#### CHATS WITH YOUNG

TRIFLES It was only a helping hand, And it seemed of little availing,

MEN

But its clasp was warm, And it saved from harm, A friend whose strength was fa !-

ing. Its touch was tender as angels' wings, it rolled the stone from the hidden springs, pointed the way to higher

things, Though it seemed of little availing.

A smile, a word, or a touch, And each is easily given: Yet either may win A soul from sin,

Or smooth the way to heaven.
A smile may lighten the failing heart,

apart,
How easily either is given.

—(.a holic T legraph

REAL THINKING

A great French sculptor rose to fame by his statue of the Thinker. It is the figure of a burly giant, whose wrinkled brow and half shut eyes staring intently into space depict the intense physical strain that his effort to think is costing him. The attitude is one of repose, with crossed legs, elbows on knees with the chin cupped in the right hand. But it suggests fearful possibilities if this quiescent giant should awaken from his thinking to put his thought into execution.

Rodin's Thinker has given the world much food for thought. It has inspired many to sit down and think things out for themselves. Some have risen from their thinking with minds cleared and vision enlarged, with right viewpoints re-stored and with noble impulses surging through their hearts. Others have simply reached the impasse of the sculptured effigy of mental intection, and given up in despair. While still others through ignorance of facts, insufficient generalizations immerse themselves but deeper in their errors.

This is why the world distrusts the boastful man 'who thinks for Shall all men praise the Master of A terrible mess is sometimes made by the mental process called thinking for themselves. The reason is that thinking for themselves to such men generally means reading books by so called independent thinkers, who are sceptics or infidels. Their mental exercise begins with the sincere resolve to attain knowledge, but too often ends in loss of peace of mind and the

destruction of religious convictions.
In our day one finds out quickly that the faculty of thinking straight is extremely rare. In this age of hustle and bustle people begin to think before they have got hold of sufficient facts. However inventors may devise mechanical contrivances for annihilating time and space in transportation and communication, they have yet to invent the short cut to knowledge. The human brain travels at its own pace. Im-patient man too often ends in loss of peace of onward, but he is only histaking fancies, impressions, and

We all remember the story of the small boy who came upon the pre-occupied philosopher unawares and remarked to the bystanders, 'He thinks he's thinking.' This is one of the troubles of the world today. Too many think they are thinking, when they are rehashing someone else's thoughts, swallowing unverified facts, and jumping to hasty

The more a man knows the harder it is for him to think straight. One finds out by long acquaintance with the world that many previous the world that many previous thinkings of scholars and philosophers were but crude and mistaken. Past performances in mental prob-lems have made the best thinkers chary of their powers. St. Augustine on the seashore trying to solve the mystery of the Trinity was re-buked by the Divine voice, and told that he could no more comprehend the Trinity with his finite mind that the little child could contain the mighty ocean in his puny pail. We are all on the seashore, trying to solve our problems. The first step towards real thinking is the realiza-tion that there are some things we do not know, cannot learn, and never will understand.

In the region of thinking Catholics take their starting point in the conviction that their religion has come to them from God, and con-tains God's revelation of all the truths that it is necessary for man to know in order to save his sou'.
They have therefore some fixed measure, some eternal standard with which to compare their deducwith which to compare their deductions and theories. What conflicts with the teaching of the Church they reject immediately, for they believe that nothing can be true,

that is at variance with God's revelation. Hence they have an immeaslation. Hence they have an immeasurable advantage over those who favour as a right, forgetting too

urable advantage over those who try to reach the truth by the intellects' unaided powers.

There is much advice given today about what books people should read, but how many ever receive advice about what they should think Perhaps too many confuse reading with thinking. Whereas most of the popular reading of the day amounts to nothing short of anesthetizing the mind. Mental soporifics instead of stimulants are prescribed for a world suffering from suspended thought. We have had weeks for ever phase of social and civic betternent. Why not intelling the same story twice during a brief call. Conversation with him consists largely of listengia to get the conversation with him consists largely of listengia to get the conversation with him consists largely of listengia to get the conversation with him consists largely of listengia to get the conversation with him consists largely of listengia to get the conversation with him consists largely of listengia to get the conversation with him consists largely of listengia to get the conversation with him consists largely of listengia to get the conversation with him consists largely of listengia to get the conversation with him consists largely of listengia to get the conversation with him consists largely of listengia to get the conversation with him consists largely of listengia to get the conversation with him consists largely of listengia to get the conversation with him consists largely of listengia to get the conversation with him consists largely of listengia to get the conversation with him consists largely of listengia to get the conversation with him consists largely of listengia to get the conversation with listengia to get the conversation within the conversation with listengia to get the conversation with listengia to get the conversation with listengia to get the conv and civic betterment. Why not initiate a Thought Week, in which everybody will sit down and try to think.

