

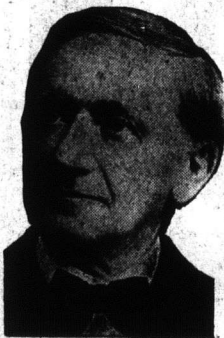
Could Not Bend Down On Account of Backache.

Mr. J. A. Lubiniecki, Dauphin, Man., writes: "It is my pleasure to write you in regard to Doan's Kidney Pills which I have been using for some time for kidney trouble, which used to affect my back so that at times I could not bend down, nor could I walk straight. I learned about your pills from your Almanac, and I bless the happy hour I thought of buying this medicine. One time a druggist persuaded me to buy —'s Kidney Pills, saying they were just as good, in fact he guaranteed they were. I yielded to his advice, and what was the result? I had bearing down pains in my back for two days, so I took the balance of the pills unused to the druggist, and told him to give me Doan's Kidney Pills as they would stop the pain in 12 hours at the outside. He told me he was sorry I did not use more of the pills, and lengthen the time to await results. I told him there is no need of waiting with Doan's Pills, they go right to the spot. No substitute for me."

Doan's Kidney Pills are 50c a box, 3 boxes for \$1.25 at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

When ordering direct specify "Doan's"

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BROOKS' APPLIANCE, the modern, scientific invention, the wonderful new discovery that cures rupture will be sent on trial. No obnoxious springs or pads. Has automatic Air Cushions. Binds and draws the broken parts together as you would a broken limb. No salves. No lies. Durable, cheap. Sent on trial to prove it. Protected by U.S. Patents. Catalog and measure blanks mailed free. Send name and address to-day.

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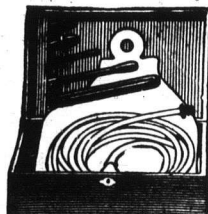
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What Is Repentance?

Repentance is not conviction. You can be convicted without repentance. It is one thing to be called at five o'clock in the morning and another to get up. It is one thing to be awake and another to arise. It is one thing to see your duty, and another thing to face it and do it like a man. It is one thing to have light and another thing to have life.

God took the trouble to awaken you, to convict you, and had you submitted, had you paid attention, you would have been a Christian. But you killed, you stifled, you resisted, you fought against it; you said, "No"; you rolled over and went to sleep again.

Listen! In Bible language repentance is turning from sin to God. That is repentance—"from," "to." It is putting your hand on your heart and getting hold of the sin that has been your curse, and dragging it out and saying, "There, Lord Jesus, that is it, and I will die before I will commit it again. I will turn from it now and for ever." This is repentance.—Gipsy Smith.

Preach The Gospel

Preach the gospel, preach it, preach it. Because the human kind are sinful and need deliverance.

Because the gospel is the power of God unto salvation.

Because the gospel goes to the heart of man, and there are all the issues of human life.

Because we can have a new kind of world only by having a new kind of men and women, and the gospel makes the new creature in Christ.

Because the gospel has converted every type of human being, from the highest to the lowest.

It has converted the drunkard and the fallen woman.

It has converted the savage and the cannibal.

It has abolished the worst abuses that afflicted peoples and nations.

It is making Christendom ashamed of war and determined to have peace.

It is the only message to which men and women will listen week after week, year after year, generation after generation.

Its songs are the sweetest ever sung at the cradle of the child or around the coffin of the dead.

Paul preached it and the race is still listening to his words.

Luther preached it and changed the face of the world.

Whitefield preached it, and a thousand were converted in a day.

Spurgeon preached it, and a million of his sermons have gone out over the earth.

Men without distinction or name are preaching it, and redeemed souls rejoice in the strength and courage and hope which it gives to them in the daily struggle.

Preach the gospel, preach it, preach it.

Only A Spark

A party of young men were on a mountain trip. With their guide they entered the crater of a semi-active volcano, and descended among the lava rocks to the lowest point that was considered safe. As they stood there, gazing down upon the rocks which looked just as secure as those on which they were standing, one adventurous young man decided to go further down.

His companions and the guide urged that it was dangerous, but to no avail. He was not afraid, and insisted on satisfying his curiosity. Everything looked safe enough so, fastening a rope about him, he lowered himself to the rocks below. Held by the rope, he gazed into the black depths of the earth. He had not seen that where the rope passed over the rocks, a spark, small at first, but soon turned into a tiny blaze, was eating the rope, strand by strand. He could not see it; those above could not see it; but it was surely doing its work. The rope gave way—it parted—and the young man was instantly hurled into the depths.

What a price to pay for disregarding counsel!

We shudder to think of it, but are inclined to say, "He was warned." Let us examine ourselves. Is there a parallel in our lives? Has not our Guide counselled us many times? Do we ever descend into the crater of sin against His will? Is there ever a little spark of selfishness in our hearts that may be fanned into a blaze and hurl us into eternity? Shall we heed the counsel or pay the price?

Timely Advice

If you are impatient, sit down quietly and talk with Job.

If you are just a little headstrong, go and see Moses.

If you are getting weak-kneed, take a good look at Elijah.

If there is no song in your heart, listen to David.

If you are getting sordid, spend a while with Isaiah.

If you feel chilly, get the beloved disciple to put his arms around you.

If your faith is below par, read Paul.

If you are getting lazy, watch James.

If you are losing sight of the future, climb up the stairs of revelation, and get a glimpse of the Promised Land.

