

THE SUNDAY SCHOOL.

DEC. 2, 1883.

DAVID'S ENEMY, SAUL, I SAMUEL XVIII. 1-17.

With the soul of David—Here was a fellowship of souls. On the part of Jonathan it was the more remarkable, inasmuch as David became his rival for the throne. But even after this became well known, Jonathan's love never cooled, but rather warmed with intense devotion to his friend, and he often gave aid and comfort to the son of Jesse in the time of his persecution. Chap. 23. 17. Well might the psalmist king say, in his requiem over the fallen hero, (2 Sam. 1, 26.) "Thy love to me was wonderful, passing the love of women."

How precious was that stone that killed such an enemy as Goliath, and purchased such a friend as Jonathan. A covenant—Of friendship, love and trust, probably with the solemnity of an oath. It was afterward twice repeated. Chap. 20, 16, 42; 13, 18. Jonathan stripped himself—He was concerned to see so great a soul disguised in the dress of a poor shepherd, and, therefore, takes care to put him speedily into the habit of a courtier, for he gave him a robe, and of a soldier, for he gave him, instead of his staff and sling, a sword and bow, and instead of his shepherd's scrip, a girdle. Now the beholders can say, There goes Jonathan's other self; if there be another body under those clothes, there is the same soul. To receive any part of the dress which had been worn by a sovereign or his eldest son and heir is deemed in the East the highest honor which can be conferred on a subject. Set Esth. 6. 8. The gift of a girdle is in the East a token of the greatest confidence and affection and very highly prized.

David went out withersoever Saul sent him—Those that hope to rule must first learn to obey. He had approved himself a dutiful son to Jesse his father, and now a dutiful servant to Saul his master. David's winning loveliness of character is here brought out more strongly by the statement that he did not excite the envy and jealousy of his fellow-officials at court.

Slaughter of the Philistine—Rather as the margin, "The Philistines." The allusion is not to Goliath, but to one of the expeditions referred to in verse 5, in which David had gained a victory over the Philistines, the fame of which preceded him. All cities—All the cities near which the returning army passed. Singing and dancing—According to the custom of the Hebrew women after great victories. Compare Exod. 15, 20; Judg. 11, 34. Their dancing was in the day time, and in the open air, and not by the sexes together. Modern dancing parties find no sanction here. What more than the kingdom—Immediately there flashes upon him the suspicion that this son of Jesse is that neighbor of whom Samuel had spoken (chap. 15, 28), who was destined to supersede him on the throne. Eyed David from that day—Watched all his movements with suspicion and jealousy, and this fact may well account for the king's failure to reward David and his father's house according to all that he had promised the one who would succeed in slaying the insolent Goliath, (chap. 17, 25.) It is a very interesting question, whether any tidings of Samuel's visit to Bethlehem had reached the court. On the whole, we can hardly think that David was yet viewed as Saul's anointed successor, though Jonathan afterwards recognizes him in that character, and Saul openly denounces him as a rival.

An evil spirit from God—A demon like those mentioned so frequently in the New Testament, sent by permission of the Lord, as Satan in the case of Job. Job 2, 7. He prophesied—He utters impassioned cries, and perhaps falls prostrate on the floor and breathes forth his inner ravings like one holding communion with an unseen world. supernaturally determined condition of the mind and soul, in which the whole spiritual energy of the man moves freely, yet in a sphere into which it is supernaturally brought, becoming for the time one with the spirit, the Hebrew has no other word than *naba* and the English no other word than *prophecy*. Cast the javelin—By comparing this passage with chap. 19, 10, it would appear that on the first occasion Saul did not cast the javelin, but only brandished it to take aim at David, and that he escaped before Saul actually cast it. The word rendered *cast* is probably capable of being so understood. Saul made him his captain—David was not made the leading officer over all the host, for this position Abner held (chap. 17, 55), but he was made commander of a regiment. David's success in all that he took in hand compelled Saul to promote him; and his standing with the people increased with his promotion. All Israel and Judah—The separate mention of the men of Judah shows how little union there was between Judah and Ephraim even at this time, a circumstance which throws light upon the whole after history.