This is no new idea. It has been the property of the Church for centuries. It was one of the means of in-stilling faith and inspiring devotion heart,
A word may soften pain's keenest smart,
A touch may lead us from sin apart,

A touch may lead us from sin leaders to bring men back to reflection on the fundamentals of lifetion on the fundamentals of lifetion on the fundamentals of lifeting men back to reflect to the fundamentals of lifeting men back to reflect to the fundamentals of lifeting men back to reflect to the fundamentals of lifeting men back to reflect the fundamental men back to reflect the fundamental men back to reflect the fundamental men back to reflect the men back to reflect the fundamental men back to reflect the fun Missions, retreats, weekly and monthly confession, daily meditation, are only methods of tuning our mental processes and leading the soul back from the world to the consideration of eternal truths.

The mind is an unweeded garder, where weeds rank and foul grow to seed, is the warning that Shake-speare puts into the mouth of Hamlet. We must watch this garden, pluck out the weeds, water it carefully, and keep its soil nourished.
How is this done? By constant reflection, by self examination, by
ferent prayer and by the grace of
God. Rodin's Thinker is still upon his pedestal and will remain upon his pedestal to teach his lesson. can all awake to do the good that he shows himself capable of doing. But to do anything worthwhile, we must think straight, live right, and pray often. The prophet was right. The world is being lost because no man thinketh in his heart.—The Pilot.

## OUR BOYS AND GIRLS

THE ROSARY

Not on the lute, nor harp of many

kings.
Silent, O lips, that utter foolish things! How from your toil shall issue,

There is one harp that any hand can Drumming on the chair arm, staring

monies arise!
There is one song that any mouth the room unnecessarily—these are

children pray

#### -JOYCE KILMER GRATITUDE .

There are few things in the world mental bents for thinking. Occa-sionally rare minds appear that leap feeling that we are ignored by our sionally rare minds appear that leap with unerring precision straight to the truth. Men call this genius. It is the error of little minds to be forever convinced that they have been touched with its sacred flam. The village Hampdens and mute inglorious Miltons still abound in every community. The satirist pilloried this frailty of human nature, when he rhymed his couplet:

See ling that we are ignored by our fellow-creatures, that we are looked over or passed by. We all appreciate little attentions, and yet it is marvellous how few people properly recognize attention when it is shown to them. We all take too many in this world for granted, as if they were our due, as if it were only right that they should belong to us. Sometimes an imaginary feeling of superiority, either mental in gas it does from year to year. to us. Sometimes an imaginary of this tide of conversions, increasing as it does from year to year, attention is due to us, and only attention is due to us, and attention is due to us, and attention is due to us, and attention is d few,
And many never think at all, who think they do.

or social, makes us feel that any attention is due to us, and only our right. As often as not when a kindness is not properly acknowledged many different causes may be, and have been, assigned. A not uncommon one was well stated some years ness is not properly acknowledged. ness is not properly acknowledged, ago by Augustine Birrell, the remissness is merely due to scholarly author of "Obiter Dicta."

thoughtlessness coursging, in extending a courtesy, to the truth and importance of as to feel that the thought which certain dogmas—few in number, it inspired it, or the trouble it costs, is taken for granted, and not considered worth acknowledgment.

This is to be noticed in many ways, especially in regard to little things. Some people seem to think that gratitude is only called for when the courtest is one of magnitude. whereas very often a little kindness costs more personal effort than greater ones. It is the little courtesies of life which we are prone to disregard as courtesies. The most subtle thought is often shown in the smallest attention, and even if a kindness only costs its donor a kindness only costs its donor a little with a sudden trepidation, he asks, Where is this to stop? How can I, to the extent of my poor ability, help to stem this tide of opinion which daily increases in volume and floods new territory?

