

Tanlac Saved Life Says Ottawa Lady

Mrs. Varalo Tells of Recovery From Complication of Troubles—Gives Tanlac Full Credit.

"That I am alive and in good health to-day I can attribute to nothing but Tanlac," is the remarkable statement recently made by Mrs. Eva Varalo, 233 Cumberland St., Ottawa, Ontario, Canada.

For two long years I suffered terribly from indigestion, constipation, extreme nervousness, sleeplessness, palpitation of the heart, almost continuous sick headaches and shortness of breath, until life seemed a burden to

me and I had given up hopes of ever regaining my health.

"But Tanlac helped me the very first day I took it, and now after using seven bottles my health and strength are as fine as can be, and everyone remarks how well I look. I eat heartily, my food digests just perfectly, my nerves are steady, I sleep sound, my heart never troubles me and work is like play. Really, the way the treatment restored me to perfect health seems almost miraculous. Tanlac is simply grand."

Tanlac is for sale by all good druggists. Accept no substitute. Over 40 million bottles sold.

Take Tanlac Vegetable Pills.

The Home of History.

No. 10 Downing Street has been the official residence of British Prime Ministers for nearly two hundred years. It is well called "the centre of the British Empire," for many fateful decisions have been made within its walls.

Few people are aware that Downing

Street is named after a man named George Downing, who went to America at the age of fifteen, afterwards returning and entering Parliament. He became a baronet, and was a great favorite of Charles II., who gave him the land in Whitehall upon which he built the famous street.

Sir Robert Walpole was the first Prime Minister to occupy No. 10. This was in 1731, and since that time most of his successors have lived there.

WARNER'S SAFE KIDNEY & LIVER REMEDY

is the quickest and best relief for pains in the back and the many other indications of kidney trouble. Sold for 50 years. Satisfaction in every bottle. At your druggist, or direct from

WARNER'S SAFE REMEDIES CO. Toronto

Look Younger

Care-worn, nerve-exhausted women need Bitro-Phosphate, a pure organic phosphate dispensed by druggists that New York and Paris physicians prescribe to increase weight and strength and to revive youthful looks and feelings. Price \$1 per pkg. Arrow Chemical Co., 25 Front St. East, Toronto, Ont.

CORNS

Lift Off—No Pain!



Doesn't hurt one bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers. Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the foot calluses, without soreness or irritation.

Bovril the mighty energiser

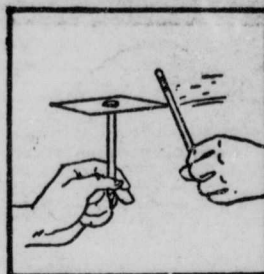
Are You a Tired Out Housewife?

Many people do not realise that the most exhausting of all work is housework and the care of children. Many a woman who should be in the prime of life finds her strength gone, her nerves unstrung and is weak, worn out and run down with pale, thin, watery blood from the strain of housework.

In such cases, what you need is something to put more iron into your blood. Nuxated Iron contains iron like the iron in spinach, lentils and apples, and like the iron in your blood. You will be astonished at how much better you feel often in even a few days.

EASY TRICKS

No. 523
A Simple Problem



For this puzzle, two lead pencils, a playing card and a half dollar are used. The playing card is placed on the unsharpened end of one of the pencils. On the card, directly over the end of the pencil, the half dollar is placed. The problem is to remove the playing card without removing the coin.

The first part of the trick is to place the coin so that it will stay in position after the card is removed. That is not very difficult. To remove the card, strike the edge of the card with the other pencil so that it will fly away. If the card is struck a straight blow, it will slip from under the coin and the trick will be accomplished.

(Clip this out and paste it, with other of the series, in a scrapbook.)

HEALTHY CHILDREN ALWAYS SLEEP WELL

The healthy child sleeps well and during its waking hours is never cross but always happy and laughing. It is only the sickly child that is cross and peevish. Mothers, if your children do not sleep well; if they are cross and cry a great deal, give them Baby's Own Tablets and they will soon be well and happy again. The Tablets are a mild but thorough laxative which regulate the bowels, sweeten the stomach, banish constipation, colic and indigestion and promote healthy sleep.

They are absolutely guaranteed free from opiates and may be given to the newborn babe with perfect safety. The new sales tax will not increase the price of Baby's Own Tablets, as the company pays the tax. You can still obtain the Tablets through any medicine dealer at 25 cents a box, or by mail, post paid, from the Dr. Williams' Medicine Co., Brockville, Ont.

Keep Minard's Liniment in the house. Do not eat between meals. You may overwork your stomach.

A Newly Discovered Tune.

The saying about the little one half of the world knows of how the other half lives is as true in musical matters as in others, and an amusing confirmation of it occurred a few months ago. A famous foreign violinist and composer, who had been visiting the British Isles frequently during a period of twenty years or so, was walking in the streets of Edinburgh when he heard a boy, who evidently was uncultured and unlearned, whistling a tune that was obviously a folksong. This, thought the artist, was a real discovery, and giving the boy a substantial tip, he made him repeat the tune till he himself had fixed it in his mind. Returning to his hotel he arranged it as a piece for violin or piano, and his press agent sent 'round to the papers the good news of his discovery. And then it turned out that the tune was the "Londonderry Air," which, for many years past had been one of the most popular both as a song and as a theme for bigger works! And the violinist did not know it!