EARLY SLEEP.

A girl comes to me with a cough, or dyspepsia, a weak spine, general debility, or any other affection. One of the first questions I ask, is this: "What time do you retire?" The answer generally is "About eleven o'clock."

Invariably I say, "Now to begin with, I wish to know whether you can go to bed at nine o'clock? If not, I shall decline to prescribe for you, for no matter what the malady may be, I am satisfied you will not recover. The trouble may be shifted into some other form, but you will not regain your lost health and strength without a long nightly sleep at the right time, in a sweet refreshing atmosphere."

The change in the health of girls at Lexington was a surprise to me, even though I had expected much, and I am sure that retiring at eight and a half o'clock had more to do with it than any one influence.

A pale, thin girl will gain ten pounds in a year with this change alone, and she will, besides, look much younger, and enjoy a buoyancy and a spirit, the absence of which in young persons is painful.

"Will it not do to sleep in the morning to make up the needed number of hours?" No, it will not; and I could give you reasons why the sleep of the morning cannot be substituted for that of the first of the night; but really it is necessary to argue that which the experience of the age has settled?—*Ex.*

VIRTUES OF SALT.

Half a teaspoonful of common salt dissolved in a little cold water and drunk will instantly relieve heartburn or dyspepsia, says the Shakers' Manifesto. If taken every morning before breakfast, increasing the quantity gradually to a teaspoonful to a glass of water, it will in a few days cure any ordinary case of dyspepsia, if at the same time due attention is paid to the diet. There is no better remedy than the above for constipation; no better gargle for sore throat. It is equal to chlorate of potash, and is entirely safe. It may be used as often as desired, and if a little is swallowed each time it will have a beneficial effect on the throat by cleansing it and allaying the irritation. In doses of one to fourteen teaspoonfuls in half a pint to a pint of tepid water it acts promptly as an emetic; and in cases of poisoning is always at hand. It is an excellent remedy for bites and stings of insects. It is a valuable astringent for hemorrhages, particularly for bleeding after the extraction of a tooth. It has both cleansing and healing properties, and is therefore a most excellent application for superficial ulceration.

USEFUL HINTS.

To spoil house plants—water them too much.

Will mint will keep rats and mice out of your house.

To spoil bread—use poor flour and sour yeast and let it rise until too light and it runs over.

If horses are unavoidably drenched rub them dry as soon as possible, and cover with blankets. Horses need to enter upon the winter in good health.

In boiling eggs, see that they are all perfectly clean, and be sure you do not crack them as you drop them into the water. A wire egg basket or a little wire dipper is very useful.

Steel knives which are not in daily use may be kept from rusting if they are dipped in a strong solution of soda—one part of water to four of soda; then wipe dry, roll in flannel, and keep in a dry place.

A palatable drink for a fever patient is made by peeling and slicing some good tart apples, scattering white sugar over them and pouring boiling water over them. When cold, pour off the water and drink.

If the apples are placed in the cellar, see that no specked ones are among them and do not have them too deep in the bins. See that a good circulation of air passes through the cellar, until very cold weather sets in.

Prof. Beal recommends to pack celery and other vegetables in damp moss for keeping through winter. It is said that vegetables thus packed will not only keep a long time, but retain their quality and flavor so well that they can hardly be distinguished from fresh ones.

The little one runs to you, eagerly, joyously, with a request on her lips. She is full of hope, and her plan is not an unreasonable one. Think before you say "no." What is a trifle to you may be very important to your child, and it is not right to cloud a child's day, unless one is obliged to do so.

A little bowl of sago jelly can be made by mixing two tablespoonfuls of sago in one pint of water; sugar enough to sweeten sufficiently the juice and a little of the grated peel of one lemon. Let it stand for half an hour, so the sago will soften; then boil until it is clear. It will need careful attention and constant stirring to keep it from burning.

Sulphuric acid, it is claimed, is a simple but certain test of adulterated butter. Fresh, pure yellow butter, by the slightest contact with sulphuric acid, turns almost a pure white, while oleomargarine made from tallow changes to a deep crimson red. When hard or other oils are used, the colors are diversified, showing all the colors of the rainbow.