At such a sudden trepidation, he asks, Where is this to stop? How can I, to the extent of my poor ability, help to stem this tide of opinion which daily increases in a man's life, he does not ask him. kindness only costs its donor a thought for us, it should not pass unacknowledged. How often, for instance, do we see some man show politeness to a woman which she lets pass without recognition. Or a

youth, perhaps, acts courteously to a girl, who only considers it her right to be so treated. Hospitality is extended, and remains unac-knowledged; letters of congratula-tion or condolence are written and them for granted, forgetting that nothing is ours by right in this world; that whatever attention may be paid us be it ever so small, is an attention, and comes by favour. Girls might think a little more of this. Young men are apt to complain that girls accept courtesies altogether too much as a due. Nothing quenches a man's spirit of

The majority of us take things too

with him consists largely of listening to incidents of his boyhood, told
and retold until he, and all his
friends, know them by heart. At
first hearing they are genuine interesting, but after several repetitions even the casual caller is apt to become impatient, and wonders how members of the family can endure it. One niece of his, in particular, listens with such an appearance of interest as to call forth much com-

ment from her friends. 'Helen, how can you?" asked one of her friends.

"It is hard sometimes," said Helen laughingly. "But he is such a dear and takes such a pleasure in realling those by-gone scenes that it is a small thing for me to try and be interested. I may not be interested. be interested. I may not be interested in what he is telling, but I am in the man telling them."

When we come to think about it we find it not such a small thing,

we find it not such a small thing, after all.

Patience, forbearance, unselfish interest in the pleasures of another—these things seldom go into the making of a "small thing."

In vivid contrast to the kindly old

gentleman is the woman we have all met at one time or another—who never permits a sentence to be finished without interruption, who demands the floor on all occasions, who spoils the climax of a story by some trivial remark, and whose nearest approach to listening is an absent-minded silence.

It is a fine thing to be an intelligent listener and the girl who feels that she is not a gifted talker can make up for it by cultivating the art of listening. When someone needs a friendly confidante, when some good news is to be told, when a perplexity shadows a friends hap-Our life is brief, one saith, and art piness, it is the listener rather than the talker who is sought.

is long;
And skilled must be the laureates of still it requires no more effort than common courtesy demands of us in tell our friends that their homes are white and strong,
Music like that God's chosen poet coming, but frequently our behavior tells them that their converplay, And from its strings what har-blankly out of a window, turning through the pages of a magazine blankly out of a window, turning can say,—
A song that lingers when all singing not the hallmarks of a listener.
The best of talkers cannot hope to dies, When on their beads our Mother's do himself justice in the face of such flagrant insttentiveness. On children pray
Immortal music charms the gratedeference will often draw forth a great deal that is worth hearing from persons ordinarily reserved and silent.—The Echo.

### WHY PEOPLE ARE

It is when a person of religious Nothing in the world is so dis-couraging, in extending a courtesy, to the truth and importance of may be perhaps only one, the Being of God—first becomes aware of the tendency and direction of the most active opinions of the day; when, his alarm quickening his insight, he reads between the lines of books, magazines and newspapers; when,

#### OIL LIGHT BEATS ELECTRIC OR GAS

BURNS 94% AIR

A new oil lamp that gives an amazingly brilliant, soft, white light, even better than gas or electricity, has been tested by the U. S. Government remain unanswered. It is in little things that we are lacking in the true spirit of gratitude. We take them for granted, forgetting that the true spirit of granted spirit of gran

# Those Who Drink Japans

should surely try

GREEN TEA

It is green tea in perfection—fresh, clean and flavory. Superior to the finest Japans you ever tasted. Sold by all Grocers.

how few miracles can I get off?-

Don't get discouraged because he demands sound armor, sharp weapons, and, above all, firm ground to stand on—a good footing for his faith—and these he is apt to fancy he can get from Rome alone."—The Monitor.

Don't get discouraged because people laugh at you and ridicule you when you are trying to do right. Every successful man has had the same experience, in fact, it seems to be one of the prices we have to pay for success.

UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all



Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Toothache Earache

Headache Neuralgia Lumbago Rheumatism Neuritis Pain, Pain

Handy "Bayer" boxes of 12 tablets-Also bottles of 24 and 100-Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

#### A Little Precaution Now May Save You Thousands of Dollars

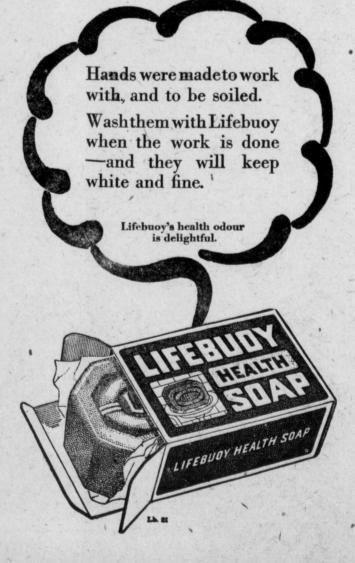


Every owner of a factory needs wirework to save him from loss by theft and accident. Dennis Wire Window-Guards will keep the intruder

Dennis Wire Machinery-Guards will protect your employees from injury and save you from the law-suits resulting from accidents. Dennis Wire Stock-Room Enclosures will keep your goods on the inside.

