

# FIELD COMFORTS.

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## REMEMBER.

That the Canadian Field Comforts Commission is the organised Government Agency for the distribution of Field Comforts.

That the Militia Department, in organising this Commission, enabled the women of Canada to use the Military organisation for forwarding extra supplies to their soldiers.

That the Commission, being in close touch with the officers and men as they go out to the front, can carry on a more intelligent and personal distribution.

That Field Comforts are not superfluous.

That regular monthly contributions either of money or goods are a great assistance to the Commission in keeping up their supplies.

That the supplies most needed are as follows:—

Socks, gloves, half-gloves, underwear, shirts, sleeveless sweaters, small towels, handkerchiefs, housewives, leather bootlaces, small books, magazines, candles, sweets, cocoa, soup-tablets, pipes, note-paper, insect powder, toilet paper, pencils, cards, trench cookers, tobacco, cigarettes and gum.

That many articles in the above list are bought to good advantage in England, the Commission having very satisfactory arrangements with different wholesale houses.

That parcels sent through the Commission to specially designated regiments, if plainly marked, are forwarded direct to those regiments.

That it is not advisable to send small parcels for individual soldiers through the Commission; they go more quickly if posted direct to the individual.

That packages should be forwarded by freight wherever practicable. Freight charges need not be prepaid.

That all packages, whether for general distribution or to be forwarded to special units or individuals, should be sent to the Canadian shipping agencies of the Commission and marked "Charges Collect."