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When my baby was 10 months old I started giving him a little thin oatmeal gruel and sometimes a coddled egg. This is made by nutting a new late. gruel and sometimes a coddled egg. This is made by putting a new-laid egg into a saucepan of boiling water and letting it stand on the back of the range without boiling for five minutes. Serve with stale bread crumbs crumbled very fine. It is a poor habit to learn a child to suck on a comforter, as it tends to narrow the child's jaws with the result that the child is apt to cut "bunny" teeth or teeth that stick out over the lower lip. A little borax and honey rubbed on the gums is very soothing to a baby cutting teeth.

If ever my baby got colic I opened the oven door and sat near the heat with him and bathed his feet and legs with warm water and rubbed his stomach with warm clive oil, up the right side across above the navel and down the left side. Have two or three warm flannels ready and wrap the stomach, feet and legs up in them. Give half a teaspoonful of

glycerine. I never knew glycerine to fail in re-moving wind from the stomach.

If one starts teaching your baby clean habits from they are 4 or 5 months old, by the time they are a year old you will have no trouble with them that way. I

know I didn't with my baby.

A short time before washing baby's head rub into the roots a little olive oil.

head rub into the roots a little olive oil. It helps to make the hair grow, as well as giving it a fine lustre.

My mother, who was a nurse, claims that a lot of kidney trouble was started when we were infants. How many babies one will pick up and notice that perhaps although they may have on two or three petticoats, their little backs are bare over the kidneys. The little vest only comes down so far, and the napking generally don't come up as far, with the result there is a bare spot for the cold to set in, resulting in weak kidneys, wetting, etc.

set in, resume ting, etc.

I think it pays to keep some kind of a band on babies until they are a year old, and then they should not be taken

off in cold weather.

My mother, who has nursed a great

number of habies, claims that in bottlefed babies sometimes very delicate babies will thrive better on cream, boiled water and sugar of milk, rather than milk and water. Of course the cream must be in less proportion than the milk, and the ore. This sounds rather extravawater more. This sounds rather extrava-gant, but especially for the first months it often pays, especially if the child seems delicate.

seems delicate.

I must close now as my letter is getting long. I am sorry I have not a good photo of my baby to send, but as we live so far in the country it is hard to get a good one taken.—Yours for better bables, Mrs. E. J. Brokenshire.

Bergfield, Saak., Sept. 29, 1918.
Dear Mrs. Hamilton:—I noticed in The Canadian Thresherman and Farmer your contest for babies, so decided to write and tell you of my little girl, although I haven't any picfure of her to send, as we live twenty-five miles from a photographer, so haven't been able to have her picture taken yet.

Her name is Gladys Marguerite Ware. She weighed five pounds at birth and now at ten months ahe weighs 16 pounds. Has never been sick, except for a little cold once or twice.

cold once or twice.

From the time she was born until she

From the time she was born until she was about six months old, every morning after her bath I rubbed her all over with olive oil. I bathed her every day until she was about seven months old, and I never fed her anything, but just nursed her until then. She started to creep at eight and a half months, and now at ten months she pulls herself on her feet by boxes or anything she can get hold of. She hant any teeth yet, but she eats quite a bit at the table. I don't make anything special for her, but

but she eats quite a bit at the table. I don't make anything special for her, but just give her easily digested food.

She has a good sleep in the forenoon and afternoon, then goes to bed with us at night and sleeps so good all night. She is my first baby and is so healthy and good.

I hope my letter will not be too late for the contest as we only have mail for the contest, as we only have mail here once a week.—Yours sincerely, Mrs. Floyd Ware. Easy to



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