His Hearing Restored.

The invisible ear drum invented by A. O. Leonard, which is a miniature megaphone, fitting inside the ear entirely out of sight, is restoring the hearing of hundreds of people in New York city. Mr. Leonard invented this drum to relieve himself of deafness and head noises, and it does this so successfully that no one could tell he is a deaf man. It is effective when deafness is caused by catarrh or by perforated or wholly destroyed natural drums. A request for information to A. O. Leonard, Suite 437, 70 Fifth Avenue, New York city, will be given a prompt reply.

Life would be frightfully dull without obstacles to overcome. We can get about anything in this world if we go after it. All we have to do is to keep our hands, our minds, and our sense of humor working. Opportunity isn't just around the corner—but it's around the next corner too—and around the corner after that! And, too, if you should happen to live where there are no corners—well, it's there just the same.—E. A. Paddock.

Cleanliness renders us agreeable to others, and is an excellent preservative of health.—Addison.

Ask for Minard's and take no other.

OLD CHUM

SMOKING TOBACCO

IS FOUR TIMES SEALED

to bring you the full richness and mellow sweetness of this—

"Tobacco of Quality"

Manufactured by
IMPERIAL TOBACCO CO. OF CANADA LIMITED

Gifts of the Nations.

Spain has recently made Great Britain a present of a model of the Santa Maria, the ship in which Columbus sailed to America, and the gift recalls others given at various times by one country to another.

Everybody has heard of the famous Liberty Statue in New York. This was presented to America by France in 1884.

Some years ago the French Government presented a Sevres vase to the British Museum. It is a magnificent specimen, and very valuable.

Ancient weapons, such as guns, swords, and so on, are fairly common gifts from one country to another. That which is known as "Queen Elizabeth's pocket pistol" was a gift to Great Britain from the Netherlands. It was cast as long ago as 1544.

He who builds according to every man's advice will have a crooked house.

What comes from the heart goes to the heart.

ASPIRIN

Beware of Imitations!

Unless you see the name "Bayer Cross" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians over twenty-three years for

Colds
Toothache
Neuritis
Neuralgia
Headache
Lumbago
Rheumatism
Pain, Pain

Accept "Bayer Tablets of Aspirin" only. Each unbroken package contains proven directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer Manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

How to Prevent Biliousness

Doctors warn against remedies containing powerful drugs and alcohol. "The Extract of Roots, long known as Mother Seigel's Curative Syrup, has no opium or strong ingredients: it chases away indigestion, biliousness and constipation. Can be had at any drug store." Get the genuine at your druggist.

A redwood tree cut recently in northern California scaled about a quarter of a million feet of lumber. It was seventy feet in circumference and three hundred feet high, and two men worked seven days to fell it.

Classified Advertisements

WOOLGROWERS—COTTS AND
Rejects accepted for limited time only. Apply Georgetown Woollen Mills, Georgetown, Ontario.

FOR SALE—FANNING MILL
wire and zinc screening, all sizes. For prices, write J. A. Graham, 201 Langlois Ave., Windsor, Ont.

ECZEMA IN RASH ON HANDS

Fingers Cracked. Lost Sleep. Cuticura Heals.

"Eczema began with a rash on my hands and I could not put my hands in water. It grew worse every day and my hands and fingers all cracked which made them covered with eruptions. I lost sleep with the itching."

"The trouble lasted three months before I heard of Cuticura Soap and Ointment, and after using three cakes of Cuticura Soap and two and a half boxes of Cuticura Ointment the eczema was healed." (Signed) Miss Eva E. Belliveau, 338 Highfield St., Moncton, New Brunswick.

For every purpose of the toilet and bath Cuticura Soap, Ointment and Talcum are wonderfully good.

Sample Each Free by Mail. Address: "Cuticura, Limited, 344 St. Paul St., W. Montreal." Sold everywhere. Soap 25c. Ointment 25c and 50c. Talcum 50c. Cuticura Soap shaves without mug.

YOUNG DAUGHTER MADE WELL

Mother Tells How Her Daughter Suffered and Was Made Well by Lydia E. Pinkham's Vegetable Compound

Vancouver, B.C.—"My daughter is a young girl who has been having severe pains and weak and dizzy feelings for some time and had lost her appetite. Through an older daughter who had heard of a woman who was taking it for the same trouble, we were told of Lydia E. Pinkham's Vegetable Compound. My daughter has been taking it for several months and is quite all right now. It has done all it was represented to do and we have told a number of friends about it. I am never without a bottle of it in the house, for I myself take it for that weak, tired, worn-out feeling which sometimes comes to us all. I find it is building me up and I strongly recommend it to women who are suffering as I and my daughter have."—Mrs. J. McDonald, 2947 26th Ave. East, Vancouver, B.C.

From the age of twelve a girl needs all the care a thoughtful mother can give. Many a woman has suffered years of pain and misery—the victim of thoughtlessness or ignorance of the mother who should have guided her during this time. If she complains of headaches, pains in the back and lower limbs, or if you notice a slowness of thought, nervousness or irritability on the part of your daughter, make life easier for her. Lydia E. Pinkham's Vegetable Compound is especially adapted for such conditions.