Delicate and Feeble Ladies.

Those languid, tiresome sensations, causing you to feel scarcely able to be on your feet; that constant drain that is taking from your system all its former elasticity; driving the bloom from your cheeks; that continual strain upon your vital forces, rendering you irritable and fretful, can easily be removed by the use of that marvelous remedy, Hop Bitters. Irregularities and obstructions of your system are relieved at once, while the special cause of periodical pain are permanently removed. None receive so much benefit, and none are so profoundly grateful and show such an interest in recommending Hop Bitters as women.

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"My mother was afflicted a long time with Neuralgia and a dull, heavy, inactive condition of the whole system; headache, nervous prostration, and was almost helpless. No physicians or medicines did her any good. Three months ago she began to use Hop Bitters with such good effect that she seems and feels young again, although over 70 years old. We think there is no other medicine fit to use in the family."

A lady in Providence. BRADFORD, Pa., May 8, 1875. It has cured me of several diseases, such as nervousness, sickness at the stomach, monthly troubles, etc. I have not seen a sick day in a year, since I took Hop Bitters. All my neighbors use them. MRS. FANNIE GREEN.

\$3000 Lost.—"A tour of Europe that cost me \$3000, done me less good than one bottle of Hop Bitters; they also cured my wife of fifteen years' nervous weakness, sleeplessness and dyspepsia." R. M., Auburn, N.Y.

High Authority.

Hop Bitters is not, in any sense, an alcoholic beverage or liquor, and could not be sold for use except to persons desirous of obtaining a medicinal bitters. GREEK B. RAUM, U. S. Com. Internal Rev. So. BLOOMINGVILLE, C., May 1, 1879.

Sirs: I have been suffering ten years and I tried your Hop Bitters and it has done me more good than all the doctors. Miss S. S. BOONE.

Baby Saved!

We are so thankful to say that our nursing baby was permanently cured of a dangerous and protracted constipation and irregularity of the bowels by the use of Hop Bitters by its mother, which at the same time restored her to perfect health and strength. The Parents, Rochester, N.Y.

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MOTHERS! MOTHERS! MOTHERS! Are you disturbed at night and broken of your rest by a sick child suffering and crying with the excruciating pain of cutting teeth? If so, go at once and get a bottle of "Mrs. Winslow's Soothing Syrup." It will relieve the poor, which sufferer immediately, depend upon it there is no mistake about it. There is not a mother on earth who has ever used it, who will tell you at once that it will regulate the bowels, and give rest to the mother, and relief and health to the child, operating like magic. It is perfectly safe to use in all cases, and pleasant to the taste, and is the prescription of one of the oldest and best female physicians and nurses in the United States. Sold everywhere. 25 cts. a bottle. Feb 17

The remains of Harvey, discoverer of the circulation of the blood, have been placed in a thousand dollar marble coffin by the Royal College of Physicians.

For toothache, burns, cuts, rheumatism, use Perry Davis' Pain Killer. See adv.

Under the scepter of the Czar of Russia live thirty-eight different nationalities, each speaking its own language, which is foreign to all others.

Notice may be especially called to an advertisement headed Invigorating Syrup, which may be found in our columns this week. The proprietors, G. Gates & Co., do not hesitate in recommending them as perfectly safe and purely vegetable compounds. The No. 2 is especially adapted for delicate women, advanced stages of consumption, piles, and children of the most tender years.

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REST AND COMFORT TO THE SUFFERING.—Brown's Household Panacea has no equal for relieving pain, both internal and external. It cures pain in the side, back or bowels, sore throat, rheumatism, toothache, lumbago, and any kind of pain or ache. "It will most surely quicken the blood and heal, as its acting power is wonderful." "Brown's Household Panacea" being acknowledged as the great Pain Reliever, and of double the strength of any other. Blixir or Liniment in the world, should be in every family handy for use when wanted. "As it really is the best remedy in the world for cramps in the stomach, and pains and aches of all kinds," and is for sale by all druggists at 25 cts. Feb 10

The Standard Library.

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