Wirework is effective - yet inexpensive. Write for folders and prices

THE DENNIS WIRE AND IRON WORKS CO. LIMITED LONDON



#### **Capital Trust Corporation** Authorized Capital . \$2,000,000.00

J J. LYONS

A. W. ROBERTSON

P. V. BYRNES

W. H. McAULIFFE

Board of Directors :

President: HON. M. J. O'BRIEN, Renfrew Vice - Presidents: R. P. GOUGH A. E. PROVOST

E. W. TOBIN, M. P. J. J. SEITZ GORDON GRANT, C. E. Ottawa
HUGH DOHENY
Montreal
JOSEPH GOSSELIN, Jr.
Quebec J. J. McFADDEN J. F. BROWN

Toronto
F. J. B. RUSSILL
Toronto COL D. R. STREET T. P. PHELAN J. B. DUFORD COL. L. T. MARTIN

. THOMAS COSTELLO

OUR CHIEF WORK IS EXECUTOR OF WILLS advice given on all financial matters. Call on 10 Metoalfe St., Ottawa, or to Temple Building, Toronto

# TEA - COFFEE

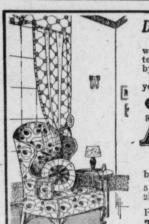
Samples and quotations sent promptly upon application. Special attention given to requirements of institutions.

# Kearney Brothers, Limited

TEA - COFFEE. IMPORTERS and SPECIALISTS Established 1874 33 St. Peter Street Montreal, Que.

Whole Grain Wheat The New Staple Food for Everyone.

(not medicine) for all chronic ailments and absolutely guaranteed. Write us for our distributors plan. Whole Grain Wheat Company of Canada Limited, Dept. C.—26 Wellington St. E., Toronto.



# Decorate to Match the Fabric

Beautiful walls that not only harmonize with the colors, but actually resemble the texture of your furnishings, can be had by decorating with Opaline Effects. They are easily and quickly put on. All you need is

CHURCH'S COLPER A Wall Brush and Sponge

For those who prefer plain tints, Alabastine is the ideal wall covering. 

For sale at all Hardware and Paint Shops. The Alabastine Co., Paris, Ltd.
Paris, Ont. 41 Winnipeg, Man.

to wives and mothers of Drunkards a trial treatment of the wonderful Egyptian cure, SAMARIA PRE-SCRIPTION. Not an experiment but a proven remedy, used by thousands who claim it to be the only real cure for drunkenness! Science proves that drunkenness is a disease—not a habit. Prohibition legislation cannot cure the unfortunate victim. What he needs is medicine which will make liquor so distasteful that he will hate it and which will at the same time build up his health. SAMARIA does all this and more. It brings happiness to homes made utterly miserable through drink.

homes made utterly miserable through drink.
SAMARIA is tasteless and can be given in tea, coffee or food with or without the knowledge of the patient. For liberal trial treatment, send

Samaria Remedy Co., Dept. 21, 142 Mutual St., Toronto



Louis Sandy HABIT MATERIALS

Religious Communities Black, White, and Coloured Serges and Cloths, Veilings Cashmeres, Etc. Stocked in a large variety of widths

LOUIS SANDY STAFFORD, ENGLAND ms – Louisandi, S PHONE No. 104



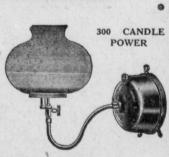
## Brilliant Light for Your Church At Lowest Cost

These Coleman Quick-Lite Chandeliers will flood your church with a beautiful, soft, pure white light - at a cost of only a few pennies a night. Complete lighting plants in themselves. Easy to operate. Clean. Always dependable.

#### **Oleman** Quick-Lite

300 candle power brilliance from each light. Light with matches - no torch needed. Make and burn own gas from common motor gasoline. No wicks to trim; no smoke; no odor. Perfectly safe — can't spill fuel or explode. Used in thousands of churches, public buildings and homes. Inspected, tested and guaranteed.

Ask Your Hardware Dealer for Prices. If no dealer near you, write for Free Booklet.



#### The Coleman Lamp Company Limited

Dept. 1564 Queen St. E. and Davies Ave. TORONTO, \* CANADA