God's Promises

God answers prayer; sometimes, when hearts are weak,

He gives the very gifts believers seek, But often faith must learn a deeper rest,

And trust God's silence when He does not speak;

For He whose name is Love will send the best,

Stars may burn out, nor mountains will endure,

But God is true, His promises are sure To those who seek.

—Myra G. Plantz.

As a Man Thinketh

"If I were a physical director," said the lecturer, in his informal talk to the young men, "one of the things I should undertake to teach you would be how to put a drunken man out of a room."

"Did you ever try to put anyone through a door when he didn't want to go? Even a small boy will seem to have as many tentacles as a cuttlefish, and to be able to fasten them to so many unexpected corners that it will be very difficult even for a person much stronger than he is to manage him. And with a drunken man as strong as yourself, the task is even more difficult; and some of you young men will be holding meetings in rough communities, where it may be worth while to know how to preserve order."

"There is a way to do it. You can catch the arm that strikes at you, and by a little skilful turn, hold a man much stronger than yourself completely at your mercy, unless he happens to know the same turn. But this is not my department, and I leave it to others to show you how it may be done."

"Mine is a similar problem in another sphere of conduct. I want to teach you how to do the same thing with

An Evil Thought.

We are too ready to assume that we must think whatever thoughts come into our minds. This is not necessary. You can grapple an evil thought on the very threshold of the mind, and strangle it there. Whether it be a thought of hatred, revenge or impurity, you need not admit it unless you choose to do so. Brooding is not wholesome. Weakly to push back ideas which you are never quite able to banish is the mark of a feeble will.

"Nor are you to conquer by merely thinking that you will not think certain things. The very action of defining what you are not to think is an invitation to think it. No, that is not the best way. When an evil thought suggests itself to you, urge your will to a mighty effort. Take hold of a great, beautiful truth, and cling to it with all your might. Cry out in your heart, 'God help me!' Shout it aloud, if necessary; but whether you speak aloud or not, bring the whole of your will into action, and link it to the Divine will, and grapple that evil thought with heroic resolution."

"As a man thinketh in his heart, so is he." His strength is as the strength of ten, because his heart is pure. And purity of heart is easier to attain than some of us suppose.

"Try the method that I suggest. It is simple, logical and effective. You need not be the victim of your imagination. You may be the monarch of your own mind, the sovereign of your soul. And he that hath learned this God-like power of self-mastery is greater than he that taketh a city."

Baby's Growth

depends so much on his food. For the first months, simplicity and digestibility must be emphasised.

After three months a change is necessary, to promote sound growth of bone and muscle, and at six months Baby will need a still more advanced food.

Take care to choose the Foods which are not only simple, but which promote growth and provide for its increasing needs.

Allenburys Foods

Milk Food No. 1. From birth to 3 months.
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The pure progressive dietary



THIS WASHER MUST PAY FOR ITSELF

A MAN tried to sell me a horse once. He said it was a fine horse and had nothing the matter with it. I wanted a fine horse, but, I didn't know anything about horses much. And I didn't know the man very well either.

So I told him I wanted to try the horse for a month. He said "All right, but pay me first, and I'll give you back your money if the horse isn't alright."

Well, I didn't like that. I was afraid the horse wasn't "alright" and that I might have to whistle for my money if I once parted with it. So I didn't buy the horse, although I wanted it badly. Now this set me thinking.

You see I make Washing Machines—the "1900 Gravity" Washer.

And I said to myself, lots of people may think about my Washing Machine as I thought about the horse, and about the man who owned it.

But I'd never know, because they wouldn't write and tell me. You see, I sell my Washing Machines by mail. I have sold over half a million that way. So, thought I, it is only fair enough to let people try my Washing Machines for a month, before they pay for them, just as I wanted to try the horse.

Now, I know what our "1900 Gravity" Washer will do. I know it will wash the clothes, without wearing or tearing them, in less than half the time they can be washed by hand or by any other machine.

I know it will wash a tub full of very dirty clothes in six minutes. I know no other machine ever invented can do that without wearing the clothes. Our "1900 Gravity" Washer does the work so easy that a child can run it almost as well as a strong woman, and it doesn't wear the clothes, fray the edges nor break buttons, the way all other machines do.

It just drives soapy water clear through the fibres of the clothes like a force pump might.

So, said I to myself, I will do with my "1900 Gravity" Washer what I wanted the man to do with the horse. Only I won't wait for people to ask me. I'll offer first, and I'll make good the offer every time.

Let me send you a "1900 Gravity" Washer on a month's free trial. I'll pay the freight out of my own pocket, and if you don't want the machine after you've used it a month, I'll take it back and pay the freight, too. Surely that is fair enough, isn't it?

Doesn't it prove that the "1900 Gravity" Washer must be all that I say it is?

And you can pay me out of what it saves for you. It will save its whole cost in a few months in wear and tear on the clothes alone. And then it will save 50 to 75 cents a week over that on washwoman's wages. If you keep the machine after the month's trial, I'll let you pay for it out of what it saves you. If it saves you 60 cents a week, send me 50c a week till paid for. I'll take that cheerfully, and I'll wait for my money until the machine itself earns the balance.

Drop me a line to-day, and let me send you a book about the "1900 Gravity" Washer that washes clothes in six minutes.

Address me personally—

J. K. Morris, Manager, 1900 Washer Co.
357 Yonge Street, Toronto, Ont.

(Factory 79-81 Portland Street, Toronto)