cost of her maintenance should have of each cow he keeps.

The Sheep Pays
Money invested in sheep will nearly double itself in one year, since the fleece will pay for the feed and care of the sheep, and the lambs, often two per ewe, are the profit. It is estimated that ten sheep may be kept where one cow may, and the risk is much less.

It may be said that the sheep always carries her pocketbook with her. If she dies, her pelt or fleece pays her funeral expenses. If she lives, her wool in the spring and her lambs in the fall pay double revenue. No other stock pays as large a percentage of clear profit on the money invested. Nothing else will build up a rundown farm as quickly as a flock of sheep.

While pasturing, the sheep's manure is distributed about so evenly that no manure spreader could equal the sheep in its work.

Get Your

Letter Heads, Bill Heads, Statements, Receipts, Envelopes, Posters, Dodgers, Programs, Shipping Tags, Wedding Stationery and Visiting Cards printed at the

ACADIAN OFFICE

Wm. Rogan.

We pay highest Prices For

RAW FURS

And Remit Promptly

Any thousand dollars worth of raw furs, if you have them, will bring you a good price. We pay highest prices and we pay promptly. We are the largest and most reliable house. Write today to JOHN HALLAM, LIMITED, 111 Front St. East, Toronto.

Hutchinson's Express & Livery.
UP-TO-DATE IN EVERY RESPECT.
Best horse, Bertha, Single and Double Carriages. Good Horses; Careful Drivers; Fair Prices. Teams at all Times and Boats. Baggage carefully transferred. Boarding Station. Telephone No. 68.
T. E. HUTCHINSON, Prop., WOLFVILLE, N. S.

FRAME STOCK

SAWED TO ORDER.
Also Lathes, Shingles, Sheathing and Flooring.
WRITE FOR PRICES.

J. H. HICKS & SONS

BRIDGETOWN, N. S.

Wentzell's Winter Catalogue

is ready, send for a Copy.
Every Housekeeper in Nova Scotia should have a copy of Wentzell's Winter Catalogue of Groceries. In it is shown how you can save a lot of money.

If you are not now on our mailing list and to save time writing a letter simply fill in, cut out, and mail to us the coupon below:

WENTZELLS Limited, Halifax, N. S.
Please send to me, without any obligation on my part, a copy of your Fall and Winter Catalogue.

Name.....
Address.....

Something of Interest to Men for the next 18 DAYS

\$25.00 and \$28.00 Suits for \$18.00

45 Suit Lengths to select from.

J. G. VANBUSKIRK

WOLFVILLE, N. S.

Fine Property for Sale.

The well-known property in Wolfville, the residence of the late Dr. H. P. Bowles. This fine property, situated between the two banks and opposite the new post office, is unsolicited for business purposes. It fronts on Main and Front streets and is the best opportunity for investment in Wolfville. A splendid location for a doctor if desired.

Apply for further particulars to
EVANGELINE D. BOWLES,
Wolfville, N. S.

Mail Contract.

SEALED TENDERS, addressed to the Postmaster General, will be received at Ottawa until Noon, on Friday, the 6th February, 1914, for the conveyance of His Majesty's Mails, on a proposed Contract for four years, six times per week each way, between Canning and Scott's Bay from the 1st April next.

Printed notices containing further information as to conditions of proposed Contract may be seen and blank forms of Tender may be obtained at the Post Office of Canning, Canning Corner, Arlington, Lock Hill, Scott's Bay Road and South Scott's Bay and Scott's Bay, and at the office of the Post Office Inspector, at Halifax.

W. E. MACLILAN,
P. O. Inspector.

TO LET.

The House recently occupied by Charles Stuart.

For particulars apply to
A. COHOON,
Treas. Acadia University.

Good Salesman Wanted

For every town and district where we are not represented.
Falls are bringing high prices, and Nursery Stock is in demand.
Make big money this Fall and Winter by taking an agency.

Experience not necessary, free equipment, exclusive territory, highest commissions paid.
Write for full particulars.
Stone & Wellington
Fonthill Nurseries
TORONTO, ONTARIO.

R. J. Whitten & Co.

HALIFAX
Receivers and Sellers of all kinds of Farm Produce.

Consignments Solicited. Prompt Returns.

Piano For Sale.

A "Behr" Piano in splendid condition, practically new, cost \$600. Will be sold at a great sacrifice.
Apply to
EVANGELINE D. BOWLES
Wolfville, N. S.

COAL!

Aoadia Lump,
Albion Nut,
Springhill,
Inverness.

A. M. WHEATON.

NOTICE

All persons having legal demands against the Estate of Louis M. Bishop, late of Wolfville in the county of Kings, spinner, deceased, are requested to send in their claims, duly attested, within twelve months from the date of this advertisement; and all those indebted to said Estate are requested to make immediate payment to the undersigned.
JOHN H. BISHOP,
Administrator,
Wolfville, Nov. 19th, 1913.

ALDOUS FLAVORS

Give the best results in your Christmas baking.
All orders will be promptly filled by
R. M. MILLETT,
8-4 1/2 in. Chipman Hall, Wolfville.

Cash Store.

Oranges 20c, 30c, 40c.
Bananas 25c, 30c.
Grape 30c.
Chocolates 20c, 30c, 40c.
Chocolates, Mohr's XXX, 50c.

C. W. STRONG

Wolfville, N. S.
CORSETS.
The Spirilla Co. of Canada have appointed Mrs. G. A. Johnson, business street, as their representative for Wolfville and vicinity, who will be pleased to call upon those wishing Corsets, Waists, and etc.

Electric Restorer for Men
Phosphorus and other powerful restorers for men and women. It restores vitality and strength, and is a powerful restorer of the system. It is sold in all drug stores.